



BENEFITS COMMITTEE MINUTES

March 2, 2011

A meeting of the Benefits Committee was held on Wednesday, March 2, 2011, at 3:00 p.m., in MB-15.

A. Call to Order

John Tortarolo called the meeting to order at 3:02 p.m.

B. Roll Call

Members Present: Sheila Atkins, Dr. Ken Burns, Phill Cerda (for Jayne Conway), John Goldsworthy, Lisa Hornsby, Phyllis Laderman, Teresa Laughlin, Cheryl McCarron, Christine Moore, Jean Ruff, F. Perry Snyder, John Tortarolo, Michelle Tucker, Colleen Weldele

Ex-Officio Members Present: Lucy Nelson, Tammy Reed (FBC)

Members Absent: Jayne Conway, Dr. Bonnie Dowd, Sandra Nanninga, Dr. Omar Scheidt, Josie Silva,

Ex-Officio Members Absent: Rossanne Wetzel (Keenan)

Guests: Carol Davidson, Helen Cloots, Diana Bishop (all from Kaiser Permanente)

C. Minutes

The February 2, 2011 meeting minutes were approved.

D. Old Business

None.

E. New Business

1. John Tortarolo introduced guests from Kaiser Permanente.
2. The Rolling 12's were distributed to the Committee. The monthly and cumulative totals are looking very good for all plans. In answer to a question, it was reiterated that these figures represent actual claims paid during the month. The turnaround time on claims is approximately ten days to two weeks as the review process is now up to date and current.
3. Carol Davidson, the District's Kaiser account manager, Diana Bishop, and Helen Cloots, Kaiser health education consultants, presented a workplace wellness program. With the health care costs rising dramatically each year, it is becoming even more imperative that wellness become an integral part of our health care plans. Kaiser has a number of programs in place for Kaiser members, but we need to integrate similar programs into the PPO plan. The Kaiser workplace wellness programs can be made available to our PPO membership, but the cost for doing so is undetermined at this time. Kaiser can provide surveys to our employees, and once 100 responses are received, they can craft an assessment of which programs will be most useful. Such programs include "Drive Across America", a healthy living help line, and health education classes based on the District's indicators for chronic conditions. They also suggest that we incorporate healthy options into our cafeteria and vending machines on campus.

The work that the District's TEAM LIFE committee is currently doing can be used as a basis for some of these wellness programs. TEAM LIFE already sponsors weight loss and walking programs as well as other events. The Kaiser reps will likely join forces with TEAM LIFE in the coming months to further promote employee wellness.

F. Adjournment

There being no further business, the meeting was adjourned at 3:56 p.m.

Next Meeting: Wednesday, April 6, 2011 (MB-15)