

**Group One (Select 3 units)**

SOC 100	Introduction to Sociology	3
SOC 110	Social Problems	3

**Group Two (Select 4-5 units)**

PSYC/SOC/ AODS 140	Introduction to Psychological and Social Services	4
PSYC/SOC/ AODS 298	Directed Field Experience I	5

**TOTAL UNITS** 37 - 38

Alcohol and Other Drug Studies is also listed in Psychology.

**COURSE OFFERINGS****AODS 140 Introduction to Psychological and Social Services (4)**

3 hours lecture - 3 hours laboratory

**Note:** Cross listed as PSYC 140/SOC 140

**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. An overview of the field of human services, including alcohol and other drug treatment. The roles of psychologists, sociologists, social workers, family therapists, social service assistants and addiction counselors are compared and contrasted, and the issues they deal with are described. Through cooperative efforts of provider agencies, the instructor, and the student, the skills utilized for entry-level employment are observed, practiced, and evaluated under supervision.

**AODS 150 Introduction to Alcohol and Other Drug Studies (3)**

3 hours lecture

**Note:** Cross listed as PSYC 150/SOC 150

**Transfer acceptability:** CSU

Examines alcohol, tobacco and psychoactive drugs in society. Biological, psychological and socio-cultural factors of drug abuse and dependence will be explored. The impact of addiction on families and society; contemporary treatment techniques, and the addiction counseling profession will be covered.

**AODS 155 The Physiology and Pharmacology of Psychoactive Drugs (3)**

3 hours lecture

**Note:** Cross listed as PSYC 155/SOC 155

**Transfer acceptability:** CSU

This course will examine how psychoactive drugs affect the nervous system. Ways of classifying drugs will be identified including the processes of physical and psychological dependence, tolerance, withdrawal, and genetic predispositions. Temporary and long-term affective, behavioral, cognitive, biological, and social consequences of psychoactive drug use will be explored, including disorders such as Korsakoff's syndrome and other nutritional deficiencies.

**AODS 160 Prevention, Intervention, and Education (3)**

3 hours lecture

**Note:** Cross listed as PSYC 160/SOC 160

**Transfer acceptability:** CSU

This course will review historical and contemporary approaches for chemical dependency, including prevention, intervention, and education. It will analyze the progression of substance abuse and chemical dependency disorders and will evaluate types of prevention, education, and intervention strategies.

**AODS 250 Group Leadership and Process (3)**

3 hours lecture

**Note:** Cross listed as PSYC 250/SOC 250

**Transfer acceptability:** CSU

An introduction to the dynamics of group interaction, with emphasis upon the individual's firsthand experience as the group studies itself under supervision. Problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

**AODS 255 Case Management, Law and Ethics (3)**

3 hours lecture

**Note:** Cross listed as PSYC 255/SOC 255

**Transfer acceptability:** CSU

This course reviews the principles and practice of case management in addiction treatment including the processes of intake, screening, assessment, treatment planning, referral, and documentation. Professional and ethical codes of conduct and behavior are also reviewed and emphasized.

**AODS 260 Chemical Dependency Family Counseling (3)**

3 hours lecture

**Note:** Cross listed as PSYC 260/SOC 260

**Transfer acceptability:** CSU

This course is designed to explore methods of assisting family members and others to understand and to cope with the alcohol and drug abuse of alcoholics and addicts. Several family therapy modalities will be explored. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.

**AODS 298 Directed Field Experience I (5)**

3 hours lecture - 6 hours laboratory

**Note:** Cross listed as PSYC 298/SOC 298

**Transfer acceptability:** CSU

Supervised internship in a human service agency or an alcohol and other drug treatment facility. The student intern will have an opportunity to observe human service providers working with clients in agency settings. Ethical guidelines for helping professions, developing cultural competence, stages of change and motivational interviewing as a helping style are discussed. Interns practice interviewing skills for increasing motivation for positive change.

**AODS 299 Directed Field Experience II (6)**

3 hours lecture - 9 hours laboratory

**Prerequisite:** A minimum grade of 'C' in AODS 140/SOC 140/PSYC 140 or AODS 298/SOC 298/PSYC 298

**Note:** Cross listed as PSYC 299/SOC 299

**Transfer acceptability:** CSU

Supervised internship in an alcohol and other drug treatment facility. This course emphasizes advanced concepts in chemical dependency. Students refine their skills for the 12 core functions of effective clinical practice and compile a professional portfolio in preparation for the state certifying written exam. This course meets the 45-hour supervised practicum requirement for the California Certification Board of Alcohol and Drug Counselors.

**American Indian Languages**

See American Indian Studies

**American Indian Studies (AIS)**

Contact the American Indian Studies Department for further information.

(760) 744-1150, ext. 2425

Office: MD-140

For transfer information, consult a Palomar College Counselor.

**Certificates of Achievement -**

Certificate of Achievement requirements are listed in Section 6 (green pages).

• American Indian Studies

**PROGRAM OF STUDY****American Indian Studies**

The Certificate in American Indian Studies provides cultural knowledge and insight recognized by prospective employers such as state, federal, and tribal government agencies. Earning an AIS Certificate affords increased employment opportunities in such fields as archaeology, art, museums, education, social services, and resource management.

**CERTIFICATE OF ACHIEVEMENT**

<b>Program Requirements</b>		<b>Units</b>
AIS 100	Introduction to American Indian Studies	3
	or	
AIS 101	The American Indian Frontier	3
AIS 102	Indian/U.S. Political System	3
AIS 105	History of Native American Arts	3
AIS 125	American Indians Today	3
AIS/ANTH 130	Prehistoric Cultures of North America	3

**Electives**

**Complete a minimum of 6 units chosen from at least two categories.**

**Arts**

AIS 104	The Music of Native America	3
AIS 135	California Indian Arts	3
AIS 145	American Indian Literature	3
AIS 146	American Indian Theatre, Dance and Music	3

**History**

AIS 110	History of the Plains Indian	3
AIS 115	A History of Southwest Indians	3
AIS 120	Indians of the Americas	3
AIS/ANTH 140	The Original Californians	3
AIS 170	Political/History Problems and Issues of California Indians	3

**Language**

AIS 139	Native American Linguistics	3
AIS 107A	Elementary Luiseño IA	3
AIS/FL 107B	Elementary Luiseño IB	3
AIS/FL 108A	Elementary Luiseño IIA	3
AIS 108B	Elementary Luiseño IIB	3
AIS 151	Elementary Cupeño IA	3
AIS 152	Elementary Cupeño IB	3
AIS 153	Elementary Cupeño IIA	3
AIS 154	Elementary Cupeño IIB	3
AIS/CS 161A	Elementary Classical Nahuatl IA	3
AIS 167A	Elementary Cahuilla IIA	3
AIS 167B	Elementary Cahuilla IIB	3
AIS 266A	Cahuilla IIIA	3
AIS 266B	Cahuilla IIIB	3

**Social and Behavioral Sciences**

AIS 150	American Indian Philosophy and Religion	3
AIS 155	American Indian Community Development	3
AIS 160	American Indian Education	3
AIS 165	Native Women in the Americas	3
AIS 175	American Indian Science and Technology	3

**TOTAL UNITS** 21

**COURSE OFFERINGS**

**AIS 100 Introduction to American Indian Studies (3)**  
3 hours lecture

**Transfer acceptability:** CSU; UC

American Indian cultures in North America are studied from early cultures to contemporary society. A cross disciplinary approach examines applicable methods and theories from sciences and humanities.

**AIS 101 The American Indian Frontier From Colonialism Through the Present (3)**

3 hours lecture

**Note:** This course plus AIS 102 meets the State requirement in American History and Institutions.

**Transfer acceptability:** CSU; UC

The historical, economic, and cultural development of the American Indian in relation to European and American contact. Extensive use and analysis of historical sources from the colonial period through the present.

**AIS 102 The American Indian and the U.S. Political System (3)**

3 hours lecture

**Note:** This course plus AIS 101 meets the State requirement in American History and Institutions.

**Transfer acceptability:** CSU; UC – maximum credit for one course: AIS 102, AIS 110, CS 102

Surveys the role of American Indian people in U.S. and state political systems and institutions. Includes an examination of tribal government political structures and functions from pre-contact period to contemporary, as well as analysis of Federal Indian Policy and leading issues and organizations that affect American Indian communities.

**AIS 104 The Music of Native America (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

Surveys both the traditional and contemporary Native American musical styles with an emphasis on North America. The impacts of Western influence are examined through the socio-cultural context of Native music.

**AIS 105 History of Native American Arts (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

An historical survey encompassing North, Meso, and South American Indian arts from pre-Columbian through contemporary periods. American Indian art forms are examined in terms of cultural context, history of styles, and artists.

**AIS 107A Elementary Luiseño IA (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

This elementary level course is a study of the fundamentals of the Luiseño language, one of the four indigenous languages of San Diego County. This course will include a survey of Luiseño language phonology, morphology, syntax and grammar with special emphasis on culturally relevant terminology.

**AIS 107B Elementary Luiseño IB (3)**

3 hour lecture

**Recommended preparation:** AIS 107A

**Note:** Cross listed as FL 107B

**Transfer acceptability:** CSU; UC

This elementary course is a continuation of AIS 107A and reviews the phonology, morphology, syntax and grammar of the Luiseño language, with continued emphasis on culturally relevant terminology leading to increased proficiency in expressing basic concepts both orally and in writing.

**AIS 108A Elementary Luiseño IIA (3)**

3 hours lecture

**Recommended preparation:** AIS/FL 107B

**Note:** Cross listed as FL 108A

**Transfer acceptability:** CSU; UC

This course is an elementary review of grammar, composition, and continued oral practice.

**AIS 108B Elementary Luiseño IIB (3)**

3 hours lecture

**Prerequisite:** AIS 108A

**Transfer acceptability:** CSU; UC

This elementary course is a continued review of grammar, composition, and oral practice.

**AIS 110 History of the Plains Indian (3)**

3 hours lecture

**Transfer acceptability:** CSU; UC

An analysis of the Plains Indian. Examines lifestyles, mores, traditions, and tactics of war. Attention will be given to relations with the U.S. Government and to the background and evolution of acculturations.

- AIS 115 A History of Southwest Indians (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 A history, transculturation, and present culture of the Southwest Indians with emphasis upon their retention of traditional customs.
- AIS 120 Indians of the Americas (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 A cross cultural study of American Indian Peoples in South America, Meso America, and North America. Emphasis is placed on the contrast of societies as diverse as Incans, Amazonians, Eskimos, and Mayans.
- AIS 121 Pacific Islanders (3)**  
 3 hours lecture  
*Note:* Cross listed as AMS 121  
*Transfer acceptability:* CSU; UC  
 An introduction to the indigenous histories of the Pacific Islands. Comparative approaches to traditionalism, colonialism, resistance, regionalism, globalism, diaspora, migration and sovereignty as related to the formation of Pacific Island identity.
- AIS 125 American Indians Today (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 The development of a greater sensitivity to the American Indian through analysis of ethnocentrism exhibited in contemporary American pluralistic society. This will be done through the analysis of stereotyping, history, cultural practice, and contemporary issues.
- AIS 130 Prehistoric Cultures of North America (3)**  
 3 hours lecture  
*Note:* Cross listed as ANTH 130  
*Transfer acceptability:* CSU; UC  
 Emphasis given to prehistoric cultural traditions of the Eastern Woodlands, Central Plains, and Far Western United States and Canada. Special concern for archaeological problems; reconstruction of these traditions and cultural changes.
- AIS 135 California Indian Arts (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 Emphasis on the regional styles of California tribal arts with analysis of the social, religious, political, and cultural contributions. A combination of lectures, slides, individual projects, small group discussions, field trips, and guest artists.
- AIS 139 Native American Linguistics (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU  
 This introductory linguistics course will enable the student to create a practical orthography and a basic standardized grammar for an endangered language with no written literary tradition.
- AIS 140 The Original Californians (3)**  
 3 hours lecture  
*Note:* Cross listed as ANTH 140  
*Transfer acceptability:* CSU; UC  
 Native people of California: Their origin, language, arts, customs religion, folklore, and music. Develop a dynamic comparative grid, focusing on the persistence of tribal identities and evolution of socio-economic changes and cultural practices over time; Special emphasis on Southern California.
- AIS 145 American Indian Literature (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 A survey of historical and contemporary American Indian literature. Examines traditional and contemporary genres.
- AIS 146 American Indian Theatre, Dance and Music (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 A survey of the works of Native Americans in theatre, dance and music. Examines how changes in Native and Euro-American pop culture have affected the way in which Native performers represent their art, traditions, and cultural expressions.
- AIS 150 American Indian Philosophy and Religion (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 The principles of American Indian philosophy and religious rites practiced prior to extensive European contacts with North American tribes, and the subsequent impact of European cultures on American Indian philosophy and religion.
- AIS 151 Elementary Cupeño IA (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 Elementary grammar, composition, and oral practice.
- AIS 152 Elementary Cupeño IB (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 Elementary grammar, review, composition, and continued oral practice.
- AIS 153 Elementary Cupeño IIA (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 Elementary grammar, review, composition, and continued oral practice.
- AIS 154 Elementary Cupeño IIB (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU; UC  
 Elementary grammar, review, composition, and continued oral practice.
- AIS 155 American Indian Community Development (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU  
 Investigation and analysis of the relationship between the American Indian and the non Indian in contemporary society with special emphasis on fieldwork and research to explore existing programs and to develop solutions to problems originating from these programs.
- AIS 160 American Indian Education (3)**  
 3 hours lecture  
*Transfer acceptability:* CSU  
 The historical development of American Indian education. Emphasis is placed on traditional philosophies as well as American philosophies as they relate to the educational process of the American Indian.
- AIS 161A Elementary Classical Nahuatl IA (3)**  
 3 hours lecture  
*Note:* Cross listed as CS 161A  
*Transfer acceptability:* CSU; UC  
 This is an introductory course on the Classical Nahuatl language of the Aztec Empire. Students will acquire a basic knowledge of Nahuatl morphology and syntax.
- AIS 161B Elementary Classical Nahuatl IB (3)**  
 3 hours lecture  
*Note:* Cross listed as CS 161B  
*Transfer acceptability:* CSU  
 A continuation of AIS/CS 161A that reviews the phonology, morphology, syntax and grammar of the Nahuatl Language, with continued emphasis on culturally relevant terminology leading to increased proficiency in expressing basic concepts both orally and in writing.

**AIS 165 Native Women in the Americas (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 Social and psychological comparison of the roles of native women in the Americas. Areas of emphasis shall include: kinship, childbearing, leadership, and religious roles. These will be examined in contemporary and traditional settings.

**AIS 166A Elementary Cahuilla IA (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 An introduction to the fundamentals of the Cahuilla language, one of the four indigenous languages of San Diego County. Includes a survey of Cahuilla language phonology, morphology, syntax and grammar with special emphasis on culturally relevant terminology.

**AIS 166B Elementary Cahuilla IB (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 This elementary course is a continuation of AIS 166A and reviews the phonology, morphology, syntax and grammar of the Cahuilla Language, with continued emphasis on culturally relevant terminology leading to increased proficiency in expressing basic concepts both orally and in writing.

**AIS 167A Elementary Cahuilla IIA (3)**  
 3 hours lecture  
**Prerequisite:** A minimum grade of 'C' in AIS 166B  
**Transfer acceptability:** CSU; UC  
 The first half of the second year of Elementary Cahuilla. Reviews the phonology, morphology, syntax and grammar of the Cahuilla language, with continued emphasis on culturally relevant terminology to increase proficiency in expressing basic concepts both orally as well as in writing.

**AIS 167B Elementary Cahuilla IIB (3)**  
 3 hours lecture  
**Prerequisite:** A minimum grade of 'C' in AIS 167A  
**Transfer acceptability:** CSU; UC  
 The second half of the second year of elementary Cahuilla. Reviews the phonology, morphology, syntax and grammar of the Cahuilla Language, with continued emphasis on culturally relevant terminology leading to increased proficiency in expressing basic concepts both orally and in writing.

**AIS 170 Political/History Problems and Issues of California Indians (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 Examines the political structure and functions of American Indians in California as they relate to federal, state, and local governments. Includes analysis of problems and issues relevant to California Indians through an historical, political, and economic framework.

**AIS 175 American Indian Science and Technology (3)**  
 3 hours lecture  
**Transfer acceptability:** CSU; UC  
 An introductory course in the development of scientific ideas in American Indian cultures as compared to other cultures in terms of context, practitioners, and technological applications. Primary comparison is with conventional Western areas of physical, biological, and applied sciences derived from scientific methodology.

**AIS 197 American Indian Studies Topics (.5 - 4)**  
*Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.*  
**Transfer acceptability:** CSU; UC - Credit determined by UC upon review of course syllabus.  
 Topics in American Indian Studies. See class schedule for specific topic covered. Course title will designate subject covered.

**AIS 207A Luiseno IIIA (3)**  
 3 hours lecture  
**Prerequisite:** AIS 108B  
**Transfer acceptability:** CSU  
 This intermediate level course is a study of the Luiseno language and culture(s), focusing on intermediate level culturally relevant authentic materials. Emphasis is on developing listening, oral, reading and writing skills in order to acquire proficiency in Luiseno.

**AIS 207B Luiseno IIIB (3)**  
 3 hours lecture  
**Prerequisite:** AIS 207A  
**Transfer acceptability:** CSU  
 This intermediate level course is a continuation of the study of the language and culture of the Luiseno people emphasizing oral, listening, and reading skills.

**AIS 266A Cahuilla IIIA (3)**  
 3 hours lecture  
**Prerequisite:** AIS 167B  
**Transfer acceptability:** CSU; UC  
 The first half of the first year of intermediate Cahuilla language and culture, focusing on intermediate-level culturally relevant authentic materials. Emphasis is on developing listening, oral, reading and writing skills in order to acquire proficiency in Cahuilla.

**AIS 266B Cahuilla IIIB (3)**  
 3 hours lecture  
**Prerequisite:** AIS 266A  
**Transfer acceptability:** CSU; UC  
 The second half of the first year of intermediate Cahuilla. A continuation of the study of the language and culture of the Cahuilla people, focusing on oral, listening, and reading skills. Culturally relevant authentic materials are incorporated to acquire proficiency in Cahuilla. Largely conducted in Cahuilla.

**AIS 295 Directed Study in American Indian Studies (1, 2, 3)**  
 3, 6, or 9 hours laboratory  
**Transfer acceptability:** CSU; UC - Credit determined by UC upon review of course syllabus.  
 Independent study for students with demonstrated proficiency in American Indian Studies to engage in self-directed projects or research outside the context of regularly scheduled classes. Studies are supervised by an instructor.

## American Sign Language (ASL)

Contact the Speech Communication/Forensics/ASL Department for further information.  
 (760) 744-1150, ext. 2405  
 Office: H-201J

### Associate in Science Degrees -

AS Degree requirements are listed in Section 6 (green pages).  
 • American Sign Language/English Interpreter Training Program

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).  
 • American Sign Language/English Interpreter Training Program

## PROGRAM OF STUDY

### American Sign Language/ English Interpreter Training Program

Preparation courses (for students not already competent in signing): ASL 100, 100L, 101, 101L, 105, 205, 205L, 206, and 206L.