

COURSE IS OPEN



EMPOWER YOURSELF FOR LIFE

Counseling 120

The Quest for Identity

- Transfers to all CSU's under Area E for General Education
- Meets Multicultural Req. for A.A.
- Meets General Studies Social Sciences AA Degree requirement

Learn how to:

- Discover your purpose and mission in life
- Build high self-esteem and confidence
- Discover your inner strengths and core values
- Increase emotional intelligence and eliminate your mental roadblocks
- Achieve your goals much faster
- Empower your cultural & gender identity
- Bring balance back into your busy life

Fulfills A.A. and CSU General Ed. Requirement , Area E

Fulfills the Multicultural A.A. Degree Requirement

Class #: 70697 Tuesday's 6:00 – 8:50PM

Questions???: Call 744-1150 x2186. Instructor: Tom Ventimiglia

Space is limited. Enroll Now