



**Behavioral Health and Campus
Wellness Committee Meeting
Minutes**

**Date of Meeting: September 12, 2019
1:30pm – 3:00 pm**

Co-CHAIRS: Olga Diaz & Izabel Solis

MEMBERS PRESENT: BreeAnna Dail, Judy Harris, Lorrena Harvey, Chief Moore, Shauna Moriarty,
Patrick Savaiano, Gary Wilson, Kathy Young

MEMBERS ABSENT: Lori Meyers, Nicole Roe, Sherry Titus

Guests:

I. Introductions

New attendees Lorena Harvey (Performing Arts), Dr. Patrick Savaiano (Assistant Director for Behavioral Health Counseling Services).

II. Approval of Draft Minutes – March 14, 2019

MSC – Moore/Wilson

III. Red Folder Distribution Update – Solis

The red folder was distributed to faculty for two days at fall plenary. CCE has provided a list of all staff, which encompasses over 400+ people. It was suggested that committee members can help with distribution as well as reaching out to department ADAs as a way to help with disbursement. For adjunct faculty it was suggested to distribute via a PDF document.

IV. Mental Health Grant Update – Savaiano/Harris

In July a report was submitted giving updates on the grant. This included the PHQ9 questionnaire assessing depressive symptoms which has been given to over 1300 students last fiscal year, approximately half of which were from the Kiosks. There is still discussion about placement ideas for final two kiosks. One likely will be at the Veterans' Resource Center, while the placement of the final one is still being discussed. The grant report also highlighted the area that needs the most work, which is meeting needs of underserved and at-risk students. To this end, the Comets CARE Network continues to provide easy outreach tools to create awareness such as bookmarks, and are working on a Comets CARE website. The new assistant director is also building relationships with student groups such as UMOJA and Puente to assess student needs and an Active Minds group will be reinstituted on campus to connect students with mental health challenges to one another. The Assistant Director is also looking at options for a telehealth appointment system for clinical mental health counseling via the internet. A nonclinical case manager will also be starting after the next board meeting and MOUs have been established with 3 community clinics to refer students for care. Training opportunities were also discussed for de-escalation and implicit bias to be offered to various departments.

V. Online Student Health Fee Follow-Up – Harris

The Student Health Centers Director is in the process of getting on the Policy and Procedure agenda for the next meeting in order to propose changes to student health fees. A health fee report done by the Research and Planning Department shows a 14% increase in online students. Furthermore, 60% of online students are within the district but not paying health fees, which makes them ineligible for health services with no way to "opt in" to services. The committee also noted that if we are exploring the options of telehealth appointments, even online students will be able to receive services if they are a CA resident. In the interim, the Director will propose an increase in student health fees from \$19 to \$21, in line with the Chancellor's office and will also propose adoption of language that

health fees will automatically adjust in-line with the Chancellor's office. A discussion was held about other challenges in health revenue, such as students at education centers not being required to pay fees despite Fallbrook being required to have a mental health counselor on site, and technical issues with how fees are assessed in PeopleSoft. There was also a discussion about conducting different analyses of student health services, including looking at health services (clinical and behavior health) quantifiably to see number of student interactions, looking at what other campuses charge and what it includes (services, number of providers, etc), and looking at the health services section of the Education Code to see if the language includes behavioral health or if there is an option to create a separate category for that type of service. If the Director cannot get onto the agenda for the Policy and Procedure committee, the Academic Senate would like a recommendation for changes presented by the BHWC committee, and the committee will work next meeting on language and contents of a statement.

VI. Other – All

- a. Judy Harris motions for re-configuration of committee membership to include the addition of the Assistant Director for Behavioral Health Counseling, as he is an integral fit for the committee. Motion passed w/ unanimous consent
- b. Chief Moore: Police working on reports to make a mandated field about referring to behavioral health in order to streamline the process and prevent gaps in service.
- c. Chief Moore also reported that the Associated Student Government is proposing a policy to allow students to sleep on campus in their cars. There was legislation in the state assembly that was pulled off the floor for now, so there is not a mandate but the Governing Board will want a work group to be formed to discuss the scope of the possible policy and potential challenges. The committee discussed that there is a need to approach the process in a way that keeps in mind that these are our students, and does not stigmatize their situation further.
- d. GI Wilson reported that Project Rebound has been established at CSUSM- similar to the Transition Program here and spearheaded by a former Palomar Transitions employee. The hope is to foster a connection between Transitions at Palomar and Project Rebound at CSUSM to see the population through University graduation.
- e. Chief Moore reported that AB 1722, which creates mandated threat assessment teams, may spill over into the community college system.
- f. Shauna reported that the DRC has established a social connections group. They had their first meeting with 12 attendees, the goal of bringing together students who may feel isolated or not connected w/ campus community. Next event is viewing of The Mental Health State on October 11 which addresses mental health issues such as suicide prevention among other topics.

The meeting adjourned at 3:05pm.