

AJ 92 Basic Police Academy III

- I. Lifetime Fitness
 - A. Elements of fitness
 - 1. Cardiovascular
 - 2. Muscular strength
 - 3. Flexibility
 - 4. Muscular endurance
 - B. Body composition
 - 1. Body fat
 - 2. Nutrition
 - 3. Physical activity
 - C. Nutrition
 - D. Illnesses associated with law enforcement
 - E. Stress management
 - F. Chemical/substance abuse
- II. Firearms / Chemical Agents
 - A. Firearms safety
 - 1. Range rules
 - 2. Officer safety
 - B. Handgun operation
 - 1. Nomenclature
 - 2. Loading/unloading
 - C. Firearm malfunctions
 - D. Shooting mechanics
 - 1. Grip
 - 2. Stance
 - 3. Breath control
 - 4. Sight alignment
 - 5. Trigger control
 - 6. Follow through
 - E. Chemical agents
 - 1. Terminology
 - 2. Capabilities
 - 3. Exposure symptoms
 - 4. Decontamination
 - 5. Deployment
 - 6. Learning Objective
- III. Preliminary Investigations
 - A. Basic preliminary investigation procedures
 - B. Goals of investigation
 - C. Evidence
 - 1. Definition
 - 2. Rules of evidence
 - 3. Preservation
 - 4. Collection
 - D. Interviewing
 - 1. Investigation vs. interrogation
 - 2. Admission vs. confession
 - 3. Interrogation techniques
 - E. First responder investigation of violent crimes
 - 1. Assault

2. Homicide
3. Child abuse
- IV. Controlled Substances
 - A. Crime elements
 - B. Drug classification
 - C. Under the influence
 1. Effects of controlled substances on body
 2. Nerve categories
 - D. How controlled substances are introduced into the body
 - E. Clandestine laboratories
 1. Dangers
 2. Characteristics
 3. Safety precautions
- V. Crimes in Progress
 - A. Responding to crimes in progress
 - B. Safety factors
 1. Body armor
 2. Officer safety
 3. Officer survival
 - C. Responding officers
 1. Primary unit
 2. Supporting units
 - a. Contact/cover
 - b. Communication
 - c. Proper position
 - d. Surroundings
 - D. Strategies and Tactics
 - E. Crime scene perimeters
 - F. Conducting suspect searches
- VI. Vehicle Operations
 - A. Defensive driving
 1. Techniques
 2. Safe driving distances
 3. Effects of speed
 4. Reaction times
 5. Hazards
 - B. Code 3 driving
 - C. Driving techniques
 1. Weight transfer
 2. Shuffle steering
 3. Centrifugal force
 4. Acceleration and deceleration
 5. Roadway position
 6. Threshold steering
 - D. Vehicle skids
 1. Under steer skid
 2. Over steer skid
 3. Locked wheel skid
 4. Acceleration skid
- VII. Gang Awareness
 - A. Street gangs
 1. Characteristics

2. Gang membership
 3. Communication
 - a. Graffiti
 - b. Tattoos
 - c. Specific gang
 - d. Neighborhood or area
- B. Gang Activities
 - C. Enforcement strategies
 - D. Crime trends
 - E. Officer safety