

PALOMAR COLLEGE

Associate Degree Competency and General Education Requirements

Fall 2025 - Summer 2026

The following list will assist you in choosing courses to fulfill general education requirements for the Associate in Arts or Associate in Science Degree.

- The course must be on the list at the time it was completed.
- Competency courses in American History and Institutions/California Government may double count in the general education areas they are listed in.
- No course may be used in more than one General Education Area.
- Consult a counselor for specific information regarding major prep and additional GE requirements.

Major: Complete a program as outlined in the Palomar College catalog. Major course work must be completed with a “C” or better.

Grade Point Average: A minimum cumulative GPA of 2.0 (“C” average) or higher is required. Some programs may require a higher GPA.

Residency: A minimum of 12 units in residence as an officially enrolled student at Palomar College is required.

Total Units: A minimum of 60 degree applicable semester units are required. Courses numbered 1-49 are non-degree applicable and do not count toward the degree.

Competence in American History and Institutions/California Government - A “C” grade or higher is required.

- The American History and Institutions/California Government courses may double count in the appropriate general education area they are listed in.
- A single US-1, 2, 3 course may be used in multiple US-1, 2, 3 areas where they are listed.

Option I: Choose a pair: AIS 101+102; AS 101+102; CS 101+102; HIST 101+102; HIST 140+141; RS 102+RS 103

Option II: Choose two courses to complete US Areas 1, 2, and 3.

Option III: Complete POLS C1000

US – 1		US - 2		US - 3	
AIS 101, 102	POLS C1000	AIS 101	LS 240	AIS 102	HIST 102, 141
AS 101, 102	RS 102	AS 101	POLS C1000	AS 102	POLS C1000
CS 101, 102		CS 101	RS 103	CS 102	POSC 120
HIST 101, 102, 140, 141		HIST 101, 140			RS 103

Circle each US Area completed or in progress. US 1, 2, 3 Course: _____ C IP N

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Competence in Health and Fitness - A “C” grade or higher is required:

Complete **HE 100** and one fitness activity course: **HE 100L**; **KINE 105, 128ABCD, 135ABC, 140ABC, 150ABC**; **ACS 100** level intercollegiate sport; **DNCE 115, 149, 151, 153, 210**; **FIRE 151**; or completion of the **Police Academy**. *See supplemental guide for exceptions, including military service.*

Course: _____ C IP N

Course: _____ C IP N

General Education Requirements

Minimum 21 semester units required. No course may be used to satisfy more than one General Education Requirement

Area 1: English Composition, Oral Communication and Critical Thinking (7 – 8 units)

1A. English Composition – A “C” grade or higher. Choose one course (3 semester units):

ENGL C1000, C1000E or **ESL** 110

Course: _____ C IP N

1B. Oral Communication and Critical Thinking – Choose one course (3 semester units):

COMM C1000; **ENG** 203; **ENGL** C1001; **PHIL** 116, 200, 201; **READ** 120; **SPCH** 105, 170

Course: _____ C IP N

Area 2: Mathematical Concepts and Quantitative Reasoning* – A “C” grade or higher. Choose one course (3 semester units):

BUS 110, 204, 136; **CSCI** 112, 114, 210, 212, 222, 260, 290; **CSIT** 128, 165, 175, 180, 275, 280; **MATH** 100, 100E, 101, 101E, 105, 106, 110, 110E, 115, 115E, 126, 127, 130, 130E, 132E, 135, 140, 140E, 141, 141E, 200, 205, 206, 245; **PHIL** 116, 201; **PSYC** 205; **SOC** 180, 205; **STAT** C1000, C1000E

*Completion of a college-level intermediate algebra course or the equivalent may satisfy this requirement

Course: _____ C IP N

Area 3 Arts and Humanities – Choose one course (3 semester units):

AIS 100, 104, 105, 108A, 108B, 135, 145, 150, 166A, 166B, 167A, 167B, 180B, 181A, 181B, 207A, 207B, 266A, 266B, 282A, 282B; **AMS** 100, 105; **ANTH** 135, 155; **ARAB** 101, 102, 201; **ARCH** 120, 121, 122; **ART** 100, 102, 104, 105, 163, 164, 165, 166, 169; **ASL** 100, 101, 110, 205, 206; **CHIN** 101, 102, 201; **CINE** 100, 102, 103, 106, 110, 120, 122, 123; **CS** 100, 140, 155; **DBA** 100, 230; **DNCE** 100, 101, 102, 105; **ENG** 205, 210, 211, 220, 221, 225, 226, 230, 250, 255, 260, 270, 280, 290; **ESL** 106; **FASH** 130; **FREN** 101, 102, 201, 202; **GC** 115; **GERM** 101, 102, 201, 202, 225; **HIST** 105, 106; **HUM** 100, 101; **ITAL** 101, 102, 201, 202, 225; **JAPN** 101, 102, 130, 201, 202; **MUS** 100, 101, 102, 103, 169, 171; **PHIL** 111, 114, 121, 122, 125, 126, 140, 141, 142, 250; **PHOT** 125; **RS** 101, 105, 108, 110; **SPAN** 101, 101A, 101B, 102, 201, 202, 211, 212, 235; **TA** 100, 150

Course: _____ C IP N

Area 4: Social and Behavioral Sciences – Choose one course (3 semester units):

AAS 100; **AIS** 101, 102, 110, 115, 121, 125, 130, 140, 165; **AJ** 100; **AMS** 200; **ANTH** 105, 107, 110, 115, 125, 126, 130, 137, 140; **AS** 100, 101, 102, 120; **CHDV** 100, 110, 115, 172; **COMM** 100, 105; **CS** 101, 102, 140, 160; **ECON** 100, 101, 102, 110, 115, 120, 125; **EDUC** 172; **ENG** 150; **GBST** 101, 102; **GEOG** 103, 105; **HIST** 101, 102, 107, 108, 121, 130, 140, 141, 150, 151, 160; **LS** 121, 240; **MCS** 100, 200; **POLS** C1000; **POSC** 100, 103, 110, **PSYC** C1000, 105, 110, 120, 125, 130, 211, 225, 235; **RS** 102, 103, 108; **SOC** 100, 105, 110, 115, 125, 130, 135, 165, 175, 200; **SPCH** 120, 131

Course: _____ C IP N

Area 5: Natural Sciences – Choose one course (3 semester units). The underlined courses include a laboratory.

ANTH 100, 101; **ASTR** 100, 120; **BIOL** 100, 101, 102, 110, 118, 125, 126, 130, 131, 135, 140, 145, 200, 201, 210, 211, 212; **CHEM** 100, 104, 105, 110, 115, 205, 220, 221; **ENGR** 210; **ES** 115; **GEOG** 100, 110, 115; **GEOL** 100, 110, 120, 150; **NUTR** 165, 185; **OCN** 100; **PHSC** 101; **PHYS** 101, 102, 120, 121, 200, 201, 230, 231, 232; **PSYC** 210

Course: _____ C IP N

Area 6: Ethnic Studies – Choose one course (3 semester units):

AIS 100, 101, 102, 125; **AS** 100, 101, 102; **CS** 100, 101, 102, 140, 160

Course: _____ C IP N

Notes:
