



TEAM LIFE MINUTES

April 1, 2009

The meeting of the Team Life Committee was held on Wednesday, April 1, 2009 in room SSC-35. Patti Waterman called the meeting to order at 8:30 a.m.

Roll Call

Members Present: Jayne Conway; John Emerson; Kelly Falcone; Shawna Hearn; Lucy Nelson; Terri Wallace; Patti Waterman

Members Absent: Scott Cathcart

Recorder: Shawna Hearn

I. Ongoing Spring Projects

Weekly Walks (Buddy Up – Step Out): About 15 employees are currently reporting their steps on the President’s Fitness Challenge website. During the fall semester, Team Life will hold another 10,000 steps walking promotion and contest for achieving the most steps.

Biggest Loser: The final weigh-in will be held on April 29, and the celebration on May 6. The committee will provide veggies and a fruit tray as healthy snacks, and prizes for the winners. Final team results will be posted on the Team Life website.

Spring Walk – April 9: The date of the walk has been changed to April 16 and will be called “Stepping Out for Spring.” Each Team Life member will recruit a group of three participants to meet at the clock tower, and there will be five stations. Jayne and Shawna will send emails to Administrative Association and CAST to encourage administrators and supervisors to give their employees time to participate in the walk. Shawna will develop and send the flyer to advertise the walk, and Kelly will add information to the website. The emails to promote the walk will also encourage those who are unable to participate in the walk to walk on their own, and the committee will donate free pedometers to those who participate. Terri will work on getting color copies of the campus walking map made and will send a copy to each department to post.

II. Team Life Room

No keys to the room are available yet; the committee will check on the status of the key request submitted to Facilities. Terri will transfer her old printer through Information Services to the room.

III. Budget

The Team Life budget is from the District’s unrestricted fund. Shawna will talk to John Tortarolo about the process for requesting additional funding, and whether the request needs to be approved by the Human Resource Services department or through the Human Resource Services Planning Council.

IV. Adjournment

The meeting was adjourned at 9:30 a.m.