



TEAM LIFE MINUTES

November 5, 2008

The meeting of the Team Life Committee was held on Wednesday, November 5, 2008 in room SSC-35. Patti Waterman called the meeting to order at 8:30 a.m.

Roll Call

Members Present: Scott Cathcart; John Emerson; Kelly Falcone;
Lucy Nelson; Patti Waterman (Chairperson)

Members Absent: Jayne Conway; Shawna Hearn; Terri Wallace

Recorder: Patti Waterman

I. Biggest Loser Luncheon

All Team Life members will bring a gift for the raffle at the luncheon. Patti will bring gift cards for the top three teams and the male and female who lost the most weight. 20 people have responded that they will be attending the luncheon, so Team Life will pay less for food than originally planned.

II. Budget

Team Life has two accounts containing \$600 each. Some ideas for using these funds include ordering four heart monitors and two blood pressure cuffs for weigh-ins and testing with the new fitness equipment.

III. Team Life Events

The committee discussed the success of recent Team Life activities. Only six people participated in the October walking event, probably due to the 90° heat. Patti thanked everyone for their help with the walk. The evening pool event had four participants. John Emerson will continue offering the Thursday evening walks until the end of the semester.

For future events, since only two people participated in the Professional Development workshops, these workshops will not be offered in Spring 2009. Patti and Kelly may give Wellness Center orientations in December during finals week. At the December meeting, the committee will discuss the new walking program that will be offered during the

IV. Adjournment

The meeting was adjourned at 9:30 a.m.