



TEAM LIFE MINUTES

October 7, 2009

The meeting of the Team Life Committee was held on Wednesday, October 7, 2009 in room SSC-35. Patti Waterman called the meeting to order at 8:30 a.m.

Roll Call

Members Present: Scott Cathcart; Jayne Conway; John Emerson; Kelly Falcone; Shawna Hearn; Lucy Nelson; Patti Waterman

Members Absent: Terri Wallace

Recorder: Shawna Hearn

I. Fall Projects

Steppin' Out for Health: 27 employees are participating in the program. Due to some issues with team captains receiving steps reports back from their team members and getting the totals to Kelly on a timely basis, Kelly will now ask for all members to send their results directly to her instead of their captains. John's team only has two participants who will be assigned to other teams to even out the number of members on each team. Team captains will continue to motivate their team members.

The committee discussed the awards luncheon briefly. Shawna will check with Lucy to find out if the faculty/staff lounge has been reserved. At the November meeting, the committee will discuss food and possible prizes in consideration of the committee's budget.

Kelly will send out the first newsletter soon. Committee members indicated that some participants are tracking the amount of weight they have lost in addition to their number of steps; including this information in the newsletters could help further motivate employees to continue their progress throughout the program.

Poker Walk: As indicated at an earlier meeting, the fall poker walk will be held on Wednesday, October 28 at noon and will start at the clock tower. Steppin' Out participants will be invited to attend. Shawna will create a flyer and ask Lucy to reserve the faculty/staff lounge for snacks afterwards.

II. Team Life Room Update

Kelly shared that the fitness testing station is almost ready to use. Steppin' Out participants and Team Life members will be invited to be tested first.

III. Other

Tree of Remembrance: Jayne reminded the committee that October is Breast Cancer Awareness Month. The Tree of Remembrance in honor of those whose lives have been affected by breast cancer will be displayed in the Library beginning on October 14.

H1N1 Flu Update: Jayne indicated that H1N1 shots will be available by the second week of November in Health Services, and the supply should be enough for all employees. 200 seasonal flu shots are currently available, and will only be dispensed to students. The Health Services website has been updated with current information and prevention tips for H1N1. The District is working on developing a policy for handling the epidemic on campus, including student and employee absences.

IV. Adjournment

The meeting was adjourned at 9:30 a.m.