

FALL 2008 Biggest Loser

Week 8: 11/5

2 weeks till the final weigh-in!

The "Biggest Loser" awards luncheon is scheduled for **Wednesday November 19th** at noon in the Faculty/Staff Lounge. There will be small awards for the 1st, 2nd, and 3rd place team, as well as, an award for the top male and female Biggest losers. We will also have several small gifts to raffle off. We need to know who will be able to attend the luncheon. Please **RSVP** to me (kfalcone@palomar.edu) as soon as possible.

Team Results for this week:

place	Team Name	lbs +/-	% +/-
1st	FAT PACK	-45.1	-5.61%
2nd	WEIGHT NO MORE	-36.5	-5.00%
3rd	FLAB U LESS 4	-34.4	-4.17%
4th	SHRINKY DINKS	-14.6	-2.85%
5th	PSYCHO INDIANS	-17.2	-2.16%
6th	JUST DO IT, DON'T WEIGHT	-13.2	-1.93%
7th	FOUR HUNGRY GIRLS	-12	-1.51%
8th	WANNA-BE MINI-ME	-7.4	-1.13%
9th	FRESH SQUEEZED	-4	-0.68%
10th	FROM FAT TO FLAT	5.8	0.76%

total weight loss -178.6

Join us for Thursday evening walks!
Meet at the clock tower at 4:45pm.
Walk for Life!

TOP MALE LOSERS	TOP FEMALE LOSERS
Ben Moss 7.3%	Susan Rogers 8.89%
Don Clark 6.51%	Jody Hall 8.31%
Evic Oropilla 5.76%	Patti Robinson 6.10%
Robert Riffel 4.87%	Debbie Brewer 5.71%