

**COURSE OFFERINGS**

**REC 110 Community Recreation (3)**  
3 hours lecture

**Transfer acceptability:** CSU

Scope of community recreation; basic philosophy of leisure time agencies and organizations for youth; program planning; playground practices; basic systems of organization; and policy formation.

**REC 115 Recreational Leadership (3)**  
3 hours lecture

**Transfer acceptability:** CSU

Program planning and principles of group leadership; organized games and special events, playground management.

**REC 120 Recreational Team Sports (2)**  
2 hours lecture

**Transfer acceptability:** CSU

The planning, organizing, of team sports designed to serve the interest of all people in a recreational setting. The course is designed to provide the methods and organization for group instruction in team sports including softball, soccer, touch football, volleyball, and basketball.

**Religious Studies (RS)**

See also American Indian Studies, Anthropology, History, Judaic Studies, Philosophy

Contact the Behavioral Sciences Department for further information, (760) 744-1150, ext. 2330

**COURSE OFFERINGS**

**RS 101 World Religions (3)**  
3 hours lecture

**Transfer acceptability:** CSU; UC

A comparative study of the major figures from saviors to gurus, the practices and the teachings of the major religions of the world, Western and Eastern, ancient and modern.

**RS 105 Ways of Understanding Religion (3)**  
3 hours lecture

**Transfer acceptability:** CSU; UC

An exploration of religious phenomena and the various approaches by which Religious Studies has attempted to understand them. Such phenomena as mysticism, use of scripture, ritual, religious ethics, concepts of human destiny, and the meaning of religion in the modern secular world will be examined. Examples will be drawn from Eastern and Western cultures in ancient, medieval, and modern times.

**RS 110 Religion in America (3)**  
3 hours lecture

**Transfer acceptability:** CSU; UC

An introduction to the rich diversity of religious experience in the United States exploring the impact religion has had on our nation's history and culture. Native American, Asian, African-American, Jewish, Roman Catholic, Protestant, and sectarian movements will be discussed.

**RS 120 Ethics of World Religions (3)**  
3 hours lecture

**Transfer acceptability:** CSU; UC

A study of how world religions historically developed their ethical positions and how these are expressed today. Religious attitudes about women's rights, gay rights, the environment, business, death and dying, abortion, race relations, and sexuality will be discussed.

**RS 197 Religious Studies Topics (.5-4)**

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture, laboratory, or lecture/laboratory may be scheduled by the department. Refer to Class Schedule.

**Note:** May be taken 4 times.

**Transfer acceptability:** CSU; UC - Credit determined by UC upon review of course syllabus.

Topics in Religious Studies. See Class Schedule for specific topic offered. Course title will designate subject covered.

**Secretarial**

See Office Information Systems

**Sign Language**

See American Sign Language

**Sociology (SOC)**

See also American Indian Studies, Africana Studies, Chicano Studies

Contact the Behavioral Sciences Department for further information, (760) 744-1150, ext. 2329

Associate in Arts degree requirements, Certificate of Achievement requirements, and Certificate of Proficiency requirements are listed in Section 6 (green pages) of the catalog.

**PROGRAM OF STUDY****Alcohol and Other Drug Studies**

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

**A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT\***

Program Requirements		Units
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 150	Introduction to Chemical Dependency	3
PSYC/SOC/ AODS 155	The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160	Prevention, Intervention, and Education	3
PSYC 225	Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250	Group Leadership and Process	3
PSYC/SOC/ AODS 255	Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260	Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299	Directed Field Experience II	6
<b>Group One (Select 3 units)</b>		
SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3
<b>Group Two (Select 4-5 units)</b>		
PSYC/SOC/ AODS 140	Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
<b>TOTAL UNITS</b>		<b>37 - 38</b>

\*Alcohol and Other Drug Studies A.A. Degree Major or Certificate of Achievement pending approval by the California Community Colleges System Office at the time of catalog publication.

Alcohol and Other Drug Studies is also listed in Alcohol and Other Drug Studies and in Psychology.

### Psychological and Social Services

Provides the student with the academic training and hands on experience for entry-level employment in human services and serves as preparation for upper division course work.

#### A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements		Units
COUN 100	Introduction to Basic Counseling Skills	3
PSYC 100	Introduction to Psychology	3
PSYC/SOC/ AODS 140	Intro to Psychological and Social Services	4
PSYC 225	Psychology of Abnormal Behavior	3
PSYC 235	Learning/Behavior Modification	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3
<b>Electives (Select 3 units)</b>		
PSYC/SOC 105	Marriage, Family and Intimate Relationships	3
PSYC 110	Developmental Psychology – Child/Adult	3
PSYC 115	Psychology of Personal Growth	3
PSYC/SOC 120	Social Psychology	3
PSYC/SOC 145	Psychology and Sociology of Aging	3
PSYC/SOC/ AODS 155	Physiology/Pharmacology of Psychoactive Drugs	3
<b>TOTAL UNITS</b>		<b>30</b>

Completion of additional psychology or sociology courses in alcohol/drug studies prepares students for eligibility to take California state examinations to become certified addictions treatment specialists by CAADE and certified alcoholism and drug abuse counselors by CAADAC.

#### Alcohol/Drug Courses Required for Eligibility for State Examinations

PSYC 100	Introduction to Psychology	3
PSYC 225	Psychology of Abnormal Behavior	3
SOC 100	Introduction Sociology	3
PSYC/SOC/ AODS 140	Intro to Psychological and Social Services	4
PSYC/SOC/ AODS 150	Intro to Chemical Dependency	3
PSYC/SOC/ AODS 155	Physiology/Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160	Prevention, Intervention, and Education	3
PSYC/SOC/ AODS 250	Group Leadership and Process	3
PSYC/SOC/ AODS 255	Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260	Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 298	Directed Field Experience I	5
PSYC/SOC/ AODS 299	Directed Field Experience II	6

Psychological and Social Services A.A. Degree or Certificate of Achievement is also listed in Psychology.

### COURSE OFFERINGS

- SOC 100 Introduction to Sociology (3)**  
3 hours lecture  
**Transfer acceptability:** CSU; UC; CAN SOC 2  
A study of the principles and problems pertaining to group behavior, the relationships among human beings, the development and nature of institutions, and the structure of society.
- SOC 105 Marriage, Family, and Intimate Relationships (3)**  
3 hours lecture  
**Note:** Cross listed as PSYC 105  
**Transfer acceptability:** CSU, UC  
A study of the psychology and sociology of the family and intimate relationships. Emphasizes factors that enhance interpersonal relationships. Topics include love, marital choice, communication, conflict, and changing models of the family. Examines cross-cultural and historical factors that impact the family as a social institution and the impact of gender, race and ethnicity, social class, age, and sexual orientation on family organization.
- SOC 110 Social Problems (3)**  
3 hours lecture  
**Transfer acceptability:** CSU; UC; CAN SOC 4  
Identification and analysis of contemporary social problems in the United States, with emphasis on the sociological factors involved. Topics include poverty and economic inequality; gender inequality; racial and ethnic inequality; problems in the family, government, education, and the economy; crime; drug use; warfare and violence, among others. A critical evaluation of the causes and solutions.
- SOC 115 Introduction to Women's Studies (3)**  
3 hours lecture  
**Transfer acceptability:** CSU; UC  
The study of the position of women in American society from a sociological and cultural perspective. Topics to be studied include the theoretical approaches to studying gender; the impact of race and ethnicity, class, nationality, and sexual orientation on women's lives; cross-cultural variations in gender roles; the socialization of women; women's role in the major social institutions – the family, education, the political system, religion, the economy, and the mass media; violence against women; and feminism as a social movement.
- SOC 120 Social Psychology (3)**  
3 hours lecture  
**Note:** Cross listed as PSYC 120  
**Transfer acceptability:** CSU; UC  
Explores relationships between the behavior of individuals and the structure of society. Emphasizes the importance of language, roles, and the concept of the self in the socialization process.
- SOC 125 Human Sexuality (3)**  
3 hours lecture  
**Note:** Cross listed as PSYC 125  
**Transfer acceptability:** CSU; UC  
Survey of topics pertinent to an understanding of the development of human sexuality. Emphasis on biological, psychological, and cultural determinants of sexual behavior. Current sex norms and various aspects of interpersonal and individual sexual adjustment.
- SOC 140 Introduction to Psychological and Social Services (4)**  
3 hours lecture-3 hours laboratory  
**Note:** Cross listed as AODS 140/PSYC 140  
**Transfer acceptability:** CSU  
An overview of the theoretical basis of counseling skills, including social work, psychodynamic, behavioral, and client-centered approaches. The roles of psychologists, sociologists, social workers, family therapists, and therapeutic support providers are compared and contrasted, and the issues they deal with are described. This course provides students with an opportunity to observe actual practices of human services providers working as interdisciplinary team members in an agency setting. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry level employment are observed, practiced, and evaluated under supervision.

- SOC 145 Psychology and Sociology of Aging (3)**  
3 hours lecture  
**Note:** Cross listed as PSYC 145  
**Transfer acceptability:** CSU  
A multi disciplinary approach to the field of gerontology; historical, demographic, psychological, and sociological aspects of aging.
- SOC 150 Introduction to Chemical Dependency (3)**  
3 hours lecture  
**Note:** Cross listed as AODS 150/PSYC 150  
**Transfer acceptability:** CSU  
This basic course will provide a historical perspective on alcohol and other psychoactive drug abuse and its impact on the community. An interdisciplinary approach will be used. Topics will include definitions, sociocultural factors related to use and/or abuse, identification of issues and models of dependency and recovery, and analysis of the effectiveness of policies and programs.
- SOC 155 The Physiology and Pharmacology of Psychoactive Drugs (3)**  
3 hours lecture  
**Note:** Cross listed as AODS 155/PSYC 155  
**Transfer acceptability:** CSU  
This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.
- SOC 160 Prevention, Intervention, and Education (3)**  
3 hours lecture  
**Note:** Cross listed as AODS 160/PSYC 160  
**Transfer acceptability:** CSU  
This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.
- SOC 197 Special Topics in Sociology (1,2,3)**  
1, 2, or 3 hours lecture  
**Note:** May be taken 4 times  
**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.  
Current topics in sociology will be discussed in lecture or seminar formats. Issues in such areas as deviance, stratification, demography, gender roles, death and dying, new immigrant groups, and others will be analyzed in cultural context from various theoretical perspectives. Content will vary from semester to semester.
- SOC 200 Race, Class, and Ethnic Groups in America (3)**  
3 hours lecture  
**Note:** Cross listed as AMS200/MCS 200  
**Transfer acceptability:** CSU; UC  
This course is designed to introduce the topics of intergroup relations in general to superordinate-subordinate relations in particular, as exemplified in various racial, ethnic, social class, and cultural groups. Emphasis is primarily on contemporary relations in the United States, although a comparative perspective is also offered.
- SOC 205 Statistics for the Behavioral Sciences (3)**  
3 hours lecture  
**Prerequisite:** A minimum grade of 'C' in MATH 56 or 60 or eligibility determined through the math placement process  
**Note:** Cross listed as PSYC 205  
**Transfer acceptability:** CSU; UC – BIOL 215, MATH 120, and PSYC/SOC 205 combined: maximum credit, one course; CAN PSY 6  
Quantitative methods as applied to behavioral science data. Frequency distributions, measures of central tendency, variability, theory of error, measures of significance, correlation, regression, and an introduction to analysis of variance. Also included is an introduction to the use of computers in statistics.
- SOC 205L Data Analysis in Psychology and Sociology (1)**  
3 hours laboratory  
**Corequisite:** PSYC/SOC 205  
**Note:** Cross listed as PSYC 205L  
**Transfer acceptability:** CSU; UC  
Use of the computer as a tool for calculating statistics and exploring data in Psychology and Sociology.
- SOC 250 Group Leadership and Process (3)**  
3 hours lecture  
**Note:** Cross listed as AODS 250/PSYC 250  
**Transfer acceptability:** CSU  
An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.
- SOC 255 Treatment Modalities, Law and Ethics (3)**  
3 hours lecture  
**Note:** Cross listed as AODS 255/PSYC 255  
**Transfer acceptability:** CSU  
This course reviews the principles and practices of addiction treatment including screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, education of clients and their families, referral, report and record keeping, and consultation. Legal and ethical standards of practice for addictions counselors will be reviewed and included in this body of knowledge, skills, and attitudes.
- SOC 260 Chemical Dependency Family Counseling (3)**  
3 hours lecture  
**Note:** Cross listed as AODS 260/PSYC 260  
**Transfer acceptability:** CSU  
This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.
- SOC 296 Special Problems in Sociology (1,2,3)**  
1, 2, or 3 hours lecture  
**Note:** May be taken 4 times  
**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.  
An individualized or group project in sociology of any nature. Extensive use of slides and other illustrative materials.
- SOC 298 Directed Field Experience I (5)**  
3 hours lecture-6 hours laboratory  
**Note:** Cross listed as AODS 298/PSYC 298  
**Transfer acceptability:** CSU  
Principles of interpersonal conflict dynamics and approaches for conflict resolution are analyzed. Non-directive, directive and behavior modification skills that are used to increase motivation for positive behavioral change are compared and evaluated. Field placement provides students with an opportunity to observe human services providers dealing with conflict in agency settings using structured and informal conflict resolution approaches. Interns are also provided with opportunities to practice conflict resolution techniques and skills for increasing motivation for positive change.
- SOC 299 Directed Field Experience II (6)**  
3 hours lecture-9 hours laboratory  
**Note:** Cross listed as AODS 299/PSYC 299  
**Transfer acceptability:** CSU  
This course emphasizes advanced concepts in chemical dependency. The functions and consequences of denial and ambivalence are explored in depth, and students refine their skills for the 12 core functions of effective clinical practice. They prepare for the oral California certifying examinations and for entry level positions as alcohol and drug counselors. Students practice these skills in class and under the supervision of agency personnel.