

**COUN 115 Career/Life Planning (3)**

3 hours lecture

*Note: May be offered on educational television***Transfer acceptability:** CSU

A course designed to motivate the student to take responsibility for the management of his/her life, recognizing the values of planning as a means of coping with uncertainty, and relating work effectively to one's own life.

**COUN 120 Quest for Identity and Life Skills (3)**

3 hours lecture

**Transfer acceptability:** CSU

An exploration of the dynamics involved in the development of the individual who is in search of identity and self-discovery. An examination of one's value and belief system will be studied and compared and contrasted with other American subcultures. Emphasis will also be placed on the role of cultural traditions and practices as well as a set of life skills that will serve to empower one's identity and understanding of self within a multicultural society. Examples of life skills include coping with the physiological effects of stress and anxiety, communicating effectively with multicultural groups, goal setting, emotional development, problem solving, critical thinking skills, and self-esteem.

**COUN 148 Managing Stress and Well-Being (3)**

3 hours lecture

**Transfer acceptability:** CSU

Investigates the sociological, physiological, and psychological sources of stress and well-being across the lifespan. An examination of how the mind-body relationship is affected by personality, thoughts, life events, and messages received from one's culture, family, and society will be studied. Students learn mindfulness and stress reduction techniques that resolve stress and anxiety and promote well-being physically, energetically, emotionally, cognitively, socially, and behaviorally.

**COUN 165 Career Search (1)**

1 hour lecture

*Note: May be Open entry/Open exit; Pass/No Pass grading only***Transfer acceptability:** CSU

Designed to assist students in selecting a career goal. This will be accomplished by identifying the students' career interests, personality type, work values, and transferable skills as they relate to occupations.

**COUN 170 Major Search (1)**

1 hour lecture

*Note: May be Open entry/Open exit; Pass/No Pass grading only***Transfer acceptability:** CSU

This course is designed to assist students to select a major goal and create an educational plan. This will be done by identifying academic interests and through researching career options.

**COUN 197 Counseling Topics (.5 - 4)**

Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.

*Note: Pass/No Pass grading only***Transfer acceptability:** CSU

Topics in Counseling. See Class Schedule for specific topic covered. Course title will designate subject covered.

**Dance (DNCE)**

Contact the Performing Arts Department for further information.  
(760) 744-1150, ext. 2316  
Office: PAC-112

**Associate in Arts Degrees -**

AA Degree requirements are listed in Section 6 (green pages).

- Dance - Emphasis in Euro-Western Dance
- Dance - Emphasis in General Dance
- Dance - Emphasis in World Dance

**Certificates of Achievement -**

Certificate of Achievement requirements are listed in Section 6 (green pages).

- Dance - Emphasis in Euro-Western Dance
- Dance - Emphasis in General Dance
- Dance - Emphasis in World Dance

**Dance - Emphasis in Euro-Western Dance**

This Euro-Western Dance Program prepares the student for employment in the field of dance and dance-related professions. Both the degree and the certificate provide students with the basic skills necessary for involvement in community dance activities, such as teaching in recreation centers, YMCA's or YWCA's, private studios; or performing or choreographing for community events. This degree and certificate also prepares dancers for the entertainment industry such as theme park (Disney, Knotts Berry Farm, Legoland, Seaworld, Wild Animal Park), MTV and a range for professional theatrical dance opportunities. Transfer students should consult the four-year college or university catalog for specific requirements or see a Palomar College counselor.

**A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT****Program Requirements**

DNCE 105	Introduction to Dance History	3
DNCE 140	Dance Improvisation I	1
	or	
DNCE 141	Dance Improvisation II	1
DNCE 145	Choreography I	3
	or	
DNCE 146	Choreography II	3
DNCE 165	Production Management	2
DNCE 225	Contemporary Dance Ensemble I	1
	or	
DNCE 226	Contemporary Dance Ensemble II	1
DNCE 280	Student Choreography Production I	2
	or	
DNCE 285	Student Choreography Production II	2

**Group I Electives - Ballet/Pointe (Select two courses)**

DNCE 115	Ballet I	1
DNCE 116	Ballet II	1
DNCE 210	Ballet III	1
DNCE 211	Ballet IV	1
DNCE 117	Pointe I	1
DNCE 118	Pointe II	1
DNCE 217	Pointe III	1
DNCE 218	Pointe IV	1

**Group II Electives - Modern (Select two courses)**

DNCE 110	Modern Dance I	1
DNCE 111	Modern Dance II	1
DNCE 205	Modern Dance III	1
DNCE 206	Modern Dance IV	1

**Group III Electives - Jazz or Tap (Select two courses)**

DNCE 120	Jazz Technique I	1
DNCE 121	Jazz Technique II	1
DNCE 215	Jazz Technique III	1
DNCE 216	Jazz Technique IV	1
DNCE 130	Tap I	1
DNCE 131	Tap II	1
DNCE 230	Tap III	1
DNCE 231	Tap IV	1

**Group IV Electives - Production and Ensemble (Select two courses)**

DNCE 270	Contemporary Ballet Production I	.5 - 1
DNCE 271	Classical Ballet Production I	0.5 - 1
DNCE 272	Contemporary Ballet Production II	0.5 - 1
DNCE 273	Modern Dance Production I	0.5 - 1
DNCE 274	Contemporary Modern Dance Production I	0.5 - 1

DNCE 275	Modern Dance Production II	0.5 - 1
DNCE 276	Contemporary Modern Dance Production II	0.5 - 1
DNCE 277	Classical Jazz Production I	0.5 - 1
DNCE 278	Modern Jazz Production I	0.5 - 1
DNCE 279	Tap Production I	0.5 - 1
DNCE 282	Classical Ballet Production II	0.5 - 1
DNCE 287	Classical Jazz Production II	0.5 - 1
DNCE 288	Modern Jazz Production II	0.5 - 1
DNCE 289	Tap Production II	0.5 - 1

**Group V Electives - Euro-Western (Select two courses)**

DNCE 101	Survey of World Dance	3
DNCE 102	Dance on Film	3
DNCE 127	Spanish Flamenco I	.5 - 1
DNCE 128	Spanish Flamenco II	.5 - 1
DNCE 135	Ballroom Dance I	.5 - 1
DNCE 136	Ballroom Dance II	.5 - 1
DNCE/MUS 137	Cuban and Brazilian Drumming I	.5
DNCE/MUS 138	Cuban and Brazilian Drumming II	.5
DNCE 151	Latin Social Dance I	2
DNCE 153	Capoeira: Afro/Brazilian Martial Arts I	.5 - 1
DNCE 154	Capoeira: Afro/Brazilian Martial Arts II	.5 - 1
DNCE 155	Hip Hop I	.5 - 1
DNCE 156	Hip Hop II	.5 - 1
DNCE 158	Hawaiian and Tahitian Dance I	.5 - 1
DNCE 159	Hawaiian and Tahitian Dance II	.5 - 1
DNCE 162	Near and Middle Eastern I	.5 - 1
DNCE 163	Near and Middle Eastern II	.5 - 1
DNCE 190	World Dance Production I	2

**TOTAL UNITS****20 - 26****Dance - Emphasis in General Dance**

This General Dance Program prepares the student for employment in the field of dance and dance-related professions. Both the degree and the certificate are designed as career/technical programs which provide students with the basic skills necessary for involvement in community dance activities, such as teaching in recreation centers, YMCA's or YWCA's, private studios; or performing or choreographing for community events. This degree and certificate also prepares dancers for the entertainment industry such as theme park (Disney, Knotts Berry Farm, Legoland, Seaworld, Wild Animal Park), MTV and a range for professional theatrical dance opportunities. Transfer students should consult the four-year college or university catalog for specific requirements or see a Palomar College counselor.

**A.A. DEGREE MAJOR OR  
CERTIFICATE OF ACHIEVEMENT****Program Requirements**

DNCE 101	Survey of World Dance	3
DNCE 105	Introduction to Dance History	3
DNCE 145	Choreography I	3
	or	
DNCE 146	Choreography II	3
DNCE 161	Teaching Methods in Dance	3
DNCE 165	Production Management	2
DNCE 280	Student Choreography Production I	1.5 - 2
	or	
DNCE 285	Student Choreography Production II	1.5 - 2

**Group I Electives - Ballet/Pointe (Select one course)**

DNCE 115	Ballet I	.5 - 1
DNCE 116	Ballet II	.5 - 1
DNCE 210	Ballet III	.5 - 1
DNCE 211	Ballet IV	.5 - 1
DNCE 117	Pointe I	.5 - 1
DNCE 118	Pointe II	.5 - 1
DNCE 217	Pointe III	.5 - 1
DNCE 218	Pointe IV	.5 - 1

**Group II Electives - Modern (Select one course)**

DNCE 110	Modern Dance I	.5 - 1
DNCE 111	Modern Dance II	.5 - 1
DNCE 205	Modern Dance III	.5 - 1
DNCE 206	Modern Dance IV	.5 - 1

**Group III Electives - Afro-Cuban/Brazilian (Select one course)**

DNCE 149	Afro-Cuban/Brazilian Dance I	2
DNCE 150	Afro-Cuban/Brazilian Dance II	2
DNCE 249	Afro-Cuban/Brazilian Dance III	2
DNCE 250	Afro-Cuban/Brazilian Dance IV	2

**Group IV Electives - Latin Social (Select one course)**

DNCE 151	Latin Social Dance I	2
DNCE 152	Latin Social Dance II	2
DNCE 251	Latin Social Dance III	2
DNCE 252	Latin Social Dance IV	2

**Group V Electives - Jazz or Tap (Select two courses)**

DNCE 120	Jazz Technique I	.5 - 1
DNCE 121	Jazz Technique II	.5 - 1
DNCE 215	Jazz Technique III	.5 - 1
DNCE 216	Jazz Technique IV	.5 - 1
DNCE 130	Tap I	.5 - 1
DNCE 131	Tap II	.5 - 1
DNCE 230	Tap III	.5 - 1
DNCE 231	Tap IV	.5 - 1

**Group VI Electives - Near and Middle Eastern or Hawaiian and Tahitian (Select one course)**

DNCE 162	Near and Middle Eastern I	.5 - 1
DNCE 163	Near and Middle Eastern II	.5 - 1
DNCE 262	Near and Middle Eastern III	.5 - 1
DNCE 263	Near and Middle Eastern IV	.5 - 1
DNCE 158	Hawaiian and Tahitian Dance I	.5 - 1
DNCE 159	Hawaiian and Tahitian Dance II	.5 - 1
DNCE 258	Hawaiian and Tahitian Dance III	.5 - 1
DNCE 259	Hawaiian and Tahitian Dance IV	.5 - 1

**Group VII Electives - General Dance Production and Ensemble (Select two courses)**

DNCE 148	Drum and Dance Ensemble I	2
DNCE 248	Drum and Dance Ensemble II	1 - 2
DNCE 190	World Dance Production I	2
DNCE 290	World Dance Production II	1 - 2
DNCE 225	Contemporary Dance Ensemble I	.5 - 1
DNCE 226	Contemporary Dance Ensemble II	.5 - 1
DNCE 270	Contemporary Ballet Production I	.5 - 1
DNCE 272	Contemporary Ballet Production II	.5 - 1
DNCE 271	Classical Ballet Production I	.5 - 1
DNCE 282	Classical Ballet Production II	.5 - 1
DNCE 273	Modern Dance Production I	.5 - 1
DNCE 274	Contemporary Modern Dance Production I	.5 - 1
DNCE 275	Modern Dance Production I II	.5 - 1
DNCE 276	Contemporary Modern Dance Production II	.5 - 1
DNCE 277	Classical Jazz Production I	.5 - 1
DNCE 287	Classical Jazz Production II	.5 - 1
DNCE 278	Modern Jazz Production I	.5 - 1
DNCE 288	Modern Jazz Production II	.5 - 1
DNCE 279	Tap Production I	.5 - 1
DNCE 289	Tap Production II	.5 - 1
DNCE 281	Summer Dance Workshop	1.5 - 2

**Group VIII Electives - General Dance (Select two courses)**

DNCE 100	Survey of Dance	3
DNCE 102	Dance on Film	3
DNCE 127	Spanish Flamenco I	.5 - 1
DNCE 128	Spanish Flamenco II	.5 - 1
DNCE 135	Ballroom Dance I	.5 - 1

DNCE 136	Ballroom Dance II	.5 - 1
DNCE/MUS 137	Cuban and Brazilian Drumming I	.5
DNCE/MUS 138	Cuban and Brazilian Drumming II	.5
DNCE 140	Dance Improvisation I	.5 - 1
DNCE 141	Dance Improvisation II	.5 - 1
DNCE 153	Capoeira: Afro/Brazilian Martial Arts I	.5 - 1
DNCE 155	Hip Hop I	.5 - 1
DNCE 156	Hip Hop II	.5 - 1
DNCE 255	Hip Hop III	.5 - 1
DNCE 256	Hip Hop IV	.5 - 1
DNCE 170	Pilates (Reg. Trade Mark)	.5 - 1
DNCE/		
MUS/TA 173	Musical Theatre Scenes	1
DNCE 281	Summer Dance Workshop	1.5 - 2
<b>TOTAL UNITS</b>		<b>24 - 35</b>

## Dance - Emphasis in World Dance

This World Dance Program prepares the student for employment in the field of dance and dance-related professions. Both the degree and the certificate are designed as career/technical programs which provide students with the basic skills necessary for involvement in community dance activities, such as teaching in recreation centers, YMCA's or YWCA's, private studios; or performing or choreographing for community events. This degree and certificate also prepares dancers for the entertainment industry such as theme park (Disney, Knotts Berry Farm, Legoland, Seaworld, Wild Animal Park), MTV and a range for professional theatrical dance opportunities. Transfer students should consult the four-year college or university catalog for specific requirements or see a Palomar College counselor.

### A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

#### Program Requirements

DNCE 101	Survey of World Dance	3
DNCE 145	Choreography I	3
DNCE 148	Drum and Dance Ensemble	2
	or	
DNCE 248	Drum and Dance Ensemble II	1 - 2
DNCE 165	Production Management	2
DNCE 190	World Dance Production	2
	or	
DNCE 290	World Dance Production II	1 - 2
DNCE 280	Student Choreography Production I	1.5 - 2

#### Group I Electives - Afro-Cuban/Brazilian (Select two courses)

DNCE 149	Afro-Cuban/Brazilian Dance I	2
DNCE 150	Afro-Cuban/Brazilian Dance II	2
DNCE 249	Afro-Cuban/Brazilian Dance III	2
DNCE 250	Afro-Cuban/Brazilian Dance IV	2

#### Group II Electives - Latin Social (Select two courses)

DNCE 151	Latin Social Dance I	2
DNCE 152	Latin Social Dance II	2
DNCE 251	Latin Social Dance III	2
DNCE 252	Latin Social Dance IV	2

#### Group III Electives - Capoeira (Select one course)

DNCE 153	Capoeira: Afro/Brazilian Martial Arts I	.5 - 1
DNCE 154	Capoeira: Afro/Brazilian Martial Arts II	.5 - 1
DNCE 253	Capoeira: Afro/Brazilian Martial Arts III	.5 - 1
DNCE 254	Capoeira: Afro/Brazilian Martial Arts IV	.5 - 1

#### Group IV Electives - Drumming (Must complete both courses)

DNCE/MUS 137	Cuban and Brazilian Drumming I	.5
DNCE/MUS 138	Cuban and Brazilian Drumming II	.5
DNCE 237	Cuban and Brazilian Drumming III	.5 - 1
DNCE 238	Cuban and Brazilian Drumming IV	.5 - 1

#### Group V Electives - Near and Middle Eastern (Select one course)

DNCE 162	Near and Middle Eastern I	.5 - 1
DNCE 163	Near and Middle Eastern II	.5 - 1
DNCE 262	Near and Middle Eastern III	.5 - 1
DNCE 263	Near and Middle Eastern IV	.5 - 1

#### Group VI Electives - Hawaiian and Tahitian (Select one course)

DNCE 158	Hawaiian and Tahitian Dance I	1.5
DNCE 159	Hawaiian and Tahitian Dance II	1.5
DNCE 258	Hawaiian and Tahitian Dance III	1.5
DNCE 259	Hawaiian and Tahitian Dance IV	1.5

#### Group VII Electives (Select two courses)

DNCE 102	Dance on Film	3
DNCE 105	Introduction to Dance History	3
DNCE 110	Modern Dance I	.5 - 1
DNCE 111	Modern Dance II	.5 - 1
DNCE 115	Ballet I	.5 - 1
DNCE 116	Ballet II	.5 - 1
DNCE 120	Jazz Technique I	.5 - 1
DNCE 121	Jazz Technique II	.5 - 1
DNCE 127	Spanish Flamenco I	.5 - 1
DNCE 128	Spanish Flamenco II	.5 - 1
DNCE 130	Tap I	.5 - 1
DNCE 131	Tap II	.5 - 1
DNCE 135	Ballroom Dance I	.5 - 1
DNCE 136	Ballroom Dance II	.5 - 1
DNCE 155	Hip Hop I	.5 - 1
DNCE 156	Hip Hop II	.5 - 1
DNCE 227	Spanish Flamenco III	.5 - 1
DNCE 228	Spanish Flamenco IV	.5 - 1

#### TOTAL UNITS

23 - 33

### COURSE OFFERINGS

State Regulations (Title 5, Sections 55040-55041) limit the number of times a student may take courses with related content and similar primary educational activities. Therefore, some combinations of course work in Dance have limitations on the number of times a student may enroll. Some Dance courses may be repeated provided student has not reached the limitation for the applicable group of Dance courses. Specific information about enrollment limitations for Dance classes is available at <http://www.palomar.edu/schedule/restrictions.htm>

Note: Students are screened for level placement in all technique classes the previous semester or the first day of class.

#### DNCE 100 Survey of Dance (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

Survey of present day dance forms experienced through lecture, film, demonstration, and movement. This course covers dance as an art form, the creative process, ways to view and analyze movement, body mechanics/anatomy, prevention of injuries, education and career opportunities, and a study of various dance genres.

#### DNCE 101 Survey of World Dance (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

An analysis of the dances, dance styles, costumes, and musical accompaniment of dances from around the world as experienced through films, lecture, demonstration, and movement.

#### DNCE 102 Dance on Film (3)

3 hours lecture

**Transfer acceptability:** CSU; UC

This course will explore the phenomenon of dance on film from cultural, historical, social, economic, and gender viewpoints.

- DNCE 105 Introduction to Dance History** (3)  
3 hours lecture  
**Transfer acceptability:** CSU; UC  
A survey of the development of dance from earliest civilizations to the present including Egyptian, Ancient Greek and Roman, and with emphasis on the American Indian and African American influences on the social and performance aspects of dance in the world today.
- DNCE 110 Modern Dance I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Beginning modern dance techniques with emphasis on movement exploration, alignment, and creativity.
- DNCE 111 Modern Dance II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Intermediate dance techniques with emphasis on increasing movement skills and creative range.
- DNCE 115 Ballet I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Introduction to ballet's traditions, principles, techniques, and terminology. Includes fundamental ballet exercises at barre and center with emphasis on technique and alignment.
- DNCE 116 Ballet II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Continued study of ballet techniques, principles, and terminology. Intermediate level with emphasis on combinations and an enlarged vocabulary of steps and terms.
- DNCE 117 Pointe I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
This course is designed to introduce concepts of pointe technique at the beginning level, while reinforcing intermediate ballet technique. Concentration will be placed on proper alignment, toe placement, ankle strength and flexibility, rotation of the legs from the hip sockets, and overall artistry.
- DNCE 118 Pointe II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Designed to introduce concepts of pointe technique at the beginning/intermediate level, while reinforcing intermediate ballet technique. Concentration will be placed on proper alignment, toe placement, ankle strength and flexibility, rotation of the legs from the hip sockets, and overall artistry.
- DNCE 120 Jazz Technique I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Level I jazz movement and floor progressions.
- DNCE 121 Jazz Technique II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Level II jazz movement and floor progressions.
- DNCE 124 Beginning Stage Management** (3)  
2 hours lecture - 3 hours laboratory  
**Prerequisite:** A minimum grade of 'C' in TA 100  
**Note:** Cross listed as ENTT/TA 124  
**Transfer acceptability:** CSU; UC  
Introduces students to the practices and techniques of Stage Management. Students will assist a stage manager on a project during the course of the semester. Regular availability on evenings and weekends is required.
- DNCE 127 Spanish Flamenco I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Specific elements of Spanish/Flamenco dance styles: castanets, footwork, and arm technique. Students will explore a variety of Flamenco dances from different regions both traditional and modern.
- DNCE 128 Spanish Flamenco II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Specific elements of Spanish/Flamenco dance styles: castanets, footwork, and arm technique. Students will explore a variety of Flamenco dances from different regions both traditional and modern.
- DNCE 130 Tap I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Level I skills in tap dance covering basic and traditional material.
- DNCE 131 Tap II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Level II skills in tap dance with focus on new trends and styles.
- DNCE 135 Ballroom Dance I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Development of beginning social dance techniques concerning both standard and contemporary social dance steps and styling.
- DNCE 136 Ballroom Dance II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Intermediate level social dance skills, steps, and styling.
- DNCE 137 Cuban and Brazilian Drumming I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Note:** Cross listed as MUS 137  
**Transfer acceptability:** CSU; UC  
Drum, percussion and song classes in the traditions of Escola de Samba from Rio de Janeiro, Brazil and Afro-Cuban traditions, popular and folkloric; Rumba, Congo (Makuta/Palo), Franco/Haitian (Gaga/Congo Layet) from East and West Cuba. Develop ability to work as a drum ensemble.
- DNCE 138 Cuban and Brazilian Drumming II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Limitation on enrollment:** Enrollment subject to audition  
**Note:** Cross listed as MUS 138  
**Transfer acceptability:** CSU; UC  
Intermediate level drum, percussion and song classes in the traditions of Escola de Samba from Rio de Janeiro, Brazil and Afro-Cuban traditions, Rumba, Congo, Makuta from Cuba. Develop ability to work as part of a drum ensemble.
- DNCE 140 Dance Improvisation I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Study of dance through varied experiences in movement. Exploration of elements of time, space, and energy through movement improvisations and group studies.
- DNCE 141 Dance Improvisation II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Study of dance through varied experiences in movement with emphasis on understanding movement principles, beginning music analysis, use of percussion and various forms of accompaniment, and composition of solo studies to composed music.



- DNCE 145 Choreography I** (3)  
3 hours lecture  
**Corequisite:** DNCE 280  
**Transfer acceptability:** CSU; UC  
Beginning choreography with emphasis on combining movements and developing ideas in relation to motivation, design, and dynamics. Discuss forms and learn how to articulate the art of dance.
- DNCE 146 Choreography II** (3)  
3 hours lecture  
**Corequisite:** DNCE 285  
**Transfer acceptability:** CSU; UC  
Intermediate choreography with emphasis on combining movements and developing ideas in relation to movements and developing ideas in relation to motivation and form. Discuss forms and develop the skills to articulate the art of dance.
- DNCE 147 Repertory** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU  
Learning, rehearsing, and performing dances as an outreach to Palomar College, area high schools, and the community.
- DNCE 148 Drum and Dance Ensemble I** (1, 1.5, 2)  
½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Rehearsal and performance of traditional music and dances of the African Diaspora: West African, Afro-Cuban, Afro-Brazilian, and Afro-Caribbean. Performance of original work influenced by dances of the African Diaspora. Emphasis will be on performing as an ensemble.
- DNCE 149 Afro-Cuban/Brazilian Dance I** (1, 1.5, 2)  
½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Beginning level Afro-Cuban/Brazilian movement.
- DNCE 150 Afro-Cuban/Brazilian Dance II** (1, 1.5, 2)  
½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Level II Afro-Cuban/Brazilian movement.
- DNCE 151 Latin Social Dance I** (1, 1.5, 2)  
½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
An exhilarating class designed to introduce students to the vibrant Hispanic culture through contemporary social dances. Through demonstration and movement participation students will explore a variety of social dances that are all part of the Latin Diaspora.
- DNCE 152 Latin Social Dance II** (1, 1.5, 2)  
½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
An exhilarating class designed to continue exploring the vibrant Hispanic culture through contemporary social dances. Through demonstration and movement participation students will explore a variety of social dances that are all part of the Latin Diaspora.
- DNCE 153 Capoeira: Afro/Brazilian Martial Arts I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.  
Designed to introduce students to the unique martial art form from Brazil known as Capoeira. Through lecture, demonstration, and movement participation students will study this multi-faceted art form.
- DNCE 154 Capoeira: Afro/Brazilian Martial Arts II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.  
Intermediate level class of the unique martial art form from Brazil known as Capoeira. Through lecture, demonstration and movement participation students will study this multi-faceted art form.
- DNCE 155 Hip Hop I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Beginning level of Hip Hop, an exhilarating class. Designed to introduce students to this unique contemporary dance form.
- DNCE 156 Hip Hop II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Intermediate level of Hip Hop, an exhilarating class. Designed to introduce students to this unique contemporary dance form.
- DNCE 158 Hawaiian and Tahitian Dance I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
An exhilarating level one dance class designed to introduce students to the exotic Hawaiian and Tahitian culture through percussion, song, and dance. Through demonstrations and movement participation students will explore a variety of dances from these two distinct and unique cultures that are part of the Polynesian Islands.
- DNCE 159 Hawaiian and Tahitian Dance II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
Intermediate level of an exhilarating class designed to introduce students to the exotic Hawaiian and Tahitian culture through percussion, song and dance. Through demonstrations and movement participation students will explore a variety of dances from these two distinct and unique cultures that are part of the Polynesian Islands.
- DNCE 161 Teaching Methods in Dance** (3)  
3 hours lecture  
**Transfer acceptability:** CSU  
Explore the teaching/learning/knowning process by blending current educational, teaching and learning styles with practical hands on teaching experiences. Through the constant integration of theory and practice, we will utilize our own experiences and understanding and our interpretations of theoretical literature to construct our own personal pedagogies. The construction of a safe and consistent dance environment for all ages will be covered.
- DNCE 162 Near and Middle Eastern I** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
An introduction to classical and folkloric dances from the Near and Middle East.
- DNCE 163 Near and Middle Eastern II** (.5 - 1)  
1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
A more in-depth study of classical and folkloric dances from the Near and Middle East.
- DNCE 165 Production Management** (1.5, 2, 2.5)  
1, 1½, 2 or 2 hours lecture - 1½, 2, or 3 hours laboratory  
**Transfer acceptability:** CSU  
Principles and methods of organization, operation, promotion, programming, publicity, ticket sales, box office, public relations, costumes, props, and graphics. Practical experience in college and community dance productions.

- DNCE 170 Pilates®** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Pilates® method of body conditioning: an exercise program that improves muscle control, flexibility, coordination, strength, and tone. Teaches efficiency of movement.
- DNCE 173 Musical Theatre Scenes** (1)  
 3 hours laboratory  
**Note:** Cross listed as MUS 173/TA 173  
**Transfer acceptability:** CSU  
 Rehearsal and performance of solo and group scenes from Broadway musicals dating from the 1930's to the present.
- DNCE 182 Introduction to Arts Management** (3)  
 9 hours laboratory  
**Note:** Cross listed as AMS 182/ART 182/MUS 182/TA 182  
**Transfer acceptability:** CSU  
 An introduction to the principles and practices of arts management through an interdisciplinary study of management topics in the visual and performing arts.
- DNCE 183 Internship in Arts Management** (3)  
 9 hours laboratory  
**Note:** Cross listed as AMS 183/ART 183/MUS 183/TA 183  
**Transfer acceptability:** CSU  
 Practical experience in arts management in the visual and performing arts.
- DNCE 184 Introduction to Kinesiology** (3)  
 3 hours lecture  
**Transfer acceptability:** CSU  
 Designed to provide students with sound knowledge of body structures, systems, and functions. Identify the technical demands of dance and sports and evaluate and implement approaches to long-range development as dancers/ athletes. Experiential anatomy will be introduced with concepts necessary to develop analytical skills of the student.
- DNCE 190 World Dance Production I** (1, 1.5, 2)  
 ½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts.
- DNCE 197H Topics in Dance** (.5 - 4)  
*Units awarded in topics courses are dependent upon the number of hours required of the student. Any combination of lecture and/or laboratory may be scheduled by the department. Refer to Class Schedule.*  
**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.  
 Topics in Dance. See Class Schedule for specific topic offered. Course title will designate subject covered.
- DNCE 205 Modern Dance III** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Intermediate dance technique with emphasis on performance skills.
- DNCE 206 Modern Dance IV** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Advanced level modern dance technique with an emphasis on performance skills.
- DNCE 210 Ballet III** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Ballet techniques, principles, and terminology at the advanced level with emphasis on line, phrasing, endurance, and progressively difficult steps and combinations.
- DNCE 211 Ballet IV** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Ballet techniques, principles, and terminology at the advanced level with emphasis on line, phrasing, endurance, musicality, and progressively difficult steps and combinations.
- DNCE 215 Jazz Technique III** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Level III jazz movement and floor progressions.
- DNCE 216 Jazz Technique IV** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Level IV jazz dance technique in commercial dance stylizations and rhythms.
- DNCE 217 Pointe III** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 This course is designed to introduce concepts of pointe technique at the Intermediate level, while reinforcing intermediate ballet technique. Concentration will be placed on proper alignment, toe placement, ankle strength and flexibility, rotation of the legs from the hip sockets, and overall musicality artistry.
- DNCE 218 Pointe IV** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 This course is designed to introduce concepts of pointe technique at the advanced level, while reinforcing advanced ballet technique. Concentration will be placed on proper alignment, toe placement, ankle strength and flexibility, rotation of the legs from the hip sockets, and overall artistry.
- DNCE 225 Contemporary Dance Ensemble I** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 An initial rehearsal and performance experience in a dance ensemble. Includes preparing multiple works for a variety of different performing opportunities. Generally this would involve corps (group) roles.
- DNCE 226 Contemporary Dance Ensemble II** (.5 - 1)  
 1½ - 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 A second rehearsal and performance experience in a dance ensemble. Includes preparing multiple works for a variety of different performing opportunities. Generally this would involve smaller supporting roles (smaller group work) and solo work.
- DNCE 227 Spanish Flamenco III** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Study of specific elements of Spanish/Flamenco dance styles: castanets, footwork, and arm technique. Students will explore a variety of Flamenco dances from different regions, both traditional and modern.
- DNCE 228 Spanish Flamenco IV** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 The study of specific elements of Spanish/Flamenco dance styles: castanets, footwork, and arm technique. Students will explore a variety of Flamenco dances from different regions, both traditional and modern.
- DNCE 230 Tap III** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Advanced skills in tap dance with focus on new trends and styles.

- DNCE 231 Tap IV** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Level IV skills in tap dance with focus on new trends and styles.
- DNCE 237 Cuban and Brazilian Drumming III** (.5-1)  
*1½ to 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 The third course in this series focuses on being able to hold supporting roles in ensemble style presentations.
- DNCE 238 Cuban and Brazilian Drumming IV** (.5-1)  
*1½ to 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 The fourth course in the series focuses on being able to hold leading roles in ensemble style presentations as well as supporting roles for the Palomar Drum and Dance Ensemble and Palomar dance classes.
- DNCE 248 Drum and Dance Ensemble II** (1, 1.5, 2)  
*½, 1, or 1½ hours lecture - 1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 A second rehearsal and performance in the Drum and Dance Ensemble. Includes preparing multiple works for a variety of different performing opportunities including world festivals and campus events. Generally this would involve larger supporting roles or small ensemble work.
- DNCE 249 Afro-Cuban/Brazilian Dance III** (1, 1.5, 2)  
*½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Level III Afro-Cuban/Brazilian movement.
- DNCE 250 Afro-Cuban/Brazilian Dance IV** (1, 1.5, 2)  
*½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Level IV Afro-Cuban/Brazilian movement.
- DNCE 251 Latin Social Dance III** (1, 1.5, 2)  
*½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 An exhilarating level III dance class designed to introduce students to the vibrant Hispanic culture through contemporary social dances. Through demonstration and movement participation students will explore a variety of social dances that are all part of the Latin Diaspora.
- DNCE 252 Latin Social Dance IV** (1, 1.5, 2)  
*½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 An exhilarating level IV dance class designed to introduce students to the vibrant Hispanic culture through contemporary social dances. Through demonstration and movement participation students will explore a variety of social dances that are all part of the Latin Diaspora.
- DNCE 253 Capoeira: Afro/Brazilian Martial Arts III** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Through lecture, demonstration and movement participation students will study intermediate level Capoeira.
- DNCE 254 Capoeira: Afro/Brazilian Martial Arts IV** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Through lecture, demonstration and movement participation students will study advanced level Capoeira.
- DNCE 255 Hip Hop III** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Advanced level of Hip Hop, an exhilarating class designed to introduce students to this unique contemporary dance form.
- DNCE 256 Hip Hop IV** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Level IV dance with focus on new trends and styles.
- DNCE 258 Hawaiian and Tahitian Dance III** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 An exhilarating level III dance class teaching the exotic Hawaiian and Tahitian culture through percussion, song, and dance. Through demonstrations and movement participation students will explore a variety of dances from these two distinct and unique cultures that are part of the Polynesian Islands.
- DNCE 259 Hawaiian and Tahitian Dance IV** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Level IV dance technique of the exotic Hawaiian and Tahitian culture through percussion, song, and dance. Through demonstrations and movement participation students will explore a variety of dances from these two distinct and unique cultures that are part of the Polynesian Islands.
- DNCE 262 Near and Middle Eastern III** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Level III study of classical and folkloric dances for the Near and Middle East.
- DNCE 263 Near and Middle Eastern IV** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Advanced level IV study of classical and folkloric dances for the Near and Middle East.
- DNCE 270 Contemporary Ballet Production I** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach and community events.
- DNCE 271 Classical Ballet Production I** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach and special events.
- DNCE 272 Contemporary Ballet Production II** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach, and special events.
- DNCE 273 Modern Dance Production I** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach and special events.
- DNCE 274 Contemporary Modern Dance Production I** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach, and special events.
- DNCE 275 Modern Dance Production II** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach, and special events.
- DNCE 276 Contemporary Modern Dance Production II** (.5 - 1)  
*1½, 2 or 3 hours laboratory*  
**Transfer acceptability:** CSU; UC  
 Rehearsal and production for dance concerts, outreach and special events.

- DNCE 277 Classical Jazz Production I** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach, and special events.
- DNCE 278 Modern Jazz Production I** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance performance, outreach, and special events.
- DNCE 279 Tap Production I** (.5 - 1)  
 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts, outreach and special events.
- DNCE 280 Student Choreography Production I** (1.5, 2)  
 4½ or 6 hours laboratory  
**Corequisite:** DNCE 146  
**Transfer acceptability:** CSU; UC  
 Rehearsal and performance for dance concerts.
- DNCE 281 Summer Dance Workshop** (1.5, 2)  
 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Limitation on enrollment:** Enrollment subject to audition  
**Transfer acceptability:** CSU; UC  
 Concentrated work in a variety of dance genres. Specific content is composed of various dance styles, techniques and rehearsal/performance opportunities.
- DNCE 282 Classical Ballet Production II** (.5-1)  
 1½ - 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Further explores the rehearsal and performance experience of a classical ballet. This second experience concentrates on smaller ensemble work and solos, resulting in multiple performances of the same work on a proscenium stage.
- DNCE 285 Student Choreography Production II** (1.5-2)  
 4½ - 6 hours laboratory  
**Corequisite:** Dance 146  
**Transfer acceptability:** CSU; UC  
 Further explores the rehearsal and performance of a student-based choreography focusing on smaller ensemble and solo work.
- DNCE 287 Classical Jazz Production II** (.5-1)  
 1½ - 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Further explores the rehearsal and performance experience of a classical jazz work in the style of 1940's-1960's Hollywood/concert jazz styles. This second experience focuses on small ensemble work, solo work and musicality.
- DNCE 288 Modern Jazz Production II** (.5-1)  
 1½ - 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Further explores the rehearsal and performance experience in current jazz styles. This second experience focuses on small ensemble work, solos, and musicality.
- DNCE 289 Tap Production II** (.5-1)  
 1½ - 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Further explores the rehearsal and performance experience of tap choreography. Concentrates on small ensemble work and solos, resulting in multiple performances of the same work on a proscenium stage.
- DNCE 290 World Dance Production II** (1-2)  
 ½ - 1½ hours lecture - 1½ - 3 hours laboratory  
**Transfer acceptability:** CSU; UC  
 Further explores the rehearsal and performance experience of World Dance. This second experience focuses on small ensemble work and musicality.

- DNCE 296 Independent Projects in Dance** (1, 1.5, 2)  
 1, 1½ or 2 hours lecture  
**Transfer acceptability:** CSU; UC  
 Fostering creative research and independent study projects in dance.

- DNCE 297 Experimental Projects in Dance** (1, 1.5, 2)  
 ½, 1 or 1½ hours lecture - 1½, 2 or 3 hours laboratory  
**Transfer acceptability:** CSU; UC – Credit determined by UC upon review of course syllabus.  
 Advanced dance projects including individual research, tutoring, and performance for college classes and community projects.

## Database

See CSIT - Information Technology

## Dental Assisting (DA)

Contact the Dental Assisting Program for further information.  
 (760) 744-1150, ext. 2571  
 Office: HS-107

### Associate in Science Degrees -

AS Degree requirements are listed in Section 6 (green pages).  
 • Dental Assisting (Registered Dental Assistant)

### Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).  
 • Dental Assisting (Registered Dental Assistant)

### PROGRAM OF STUDY

The Registered Dental Assisting Program is accredited by the Commission on Dental Accreditation of the American Dental Association, and is approved by the Dental Board of California.

Certification and Licensing: Upon successful program completion, student will be issued Certificates in Dental Radiography, Coronal Polishing, Pit and Fissure Sealants, California Practice Act and Infection Control. Students who successfully complete the program are eligible to take the California Registered Dental Assistant Examination to become licensed as a California Registered Dental Assistant (RDA); and are eligible to take the nationally recognized Certified Dental Assistant (CDA) Examination offered by the Dental Assisting National Board (DANB).

### ADMISSION REQUIREMENTS

Admission to the Registered Dental Assisting Program is by special application. To be eligible for admission, applicants must:

1. Complete Palomar College Application for Admission;
2. Attend a Registered Dental Assisting Program orientation meeting;
3. Show proof of high school graduation or equivalent by submitting official transcripts, or proof of a passing score on the General Education Development test (GED);
4. Take a Palomar College English Assessment Test and be eligible for English 50 or 100 or ESL 103 or demonstrate completion of a similar, equivalent college English course(s);
5. Submit medical, vision and dental clearances including Hepatitis B series and TB test results;
6. Meet academic requirements as specified on the Registered Dental Assisting Program website and Palomar College Catalog;
7. Show proof of a valid Social Security number.
8. Have a minimum GPA of 2.0.
9. Be a minimum age of 18 years.

Dental Assistants must have good vision, hearing, and the ability to communicate orally. In addition, they must have the ability to comprehend and interpret written information; and the dexterity to use small dental instruments.