

AS 125 Africana Peoples and the World Political Economy (3)

3 hours lecture

Transfer acceptability: CSU; UC

Socio political economic institutions and forces operative in the Africana world. Analysis of the economic and political motives based in the slave trade, colonialism, and underdevelopment.

AS 126 Cultures of Africa (3)

3 hours lecture

Note: Cross listed as ANTH 126.**Transfer acceptability:** CSU; UC

Introduction to the indigenous peoples and cultures of Africa. Brief prehistoric and historic background of the continent. Comparative study of traditional cultures representative of the continent's diversity. Focus on social, economic, political, religious and aesthetic life, and culture change.

Alcohol and Other Drug Studies (AODS)

Contact the Behavioral Sciences Department for further information.

(760) 744-1150, ext. 2329

Offices: W-1 or W-16

For transfer information, consult a Palomar College Counselor.

Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

• Alcohol and Other Drug Studies

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

• Alcohol and Other Drug Studies

PROGRAM OF STUDY**Alcohol and Other Drug Studies**

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
PSYC 100 Introduction to Psychology	3
PSYC/SOC/ AODS 150 Introduction to Alcohol and Other Drug Studies	3
PSYC/SOC/ AODS 155 The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160 Prevention, Intervention, and Education	3
PSYC 225 Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250 Group Leadership and Process	3
PSYC/SOC/ AODS 255 Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260 Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299 Directed Field Experience II	6

Group One (Select 3 units)

SOC 100 Introduction to Sociology	3
SOC 110 Social Problems	3

Group Two (Select 4-5 units)

PSYC/SOC/ AODS 140 Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298 Directed Field Experience I	5

TOTAL UNITS 37 - 38

Alcohol and Other Drug Studies is also listed in Psychology and in Sociology.

COURSE OFFERINGS**AODS 140 Introduction to Psychological and Social Services (4)**

3 hours lecture-3 hours laboratory

Note: Cross listed as PSYC 140/SOC 140**Transfer acceptability:** CSU

An overview of the theoretical basis of counseling skills, including social work, psychodynamic, behavioral, and client-centered approaches. The roles of psychologists, sociologists, social workers, family therapists, and therapeutic support providers are compared and contrasted, and the issues they deal with are described. This course provides students with an opportunity to observe actual practices of human services providers working as interdisciplinary team members in an agency setting. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry level employment are observed, practiced, and evaluated under supervision.

AODS 150 Introduction to Alcohol and Other Drug Studies (3)

3 hours lecture

Note: Cross listed as PSYC 150/SOC 150**Transfer acceptability:** CSU

Examines alcohol, tobacco and psychoactive drugs in society. Biological, psychological and socio-cultural factors of drug abuse and dependence will be explored. The impact of addiction on families and society; contemporary treatment techniques, and the addiction counseling profession will be covered.

AODS 155 The Physiology and Pharmacology of Psychoactive Drugs (3)

3 hours lecture

Note: Cross listed as PSYC 155/SOC 155**Transfer acceptability:** CSU

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.

AODS 160 Prevention, Intervention, and Education (3)

3 hours lecture

Note: Cross listed as PSYC 160/SOC 160**Transfer acceptability:** CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

AODS 250 Group Leadership and Process (3)

3 hours lecture

Note: Cross listed as PSYC 250/SOC 250**Transfer acceptability:** CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

AODS 255 Treatment Modalities, Law and Ethics (3)

3 hours lecture

Note: Cross listed as PSYC 255/SOC 255**Transfer acceptability:** CSU

This course reviews the principles and practices of addiction treatment including screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, education of clients and their families, referral, report and record keeping, and consultation. Legal and ethical standards of practice for addictions counselors will be reviewed and included in this body of knowledge, skills, and attitudes.

AODS 260 Chemical Dependency Family Counseling (3)
3 hours lecture

Note: Cross listed as PSYC 260/SOC 260

Transfer acceptability: CSU

This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.

AODS 298 Directed Field Experience I (5)
3 hours lecture-6 hours laboratory

Note: Cross listed as PSYC 298/SOC 298

Transfer acceptability: CSU

Principles of interpersonal conflict dynamics and approaches for conflict resolution are analyzed. Non-directive, directive and behavior modification skills that are used to increase motivation for positive behavioral change are compared and evaluated. Field placement provides students with an opportunity to observe human services providers dealing with conflict in agency settings using structured and informal conflict resolution approaches. Interns are also provided with opportunities to practice conflict resolution techniques and skills for increasing motivation for positive change.

AODS 299 Directed Field Experience II (6)
3 hours lecture-9 hours laboratory

Note: Cross listed as PSYC 299/SOC 299

Transfer acceptability: CSU

This course emphasizes advanced concepts in chemical dependency. The functions and consequences of denial and ambivalence are explored in depth, and students refine their skills for the 12 core functions of effective clinical practice. They prepare for the oral California certifying examinations and for entry level positions as alcohol and drug counselors. Students practice these skills in class and under the supervision of agency personnel.

American Indian Studies (AIS)

Contact the American Indian Studies Department for further information.

(760) 744-1150, ext. 2425

Office: P-8A

For transfer information, consult a Palomar College Counselor.

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

• American Indian Studies

PROGRAM OF STUDY

American Indian Studies

Provides cultural background and preparation to enhance employment opportunities with American Indian people.

CERTIFICATE OF ACHIEVEMENT

Program Requirements		Units
AIS 100	Introduction to American Indian Studies	3
AIS 101 or AIS 102	The American Indian Frontier	3
AIS 125	Indian/U.S. Political System	3
AIS/ANTH 130	American Indians Today	3
	Prehistoric Cultures of North America	3
Electives (Consult with department prior to selection of two additional courses)		
AIS 105	History of Native American Arts	3
AIS/FL 107A	Elementary Luiseño IA	3

AIS/FL 107B	Elementary Luiseño IB	3
AIS/FL 108A	Elementary Luiseño IIA	3
AIS/FL 108B	Elementary Luiseño IIB	3
AIS 110	History of the Plains Indian	3
AIS 115	A History of Southwest Indians	3
AIS 120	Indians of the Americas	3
AIS 135	California Indian Arts	3
AIS/ANTH 140	The Original Californians	3
AIS 145	American Indian Literature	3
AIS 150	American Indian Philosophy and Religion	3
AIS 151	Elementary Cupeño IA	3
AIS 152	Elementary Cupeño IB	3
AIS 153	Elementary Cupeño IIA	3
AIS 154	Elementary Cupeño IIB	3
AIS 165	Native Women in the Americas	3
AIS 175	American Indian Science and Technology	3
AIS 295	Directed Study in American Indian Studies	3

TOTAL UNITS 18

COURSE OFFERINGS

AIS 100 Introduction to American Indian Studies (3)
3 hours lecture

Transfer acceptability: CSU; UC

American Indian cultures in North America are studied from early cultures to contemporary society. A cross disciplinary approach examines applicable methods and theories from sciences and humanities.

AIS 101 The American Indian Frontier From Colonialism Through the Present (3)
3 hours lecture

Note: This course plus AIS 102 meets the State requirement in American History and Institutions.

Transfer acceptability: CSU; UC

The historical, economic, and cultural development of the American Indian in relation to European and American contact. Extensive use and analysis of historical sources from the colonial period through the present.

AIS 102 The American Indian and the U.S. Political System (3)
3 hours lecture

Note: This course plus AIS 101 meets the State requirement in American History and Institutions.

Transfer acceptability: CSU; UC – maximum credit for one course: AIS 102, AIS 110, CS 102

Surveys the role of American Indian people in the U.S. political system and institutions. Includes an examination of American Indian political structures and functions from pre contact period to contemporary as well as analysis of Federal Indian policy and leading issues and organizations that affect the American Indian community.

AIS 104 The Music of Native America (3)
3 hours lecture

Transfer acceptability: CSU; UC

Surveys both the traditional and contemporary Native American musical styles with an emphasis on North America. The impacts of Western influence are examined through the socio-cultural context of Native music.

AIS 105 History of Native American Arts (3)
3 hours lecture

Transfer acceptability: CSU; UC

An historical survey encompassing North, Meso, and South American Indian arts from pre-Columbian through contemporary periods. American Indian art forms are examined in terms of cultural context, history of styles, and artists.

AIS 107A Elementary Luiseño IA (3)
3 hours lecture

Note: AIS 107A+107B correspond to one year of high school foreign language

Note: Cross listed as FL 107A

Transfer acceptability: CSU; UC