



**Behavioral Health and Campus
Wellness Committee Meeting
Minutes**

**Date of Meeting: November 9, 2017
1:30pm – 3:00 pm**

Co-CHAIRS: Izabel Solis & Brian Stockert

MEMBERS PRESENT: Judy Harris, Lori Meyers, Christopher Moore, Sherry Titus,
Leigh Ann Van Dyke, GI Wilson, Kathy Young

MEMBERS ABSENT: Jim Coil, Xiomara Peredia, Nicole Roe, Izabel Solis, Michelle Tucker

Guests: Chelsea Kott
Lauren Pope
Nayeli Vasquez

I. Approval of Draft Minutes – October 12, 2017

MSC – Titus/Young

II. Civility in Committee Meetings – Stockert

Brian reminded everyone of the importance of being respectful of all committee members and their roles on campus, administrators, faculty and staff.

III. Peer Educator Update – Meyers/Stockert

Lori informed the committee that to date 6 Peer Educators have been selected and are going through the hiring process with H.R. Since student workers must be enrolled in 12 units rather than 6 units as originally thought, V.P. Gonzales and Dean Stockert have approved the students selected, which includes 2 Veterans, to be hired as short-term employees. Training is scheduled for December 1 therefore it is hopeful that the Peer Educators will have completed the hiring process by this date. The Peer Educators will present and promote the Peer Educator Program during the Spring Plenary.

IV. VAWA – Stockert/Kott

Brian reported that a group of individuals met with V.P. Gonzales to discuss VAWA procedures. V.P. Gonzales has approved for Chelsea Kott to take the lead in coordinating the protocols. V.P. Gonzales has asked Brian to work on the liaison coordination and formalize the procedures in writing.

V. Faculty Guideline Booklet – Harris

Judy informed the committee that she has reordered the suicidal pamphlet and has included the Cognito page to the document. It was noted that Cognito should also be added to the BHWC web page if not already on there. Discussion was also held regarding the faculty guideline booklet previously titled “Responding To Distressed or Disruptive Students”. It was suggested that a simple/single page document be created and should include the “Text to Tip Line” (760) 891-6154. Another suggestion was to create a flow chart that faculty and staff can refer to. Next steps include creating a simple flow chart. Chelsea will work on the document with Loren Pope and forward it to the Counseling Services Division Office. Carol will forward the document to the committee members for review.

VI. Workgroup Discussions – All

BH/Personal Counseling Protocol – No report.

Community Resources Workgroup – Sherry reported that the campus has connected with Alliance for food and housing. In addition food can be purchased at the North County Food Bank for 19 cents a pound. Hundreds of pounds of food can be bought for less than \$20. They also offer free bread and produce. Starbucks is providing free recycled items on Thursdays to be distributed. CalFresh is available on various days throughout the week on campus for students to meet with and see if they qualify for assistance.

Campus Training Workgroup – Sherry reported that a list has been compiled of the various trainings available for faculty and staff to access. Keenan has many to choose from. At this time the campus cannot mandate employees to take the trainings. It was suggested to talk to the new VPHR, Dr. Norman, about the possibility of mandating training for employees in particular during the onboarding process.

Formerly Incarcerated Program Workgroup – Lori reported that yesterday the group met with Suzanne Sebring who is heading up the campus' Transition Workgroup. The two groups will combine and work together on the initiative. Currently the Workgroup is discussing a Summer Transition Program for formerly incarcerated students in addition to teaching a Coun 110 class at the Vista jail.

V. Other – All

Brian informed the committee that a formal motion was finalized to add the DRC Director and a Counselor to the BHWC committee membership. Brian will contact the Chair of Committee on Committees to get the status.

A suggestion was made to include someone from the Nursing Department to the BHWC membership.

Carol will email the current list of committee members to everyone.

The meeting adjourned at 3pm.