

Palomar College Fitness Center Member Policies and Procedures

1. The Palomar College Fitness Center reserves the right to amend policies, procedures, and prices from time to time as needed.
2. The Palomar College Fitness Center reserves the right to cancel a member's membership and/or membership contract for any or all of the following reasons:
 - o If the member is found guilty of stealing equipment, supplies, money, or any other property of the Palomar College Fitness Center. Fees will not be refunded.
 - o If a member is physically violent towards any other member, student, instructor or staff member in the Fitness Center.
 - o If a member is verbally abusive towards any member, student, instructor or staff member in the Fitness Center.
3. All fees are non-refundable and memberships are transferable with a fee.
4. Member agrees to pay dues, regardless of actual use, until their membership term expires.
5. Members are responsible to give the Palomar College Fitness Center written notices of any and all address changes. Failing to give notice presumes that all communication/billing is received.
6. All members must check in at the front desk prior to exercising.
7. Lockers are for one-day use. Locks and personal items must be removed the same day of use. Members may use the brown lockers also. All items recovered from lockers or found in the facility will be placed in the Lost and Found.
8. The only personal items allowed on the exercise floor are plastic water bottles with water, a towel and walkmans. All gym bags, purses, keys etc. must be placed in a locker. The Palomar College Fitness Center is not responsible for any personal items left at the front desk.
- 9. Member must bring a workout towel, wear closed-toe athletic shoes and a shirt before entering the exercise floor. Jeans and sandals are not permitted.**
10. There is no smoking allowed in any area of the Fitness Center.
11. All children must remain seated at a table and refrain from entering the exercise area. Childcare services are available on campus to students, faculty and staff.
12. Members and guests must be at least 18 years of age. Guests that live in San Diego North County receive three free visits per year. All other guests must pay \$5 per visit. All guests must sign a Liability Waiver Form prior to exercise.
13. The Palomar College Fitness Center urges all members to seek the clearance of their physician if they have suffered any cardiac or pulmonary disease and/or disorder or feel that they would like to seek the advice of their physician prior to starting an exercise program.

I, (please print) _____ fully understand that my participation in the Palomar College Fitness Center is by my own will and may result in accidents, injury or death. I assume the risk connected with my participation in this facility. I specifically agree to indemnify and hold harmless Palomar Community College District from any claim, demand, loss, liability, cost or expense arising out of any neglect, default or omission arising out of my use of the facility or its programs.

Member's Signature _____

Date _____

Staff's Signature _____

Date _____

C O N T I N U E D O N R E V E R S E

Palomar College Fitness Center
Activity Policies

Member Activity hours: Vary and are available upon request

1. The Palomar College Fitness Center reserves the right to amend policies from time to time as needed.
2. Fitness Center activity hours are available to current members only.
3. Activities passes are issued on a daily first come, first serve basis.
4. Fitness Center Activities Passes are not to be used by or given to any other person.
5. Fitness Center activities pass must be logged out, submitted to activities instructor, and returned to the front desk staff upon completion of activity.
6. Loss of the Fitness Center activities pass should be reported to the front desk staff immediately and must be replaced for a \$5 fee.
7. Fitness Center activity participants must adhere to Instructor, Lifeguard, and/or Activities Facility Rules at all times.
8. Although activity sessions are supervised, by using the FC activities pass, you understand that you participate at your own risk. The FC and Palomar College are not to be held responsible.
9. There is no smoking allowed in any area of the activities.
10. The Palomar College Fitness Center urges all members to seek the clearance of their physician if they have suffered any cardiac or pulmonary disease and/or disorder or feel that they would like to seek the advice of their physician prior to starting an exercise program.
11. This agreement as well as the Membership Policies & Procedures represent the entire understanding between the member and the Palomar College Fitness Center.

Member's Signature _____

Date _____

Staff's Signature _____

Date _____

C O N T I N U E D O N R E V E R S E