



Program: *Nutrition Pathways*
(FCS, HE 165 - Fundamentals of Nutrition)

Start Date: June 18, 2005

End Date: August 19, 2005

Program Airs on ETV: **Sunday 2:30 - 5:00am**
Friday Midnight - 2:30am
Monday - Friday 10:00 - 10:30pm

Ch.	Date	Start Time	End Time	Program(s)
ETV	June 19, 2005	2:30 AM	5:00 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	June 20, 2005	10:00 PM	10:30 PM	1: Nutrition Basics
ETV	June 21, 2005	10:00 PM	10:30 PM	2: The Digestive System
ETV	June 22, 2005	10:00 PM	10:30 PM	3: Carbohydrates: Simple and Complex
ETV	June 23, 2005	10:00 PM	10:30 PM	4: Carbohydrates: Fiber
ETV	June 24, 2005	12:00 AM	2:30 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	June 24, 2005	10:00 PM	10:30 PM	5: Fats: The Lipid Family
ETV	June 26, 2005	2:30 AM	5:00 AM	6: Fats: Health Effects 7: Protein: Form and Function 8: Protein: Protein Continuum 9: Metabolism 10: Weight Control: Energy Regulation
ETV	June 27, 2005	10:00 PM	10:30 PM	6: Fats: Health Effects
ETV	June 28, 2005	10:00 PM	10:30 PM	7: Protein: Form and Function
ETV	June 29, 2005	10:00 PM	10:30 PM	8: Protein: Protein Continuum
ETV	June 30, 2005	10:00 PM	10:30 PM	9: Metabolism
ETV	July 1, 2005	12:00 AM	2:30 AM	6: Fats: Health Effects 7: Protein: Form and Function 8: Protein: Protein Continuum 9: Metabolism 10: Weight Control: Energy Regulation
ETV	July 1, 2005	10:00 PM	10:30 PM	10: Weight Control: Energy Regulation



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ETV	July 3, 2005	2:30 AM	5:00 AM	11: Weight Control: Treatment and Health Effects 12: Vitamins: Water Soluble 13: Vitamins: Fat Soluble 14: Major Minerals and Water Soluble 15: Trace Minerals
ETV	July 4, 2005	10:00 PM	10:30 PM	11: Weight Control: Treatment and Health Effects
ETV	July 5, 2005	10:00 PM	10:30 PM	12: Vitamins: Water Soluble
ETV	July 6, 2005	10:00 PM	10:30 PM	13: Vitamins: Fat Soluble
ETV	July 7, 2005	10:00 PM	10:30 PM	14: Major Minerals and Water Soluble
ETV	July 8, 2005	12:00 AM	2:30 AM	11: Weight Control: Treatment and Health Effects 12: Vitamins: Water Soluble 13: Vitamins: Fat Soluble 14: Major Minerals and Water Soluble 15: Trace Minerals
ETV	July 8, 2005	10:00 PM	10:30 PM	15: Trace Minerals
ETV	July 10, 2005	2:30 AM	5:00 AM	16: Physical Activity: Fitness Basics 17: Physical Activity: Beyond Fitness 18: Life Cycle: Pregnancy 19: Life Cycle: Lactation and Infancy 20: Life Cycle: Childhood and Adolescence
ETV	July 11, 2005	10:00 PM	10:30 PM	16: Physical Activity: Fitness Basics
ETV	July 12, 2005	10:00 PM	10:30 PM	17: Physical Activity: Beyond Fitness
ETV	July 13, 2005	10:00 PM	10:30 PM	18: Life Cycle: Pregnancy
ETV	July 14, 2005	10:00 PM	10:30 PM	19: Life Cycle: Lactation and Infancy
ETV	July 15, 2005	12:00 AM	2:30 AM	16: Physical Activity: Fitness Basics 17: Physical Activity: Beyond Fitness 18: Life Cycle: Pregnancy 19: Life Cycle: Lactation and Infancy 20: Life Cycle: Childhood and Adolescence
ETV	July 15, 2005	10:00 PM	10:30 PM	20: Life Cycle: Childhood and Adolescence



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ETV	July 17, 2005	2:30 AM	5:00 AM	21: Life Cycle: Adulthood and Aging 22: Diet and Health: Cardiovascular Disease 23: Diet and Health: Cancer, Immunology and Aids 24: Diet and Health: Diabetes 25: Consumer Concerns and Food Safety
ETV	July 18, 2005	10:00 PM	10:30 PM	21: Life Cycle: Adulthood and Aging
ETV	July 19, 2005	10:00 PM	10:30 PM	22: Diet and Health: Cardiovascular Disease
ETV	July 20, 2005	10:00 PM	10:30 PM	23: Diet and Health: Cancer, Immunology and Aids
ETV	July 21, 2005	10:00 PM	10:30 PM	24: Diet and Health: Diabetes
ETV	July 22, 2005	12:00 AM	2:30 AM	21: Life Cycle: Adulthood and Aging 22: Diet and Health: Cardiovascular Disease 23: Diet and Health: Cancer, Immunology and Aids 24: Diet and Health: Diabetes 25: Consumer Concerns and Food Safety
ETV	July 22, 2005	10:00 PM	10:30 PM	25: Consumer Concerns and Food Safety
ETV	July 24, 2005	2:30 AM	5:00 AM	26: Applied Nutrition 1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber
ETV	July 25, 2005	10:00 PM	10:30 PM	26: Applied Nutrition
ETV	July 26, 2005	10:00 PM	10:30 PM	1: Nutrition Basics
ETV	July 27, 2005	10:00 PM	10:30 PM	2: The Digestive System
ETV	July 28, 2005	10:00 PM	10:30 PM	3: Carbohydrates: Simple and Complex
ETV	July 29, 2005	12:00 AM	2:30 AM	26: Applied Nutrition 1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber
ETV	July 29, 2005	10:00 PM	10:30 PM	4: Carbohydrates: Fiber



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ETV	July 31, 2005	2:30 AM	5:00 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	August 1, 2005	10:00 PM	10:30 PM	1: Nutrition Basics
ETV	August 2, 2005	10:00 PM	10:30 PM	2: The Digestive System
ETV	August 3, 2005	10:00 PM	10:30 PM	3: Carbohydrates: Simple and Complex
ETV	August 4, 2005	10:00 PM	10:30 PM	4: Carbohydrates: Fiber
ETV	August 5, 2005	12:00 AM	2:30 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	August 5, 2005	10:00 PM	10:30 PM	5: Fats: The Lipid Family
ETV	August 7, 2005	2:30 AM	5:00 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	August 8, 2005	10:00 PM	10:30 PM	1: Nutrition Basics
ETV	August 9, 2005	10:00 PM	10:30 PM	2: The Digestive System
ETV	August 10, 2005	10:00 PM	10:30 PM	3: Carbohydrates: Simple and Complex
ETV	August 11, 2005	10:00 PM	10:30 PM	4: Carbohydrates: Fiber
ETV	August 12, 2005	12:00 AM	2:30 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	August 12, 2005	10:00 PM	10:30 PM	5: Fats: The Lipid Family



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Ch.	Date	Start Time	End Time	Program(s)
ETV	August 14, 2005	2:30 AM	5:00 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	August 15, 2005	10:00 PM	10:30 PM	1: Nutrition Basics
ETV	August 16, 2005	10:00 PM	10:30 PM	2: The Digestive System
ETV	August 17, 2005	10:00 PM	10:30 PM	3: Carbohydrates: Simple and Complex
ETV	August 18, 2005	10:00 PM	10:30 PM	4: Carbohydrates: Fiber
ETV	August 19, 2005	12:00 AM	2:30 AM	1: Nutrition Basics 2: The Digestive System 3: Carbohydrates: Simple and Complex 4: Carbohydrates: Fiber 5: Fats: The Lipid Family
ETV	August 19, 2005	10:00 PM	10:30 PM	5: Fats: The Lipid Family