



Behavioral Health and Campus Wellness Committee Meeting

Minutes

Date of Meeting: September 13, 2018
1:30pm – 3:00 pm

Co-CHAIRS: Olga Diaz & Isabel Solis

MEMBERS PRESENT: Melissa Grant, Judy Harris, Lori Meyers, Christopher Moore, Nicole Roe, GI Wilson, Kathy Young

MEMBERS ABSENT: Jim Coil, Xiamara Peredia, Sherry Titus

Guests: Shauna Moriarty

I. Approval of Draft Minutes – May 23, 2018

MSC with 3 abstentions – Harris/Meyers

II. Introductions – Diaz

Interim Dean Olga Diaz introduced herself to the committee as the current Co-chair/Interim Dean of Counseling Services and the committee members each introduced themselves.

III. Peer Educator Update – Harris

Judy reported that SWAG team members, Anjeanette Oberg and Alexis Garcia, were busy working throughout the summer hiring SWAG mentors. To date seven SWAG mentors have completed the hiring packets of which three are federal work study students. Jim Coil is overseeing the Program. Brochures have been completed and the team is working with Lenka in Health Services on activities for the fall 2018 semester. Judy is still waiting on the final work schedules for the mentors and a list of events. Once the team has completed the hiring process she will schedule a time for the mentors to present at one of the BHWC meetings. Judy also reported that the Disability Resource Center offered storage space so that the SWAG Program could keep their supplies here on campus for easy access.

Olga informed the committee that she met with Anjeanette Oberg two months ago regarding the request of Student Equity funds to support the SWAG Program. Olga has requested \$20,000.00 from the Chancellor's Office to assist SWAG and is waiting for a response. Olga also suggested inviting the SWAG Team to the Counseling Services Division and the Student Equity meetings.

IV. Mental Health Grant Update – Harris

- a. Judy reported that the Behavioral Health Assistant Director position was approved by the Governing Board on September 11, 2018. The Chancellor's Office has not released the funds however an extension of the timeline to use the funds can be submitted.
- b. The Kiosks were received in June and are now located at the Escondido, Fallbrook and Rancho Bernardo Centers. The San Marcos Kiosks are still sitting in the Behavioral Health Office.
- c. PHQ9/Patient Health Questionnaire are located at the Behavioral Health and Health Centers for students to complete on an iPad upon check in at both locations.
- d. Tanya Nicholas, Behavioral Health Therapist, has been hired and will be working at the Rancho Bernardo Center on various days from 1:30 – 6pm. Currently there are four behavioral health therapists with the possibility of hiring another adjunct therapist.
- e. Health Services has hired a Student Health Administrative Assistant and will go to the Governing Board for approval at the October 9, 2018 meeting.
- f. October is Mental Health month.

V. Transitions Update – Solis

Isabel reported that 24 students (formerly incarcerated) initially enrolled in the Summer Transitions Program and that 20 students successfully completed the Program. The students attended classes Monday through Thursday over the summer semester and participated in activities on Fridays. Some of the activities offered were a trip to Chicano Park, Museum of Tolerance and a tour to

UCSD. The activities offered each Friday were connected to the previous week's course work. A Transitions Club has been formed here on campus in partnership with CSUSM. Martin Leyva, Kyle Owens and Luis Briseno are the Club Advisors. Currently there are three classes being taught at the Vista Detention Center for the fall 2018 semester. Chief Moore noted that Campus Police supports the Transitions Program.

VI. Other - All

Judy reported that she spoke to Karan Huskey, Counselor and previous Active Minds Club advisor, who informed her that currently the Active Minds Club does not have an advisor so if anyone is interested or know of anyone interested in serving as the Club Advisor please contact Judy or Karan.

Olga reported that the addition of the Student Affairs Supervisor to the BHWC as a voting member was discussed as a first reading at SSPC. It will be moved to a second reading and a vote at the next SSPC meeting then forwarded to SPC for approval.

Olga and Izabel will give an update on the Red Folder at the next BHWC meeting in October.

The meeting adjourned at 2:45pm.