



**Behavioral Health and Campus
Wellness Committee Meeting
Minutes**

**Date of Meeting: November 8, 2018
1:30pm – 3:00 pm**

Co-CHAIRS: Olga Diaz & Izabel Solis

MEMBERS PRESENT: Melissa Grant, Judy Harris, Lori Meyers, Nicole Roe,
Sherry Titus, GI Wilson

MEMBERS ABSENT: Christopher Moore, Kathy Young

Guests: Sergeant Maines, Shauna Moriarty, ASG Representatives (2)

I. Approval of Draft Minutes – October 25, 2018

MSC with one correction – Wilson/Solis

Beginning Dec. 17 through Dec. 19, 2018, the Behavioral Health Offices will be closed.

II. DRC Director/BHWC Membership – Diaz/Solis

MSC – Wilson/Titus

Include DRC Director to BHWC Membership and forward to SSPC as an action item for review and approval.

III. Defining “Crisis” – Diaz/Solis

Discussion was held regarding the definition of “Crisis”. No common definition was reached. Sometimes a crisis presented to counseling isn’t always a “crisis”. It was noted that a screening tool should be created to help staff, faculty and administrators determine the level of crisis being dealt with and where it would be best to refer the students to, Behavioral Health or General Counseling. At the next meeting, Judy will provide the committee with a copy of the printed version of the crisis tool that is currently being used in her office for review and feedback. A recommendation was made to align all crisis intervention tools and policies/procedures throughout the campus so everyone, campus-wide, is familiar with the referral process and procedures as well as offer training to staff through PD so they can be knowledgeable about what to do in the moment of a crisis.

IV. Mental Health Grant Update – Harris

Judy reported that the \$162,000.00 grant money was received for a period of two years. The Behavioral Health Manager will be assigned to oversee the grant. Currently Jim Coil is supporting this effort. The Behavioral Health Manager position has been posted and it is hopeful that the position will be hired by April 2019.

V. Identifying Campus Mental Health & Student Support Assistance – Diaz/Solis

The committee will review the “Red Folder” at the next meeting. It was recommended that a list of resources be added to the Red Folder. The goal is to distribute the Red Folder, crisis tool and referral list at the spring 2019 Plenary.

VI. Other - All

Next week is dedicated to National Hunger and Homelessness Awareness. The Chancellor’s Office has dedicated \$150,000.00 for hunger relief efforts.

The campus is hosting a Food Drive. The Student Services Center will be a drop-off point.

8 turkeys have been donated for an opportunity drawing.

A Shoe Drive is underway. The Counseling Department has donation boxes available.

6 Officers will be sent to PERT (Psychological Emergency Response Training) training.

SWAG will be sponsoring a North County LGBTQ/Safe Zone training on 11/9/18.

A 5th part-time Behavioral Health Counselor will be hired. The Counselor will work at the main campus. Interviews are currently being conducted.

Veterans Services in the Vista County Jail facility is looking into expanding services for inmates to grant them online access.

The meeting adjourned at 3:00pm.