

AJ 280 Internship - A Service Learning Experience (3)
9 hours laboratory**Transfer acceptability:** CSU

An opportunity for students to gain work and community service experience in a law enforcement and/or civic/service agency. Students have an opportunity to observe, participate in service activities and meet professional mentors in a job setting. Service learning opportunities are paid or unpaid.

Africana Studies (AS)**See also Multicultural Studies**

Contact the Multicultural Studies Department for further information, (760) 744-1150, ext. 2206. For transfer information, consult a Palomar College counselor.

Associate in Arts degree requirements, Certificate of Achievement requirements, and Certificate of Proficiency requirements are listed in Section 6 (green pages) of the catalog.

PROGRAM OF STUDY**Africana Studies**

Provides background for upper division course work in Africana Studies and a complementary base for students interested in many areas and professions including: Business Administration, Child Development, Law Enforcement, General Studies, Journalism, Liberal Arts and Sciences, Nursing, Radio and Television.

CERTIFICATE OF PROFICIENCY

Program Requirements	Units
AS 100 Intro/Hist Legacy/Africana	3
AS 115 Intro/Comparative Africana Lit	3
AS 116 Intro Literature/Arts Africana	3
AS 120 Africana Social Institutions	3
AS 125 Africana People/World Politics	3
TOTAL UNITS	15

COURSE OFFERINGS**AS 100 Introduction to the Historical Legacy of Africana Peoples (3)**

3 hours lecture

Transfer acceptability: CSU; UC

The ancient and modern histories and civilizations of Africana peoples. An emphasis on the Africana presence and impact on global historical processes.

AS 101 African American History I (3)

3 hours lecture

Note: This course plus AS 102 meets the State requirement in American History and Institutions.

Transfer acceptability: CSU; UC - maximum credit for one pair: AS 101-102 or HIST 101-102

African Americans in the history of the United States from Africa through Reconstruction with particular emphasis on the trans Atlantic slave trade; the colonial period; the Revolution; constitutional development; development of the plantation system, slavery on and off the plantation; the free Negro in the North and South; westward expansion and frontier influences; emergence of sectionalism, the anti slavery movement; impact of, and contributions to, the Civil War; Reconstruction and post war adjustments; Black leadership; and the antebellum legacy.

AS 102 African American History II (3)

3 hours lecture

Note: This course plus AS 101 meets the State requirement in American History and Institutions.

Transfer acceptability: CSU; UC - maximum credit for one pair: AS 101-102 or HIST 101-102

Cultural, economic, and political development of African Americans in the United States since Reconstruction. Emphases on post Civil War difficulties; the Westward Movement; expressions of cultural identity; industrial development; impact of World Wars I and II on urbanization and social mobility; expansion of govern-

ment activity; Civil Rights Era and modern militancy; Black leadership, and the United States as a world power.

AS 110 The Black and the United States Political System (3)

3 hours lecture

Transfer acceptability: CSU; UC - maximum credit for one course: AS 110, AIS 102, CS 102

Surveys the role of Black people in the United States political system and institutions. Examines the structure and functions of the American political system in relation to issues which affect the American people as a whole and minority groups in particular. A description and analysis of Federal, State, and local government organizations as they relate to the group will be emphasized.

AS 115 Introduction to Comparative Africana Literature (3)

3 hours lecture

Transfer acceptability: CSU; UC

Selected literatures of Africana peoples. Examination of the principles of aesthetics, theme, philosophy and religion, and the impact of cross cultural exchanges on the literature.

AS 116 Introduction to the Literature and Arts of Africana Civilizations (3)

3 hours lecture

Transfer acceptability: CSU; UC

Continuum in the development of African and Africana literature and other arts from Ancient Africa to the present. Cross cultural exchanges affecting artistic and literary evolution.

AS 120 Introduction to Africana Social Institutions and Behavior (3)

3 hours lecture

Transfer acceptability: CSU; UC

Social institutions and their influence on the behavior of Africana peoples. Analysis of facts, principles, and concepts basic to understanding human behavior.

AS 125 Africana Peoples and the World Political Economy (3)

3 hours lecture

Transfer acceptability: CSU; UC

Socio political economic institutions and forces operative in the Africana world. Analysis of the economic and political motives based in the slave trade, colonialism, and underdevelopment.

AS 126 Cultures of Africa (3)

3 hours lecture

Note: Cross listed as ANTH 126.**Transfer acceptability:** CSU; UC

Introduction to the indigenous peoples and cultures of Africa. Brief prehistoric and historic background of the continent. Comparative study of traditional cultures representative of the continent's diversity. Focus on social, economic, political, religious and aesthetic life, and culture change.

Alcohol and Other Drug Studies (AODS)

Contact the Behavioral Sciences Department for further information, (760) 744-1150, ext. 2329. For transfer information, consult a Palomar College counselor.

Associate in Arts degree requirements, Certificate of Achievement requirements, and Certificate of Proficiency requirements are listed in Section 6 (green pages) of the catalog.

PROGRAM OF STUDY**Alcohol and Other Drug Studies**

Provides the student with the academic training and hands on experience for entry-level employment in delivery of alcohol and other drug treatment services in agency settings and serves as a preparation for California state examinations as a certified addictions treatment counselor by CAADE and as a certified alcoholism and drug abuse counselor by CAADAC.

A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT*

Program Requirements	Units
PSYC 100 Introduction to Psychology	3
PSYC/SOC/ AODS 150 Introduction to Chemical Dependency	3
PSYC/SOC/ AODS 155 The Physiology and Pharmacology of Psychoactive Drugs	3
PSYC/SOC/ AODS 160 Prevention, Intervention, and Education	3
PSYC 225 Psychology of Abnormal Behavior	3
PSYC/SOC/ AODS 250 Group Leadership and Process	3
PSYC/SOC/ AODS 255 Treatment Modalities, Law and Ethics	3
PSYC/SOC/ AODS 260 Chemical Dependency Family Counseling	3
PSYC/SOC/ AODS 299 Directed Field Experience II	6
Group One (Select 3 units)	
SOC 100 Introduction to Sociology	3
SOC 110 Social Problems	3
Group Two (Select 4-5 units)	
PSYC/SOC/ AODS 140 Introduction to Psychological and Social Services	3
PSYC/SOC/ AODS 298 Directed Field Experience I	5
TOTAL UNITS	37 - 38

*Alcohol and Other Drug Studies A.A. Degree Major or Certificate of Achievement pending approval by the California Community Colleges System Office at the time of catalog publication.

Alcohol and Other Drug Studies is also listed in Psychology and in Sociology.

COURSE OFFERINGS

AODS 140 Introduction to Psychological and Social Services	(4)
<i>3 hours lecture-3 hours laboratory</i>	
Note: Cross listed as PSYC 140/SOC 140	
Transfer acceptability: CSU	
An overview of the theoretical basis of counseling skills, including social work, psychodynamic, behavioral, and client-centered approaches. The roles of psychologists, sociologists, social workers, family therapists, and therapeutic support providers are compared and contrasted, and the issues they deal with are described. This course provides students with an opportunity to observe actual practices of human services providers working as interdisciplinary team members in an agency setting. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry level employment are observed, practiced, and evaluated under supervision.	
AODS 150 Introduction to Chemical Dependency	(3)
<i>3 hours lecture</i>	
Note: Cross listed as PSYC 150/SOC 150	
Transfer acceptability: CSU	
This basic course will provide a historical perspective on alcohol and other psychoactive drug abuse and its impact on the community. An interdisciplinary approach will be used. Topics will include definitions, sociocultural factors related to use and/or abuse, identification of issues and models of dependency and recovery, and analysis of the effectiveness of policies and programs.	
AODS 155 The Physiology and Pharmacology of Psychoactive Drugs	(3)
<i>3 hours lecture</i>	
Note: Cross listed as PSYC 155/SOC 155	
Transfer acceptability: CSU	

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.

AODS 160 Prevention, Intervention, and Education (3)

3 hours lecture

Note: Cross listed as PSYC 160/SOC 160

Transfer acceptability: CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

AODS 250 Group Leadership and Process (3)

3 hours lecture

Note: Cross listed as PSYC 250/SOC 250

Transfer acceptability: CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

AODS 255 Treatment Modalities, Law and Ethics (3)

3 hours lecture

Note: Cross listed as PSYC 255/SOC 255

Transfer acceptability: CSU

This course reviews the principles and practices of addiction treatment including screening, intake, orientation, assessment, treatment planning, counseling, case management, crisis intervention, education of clients and their families, referral, report and record keeping, and consultation. Legal and ethical standards of practice for addictions counselors will be reviewed and included in this body of knowledge, skills, and attitudes.

AODS 260 Chemical Dependency Family Counseling (3)

3 hours lecture

Note: Cross listed as PSYC 260/SOC 260

Transfer acceptability: CSU

This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.

AODS 298 Directed Field Experience I (5)

3 hours lecture-6 hours laboratory

Note: Cross listed as PSYC 298/SOC 298

Transfer acceptability: CSU

Principles of interpersonal conflict dynamics and approaches for conflict resolution are analyzed. Non-directive, directive and behavior modification skills that are used to increase motivation for positive behavioral change are compared and evaluated. Field placement provides students with an opportunity to observe human services providers dealing with conflict in agency settings using structured and informal conflict resolution approaches. Interns are also provided with opportunities to practice conflict resolution techniques and skills for increasing motivation for positive change.

AODS 299 Directed Field Experience II (6)

3 hours lecture-9 hours laboratory

Note: Cross listed as PSYC 299/SOC 299

Transfer acceptability: CSU

This course emphasizes advanced concepts in chemical dependency. The functions and consequences of denial and ambivalence are explored in depth, and students refine their skills for the 12 core functions of effective clinical practice. They prepare for the oral California certifying examinations and for entry level positions as alcohol and drug counselors. Students practice these skills in class and under the supervision of agency personnel.