



**Behavioral Health and Campus
Wellness Committee Meeting
Minutes
Date of Meeting: March 14, 2019
1:30pm – 3:00 pm**

Co-CHAIRS: Olga Diaz & Izabel Solis

MEMBERS PRESENT: Lori Meyers, Christopher Moore, Nicole Roe,
Sherry Titus, GI Wilson, Kathy Young

MEMBERS ABSENT: Melissa Grant, Judy Harris, Shauna Moriarty

Guests: Loren Pope

I. Approval of Draft Minutes – December 13, 2018

MSC – Chief Moore/Wilson

II. Red Folder Update – Diaz/Solis

A copy of the Red Folder was distributed to the Committee. The Folder is ready for distribution across campus to all Palomar employees. A suggestion was made to review and distribute the Red Folder at the Fall Plenary. It was also suggested to distribute the document at the Chairs/Directors meetings. Feedback is welcomed and reprints will be done periodically. The committee thanked the Student Affairs Office/Chelsea Kott for the initial creation of the Red Folder and Olga Diaz, Izabel Solis and Carol Moore for their work on completing the Red Folder.

III. Mental Health Grant Update – Diaz/Solis

Olga reported that 2nd level interviews for the Behavioral Health Assistant Director position was being conducted today.

Izabel reported that the Mental Health Assessment Kiosks have been placed at the Palomar Centers and that the Comets CARE Workgroup is still looking for locations on the main campus to place the final two Kiosks. Izabel is working with Jim Coil on trainings for Student Services staff which will include how to use the kiosks. QR stickers that have the link to the assessment have been created and will be placed throughout the campus.

IV. Online Student Health Fee Follow Up – Young

Professor Young distributed a handout to the committee on Board Policy AP 5030 which gives the background and rationale waiving the Student Health fee for Distance Education students. Professor Young shared her concern and that of other colleagues that feel online students can also benefit from the services provided by the Health Center which includes behavioral health counseling. Discussion was held on this topic and a suggestion was made that perhaps there could be an opt-in/out method offered to online students that would allow them to pay the health fee and receive the services from the Health Center if they choose to do so. It was noted that currently there is no way to provide online mental health services. However Palomar is looking at using an online program, Cranium, to offer online mental health services. Professor Young will talk to the Faculty Senate on supporting the option of online students paying the health fee and Judy will speak to the ASG. The committee is in favor of reviewing/revisiting Policy AP 5030 however will need more information and details before proceeding with a request to make a change to the Policy. This topic will be further discussed at the next meeting and Judy will be asked to provide feedback and data about operations as well as data from IS on the numbers of the online students we are serving: hybrid, all online exclusive and online exclusive outside of San Diego County.

V. Other – All

Sherry reported that Palomar College in partnership with the San Diego Food Bank has been selected as a site to provide 20-30 diapers per month as needed. An email will be sent once the details have been finalized and the diapers are available for distribution.

Chief Moore reported that four officers were sent to PERT training in January and another three officers will go in April. All officers will be trained in PERT.

Chief Moore shared information on AB 302 with the committee. The Bill will require CA Community Colleges to offer overnight safe parking for homeless students on campuses. More information will be provided as it becomes available.

The meeting adjourned at 2:50pm.