

# Behavioral Health and Campus Wellness Committee Meeting Minutes

Date of Meeting: March 13, 2014 1:30pm – 3:00 pm

CO-CHAIRs: Brian Stockert & Lori Meyers

MEMBERS PRESENT: Jayne Conway, Lisa Filice, Shayla Fox, Jack Kahn, Carol Lowther, Apolinar E. Mariscal,

Sherry Titus, Tom Ventimiglia

**MEMBERS ABSENT:** Christopher Dillard

I. Approval of Draft Minutes – 2/13/14

MSC- (Titus/Filice) The minutes for February 13, 2014 were approved and accepted into the record as written

## II. Mental Health Counselor Position - Stockert/Meyers

Dean Stockert reviewed criteria for the Mental Health Counselor position with the Committee which included:

Minimum qualifications

Coverage

**Number of counselors** 

Campus coverage (San Marcos, Escondido, and future campuses)

Discussion was held regarding the Mental Health Counselor position.

Dean Stockert and Lori Meyers will bring the minimum qualifications for the adjunct position to the next meeting and start the discussion on the hiring committee.

# III. Best Practices: Post-Secondary Mental Health Counseling Models - Stockert/Meyers

Dean Stockert and Lori Meyers proposed campus visits to University of California Riverside, Santa Ana College, and San Diego City College to explore Mental Health Counseling Models currently available in post-secondary institutions. Campus visits will take place during April. Interest for campus visits will take place the week of March 24<sup>th</sup> via email.

Discussion was held regarding best practices and campus visits.

#### IV. Palomar Cares - Conway

Jayne Conway distributed handouts from the Community College Chancellor's Office which contained information on the student mental health program created for community colleges.

Palomar Cares Campaign handout was distributed to committee members; the Palomar Cares Campaign includes: Prevention, Early Detection, Early Intervention, Behavioral Intervention Team, Crisis, Needs for Implementing Continuum of Care Model, and current resources available at Palomar College.

Discussion was held regarding the Student Health 101 Educational Online Program.

### V. Professional Development and Plenary Opportunities – Titus

Sherry Titus discussed the current Professional Development (PD) opportunities available for faculty which include online training and professional development workshops.

# The meeting adjourned at 3:00pm