



TEAM LIFE MINUTES

March 4, 2009

The meeting of the Team Life Committee was held on Wednesday, March 4, 2009 in room SSC-35. Patti Waterman called the meeting to order at 8:30 a.m.

Roll Call

Members Present: Scott Cathcart; Jayne Conway; John Emerson; Kelly Falcone; Lucy Nelson; Terri Wallace; Patti Waterman

Members Absent: None

Recorder: Shawna Hearn

I. Ongoing Spring Projects

Weekly Walks: Committee members commented that there has been limited participation in the walks. The committee discussed ideas to draw more participants, including sending out more frequent reminders and promoting walking by encouraging employees to meet at either 7:30, 12:00, or 4:45 on their own and walking at their pace instead of Team Life members leading the walks directly. Patti created a new slogan for the walks, "Buddy Up – Step Out," which could be used in the emails and flyers that advertise the walks.

Biggest Loser: 13-14 teams have signed up and are weighing in at Health Services. All participants received the pedometers that Keenan donated. Lucy suggested sending a "thank you" card from Team Life to Keenan to recognize their generosity. The celebration luncheon for this semester will be held on Wednesday, May 6, 2009. Due to the committee's limited budget and fairly high cost of the food for past luncheons, the committee brainstormed other ways of providing food, such as a potluck.

II. Team Life Room

The College has designated room ST-1 for Team Life until the end of the spring 2009 semester. A larger office in the AA/ST building will be available later in the year. Currently, ST-1 has a desk for the computer and enough space for the Polar fitness testing equipment. Terri has donated her old printer to be used in the Team Life room.

III. Budget

Team Life has received about \$250 from Keenan and the Biggest Loser fees. There should be enough funds in the current budget and Foundation monies to cover the cost of the new contract. The Polar software contract costs approximately \$490 per year, and the current contract will expire on April 19, 2009. The committee agreed to request an additional \$1,500 from HRSPC for 2009-2010 to cover anticipated costs, which include the Polar contract, food and prizes for events, and any equipment needs.

The committee discussed alternate ways of providing food at events, since purchasing the food through Aramark has on average cost \$200 per event. Lucy said she would talk to

John Tortarolo about the Aramark contract to see if there are ways to save money or alternate methods of providing food that would cost less.

IV. New Spring Event

Team Life will hold a spring walking event/Easter egg hunt on Thursday, April 9, 2009 at 12:00.

V. Adjournment

The meeting was adjourned at 9:30 a.m.