

# BENEFITS COMMITTEE MINUTES

April 3, 2019

## A. Call to Order

Dr. Lisa Norman called the meeting to order at 3:03 p.m.

## B. Roll Call

**Members Present**: Cheryl Ashour, Barbara Baer, Ruth Barnaba, Lerina Chmura, Mary Jayne Conway, Bryan Hilton, Tsung Lee, Leann Pell, Jean Ruff, Bernard Sena, Steve Spear

Ex-Officio Members Present: Wendy Corbin, Veronica Sadowski

**Members Absent**: Mike Dimmick, Judy Dolan, Jenny Fererro, Teresa Laughlin, Becky McCluskey, Lesley Williams

Ex-Officio Members Absent: None

Guest: Michael Muheisen, BrightPath Consulting Services, Inc., MD Live Representative

## C. Edit of Minutes

Dr. Norman welcomed the committee and requested introductions because there were new members present. The committee was provided with minutes for the December 5, 2018 meeting and the March 6, 2019 meeting for their review. Concerns were expressed regarding the distribution of the minutes. Dr. Norman stated that this committee did not appear to fall under Brown Act requirements, she also stated that the minutes will not be so detailed moving forward. The committee structure and purpose can be analyzed in the future if needed. A PACRA member asked that the statement about the SISC survey be clarified in the minutes from March 2019.

#### D. Old Business

A CCE representative stated that the ASH online provider list includes chiropractors but not physical therapists. A PACRA experienced claim problems in relation to physical therapy treatment. Dr. Norman announced that SISC mailed a Carrum postcard to all members with claims that may lead to future knee/hip/spine surgery. A MD Live representative provided an overview of the benefits of utilizing the online or tele-health 24/7 benefits for non-emergent care. A member can call an 800#, connect via the computer, or download an application onto their phone. The types of doctors available through this service are: Internal Medicine, Pediatrician, Surgeons and Medical School Doctors. A member can have a prescription submitted to their preferred pharmacy for pick up as long as you are in the United States or Puerto Rico.

# E. New Business

Open Enrollment will likely be moved to the month of August due to ongoing bargaining unit negotiations. TEAM Life will not be hosting the Biggest Loser effort this semester, the challenge this semester will have a more personal wellness focus for the employees who participate.

#### F. Adjournment

The meeting was adjourned at 4:11 p.m.

Next Meeting: April 3, 2019