



TEAM LIFE MINUTES

May 6, 2009

The meeting of the Team Life Committee was held on Wednesday, May 6, 2009 in room SSC-35. Patti Waterman called the meeting to order at 8:30 a.m.

Roll Call

Members Present: Scott Cathcart; John Emerson; Kelly Falcone; Shawna Hearn; Lucy Nelson; Patti Waterman

Members Absent: Jayne Conway; Terri Wallace

Recorder: Shawna Hearn

I. Ongoing Spring Projects

Biggest Loser: The event was a success again with 40-45 participants involved and a total of 247 pounds lost among all participants. Prizes for today's final celebration have already been purchased.

Spring Walk – April 16: 10 employees participated in the “Stepping Out for Spring” walk and received pedometers for participating.

II. Pool Days in May

Water exercise classes will be offered again for employees in May. The proposed dates are May 12 and May 19 at 4:45 p.m. on both days. Shawna will prepare and send out a flyer to all employees.

III. Team Life Room Update

Facilities will begin working on the room after commencement, with the aim for it to be ready to use in September. Kelly, Patti, and John have keys to the room. Kelly will begin working on setting up the testing station over the summer to have it ready to use in the fall.

IV. Budget Update

This item has been deferred to the first meeting of the fall semester due to Terri's absence.

V. Fall Events and Schedule

Biggest Loser: No Biggest Loser event will be held in the fall semester. The committee will likely offer the program again in the spring.

Walking Program: The semester-long walking program will be held from September 16 through November 11, with the final celebration and luncheon on November 18. There will be a \$5.00 fee, and free pedometers will be given to all participants. Prizes will be given at the end to those with the most steps.

Walking Events: One walking event will be offered per semester. The committee discussed holding a Halloween/autumn-themed walk on October 28, and a Poker Walk on Mardis Gras.

VI. 2009-10 Team Life Meeting Dates

The committee will continue to meet on the first Wednesday of each month from 8:30 – 9:30. Lucy will set up the meetings and send Outlook invitations to all committee members.

VII. Adjournment

Patti thanked everyone for another great year. The meeting was adjourned at 9:30 a.m.