

Behavioral Health and Campus Wellness Committee Meeting Minutes

Date of Meeting: September 14, 2017 1:30pm – 3:00 pm

Co-CHAIRs: Izabel Solis & Brian Stockert

MEMBERS PRESENT: Judy Harris, Lori Meyers, Nicole Puccio, Nicole Roe, Izabel Solis,

Michelle Tucker, Leigh Ann Van Dyke, GI Wilson, Kathy Young

MEMBERS ABSENT: Jim Coil. Christopher Moore, Sherry Titus,

Guests: Sgt. Maines for Chief Moore Chelsea Kott for Sherry Titus

I. Introductions - Stockert

The committee members introduced themselves and Dean Stockert gave an overview of the Committee's focus and responsibilities.

II. Approval of Draft Minutes – May 11, 2017

MSC - Tucker/Wilson

III. Election of new Co-chair - Stockert

Discussion was held on the need to elect a new co-chair since Apolinar Mariscal is no longer serving on the BHWC. Izabel Solis volunteered to serve as the Co-chair and the committee were all in favor of her appointment.

IV. VAWA Update - Stockert

Brian informed the committee that a VAWA training is scheduled for September 27 & October 4, 2017 from 8:30am – 4:30pm in the Governing Board Room. The focus of the training will be on Liaisons and Points of Contact verses Advocates. Individuals serving in the liaison role will provide resources for students. Individuals serving as points of contact will know who the liaisons are and will contact and refer students to a liaison. It was decided that clinicians will not serve as advocates due to the sensitivity of their licenses.

V. Peer Educator Program - Stockert

Lori Meyers updated the committee on the status of the Peer Educator Program. Anjeanette Oberg and Alexis Garcia will provide training to the Wellness Mentors. The Program was promoted during the first week of this semester and approximately 25 students were interested in serving as a Wellness Mentor. Interviews will be conducted on September 28 & 29 to select Wellness Mentors who will then go through a month long training. The projected start date of the Program is spring 2018 and a webpage will be created. Funding will be provided by SSSP & Health Services.

VI. Initial Discussion of Committee Focus Areas for Current Academic Year – Stockert

The committee discussed the importance of continuing to work on building the webpage and the following areas were discussed and workgroups were formed to focus on for the current academic year:

- 1. Behavioral Health/Personal Counseling Protocol Workgroup Members: Brian, Judy & Izabel
- 2. Community Resources Workgroup Members: Chelsea, Izabel & Sgt. Maines
- 3. Campus Training Workgroup Members: Nicole, Michelle, Sherry & Leigh Ann
- 4. Formerly Incarcerated Program Members: Lori, Patti Petersen, Carol, GI Wilson, Chelsea, Izabel

The workgroups will meet and provide updates on a monthly basis.

VII. Other

Brian reported that Cynthia Cordova, adjunct counselor, is now the Foster Youth Coordinator which is funded by Student Equity.

Judy reported that the 6 visit limit for Behavioral Health Counseling no longer exists and it is now up to the clinician to determine how many sessions a student needs. It's important to note that services offered on campus is still considered a short-term Program since there are only 3 part-time behavioral health counselors currently working.

The meeting adjourned at 3pm.