

**PALOMAR COLLEGE**  
**COURSE OUTLINE OF RECORD FOR**  
**DEGREE CREDIT COURSE**

Transfer course     A.A. degree applicable course  
(check all that apply)

**COURSE NUMBER AND TITLE:** PSY/~~SOC~~ 298  
Directed Field Experience I

**UNIT VALUE:** 3

**MINIMUM NUMBER OF SEMESTER HOURS:** 48 and 75 hours of supervised field experience

**BASIC SKILLS REQUIREMENTS:** Appropriate language skills

**ENTRANCE REQUIREMENTS**

**PREREQUISITE:** PSYC/SOC 140 and admission to the Psychological and Social Services Certificate Program

**COREQUISITE:** None

**RECOMMENDED PREPARATION:** None

**SCOPE OF COURSE:**

Supervised field work in various community agencies in the psychological and social service areas. Agencies are selected with regard to student's areas of specialization.

**SPECIFIC COURSE OBJECTIVES:**

Successful students will be able to:

1. conduct effective interviews and perform individualized client assessments.
2. identify and analyze client-presented issues.
3. use effective communication skills in class demonstrations and agency experience providing client services
4. perform the role of small group facilitator, problem-solving issues and guiding group analysis.
5. complete 5 hours per week of supervised field placement, providing satisfactory client services.

**CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:**

- I. **Communication Skills**
  - A. active listening
  - B. nonverbal communication
  - C. “I” Messages
  - D. conflict resolution
  
- II. **Group Facilitation Skills**
  - A. creating atmosphere
  - B. providing structure
  - C. promoting effective communication
  - D. enhancing individual and group awareness
  - E. problem solving
  
- III. **Assessment and Interviewing Techniques**
  - A. identifying client issues
  - B. analyzing appropriate courses
  - C. implementing a behavioral change process

**REQUIRED READING:**

Critical thinking and skills building are developed through role-playing and small group discussion rather than reading/writing.

**SUGGESTED READING:**

Corey, Gerald. Theory and Practice of Group Counseling. New York: Brooks/Cole, 1991.

Fisher, Roger and William Ury. Getting to Yes. New York: Penguin Books, 1987.

**REQUIRED WRITING:**

Written evaluation and records of field placement experiences are required for course completion.

**OUTSIDE ASSIGNMENTS:**

**Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.**

Students are required to work approximately five hours per week for a total of 75 hours during the semester in a supervised field work placement in a social service agency. Time sheets and evaluations by site supervisors must be submitted by the end of the semester to receive credit for the course.

The field placement gives students an opportunity to practice the communication and group facilitation skills demonstrated in class in addition to providing real experience in working in an

agency setting.

**INSTRUCTIONAL METHODOLOGY:**

**Check all that apply:**

- lecture
- laboratory
- lecture-laboratory combination
- directed study

Lectures consist of presentation of basic group interaction and role playing skills. Laboratory component consists of student role-playing and demonstrations of skills.

**DISTANCE LEARNING:**

**This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.**

Yes  No

**If yes, check all that apply.**

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

**GRADING POLICY AND STANDARDS** (include methods of determining whether the stated objectives have been met by students):

To receive a grade for the course, students must attend a minimum of 80% of the class sessions and receive satisfactory ratings on evaluation forms completed by the field experience supervisor for a total of 75 hours of supervised agency experience.

Grades for the course will be based on the following components:

- |  |     |
|--|-----|
| role playing of an intake interview                                      | 20% |
| performance of individualized hypothetical client assessments            | 20% |
| demonstration of communication skills including active listening         | 20% |
| demonstration of skills in mediation of hypothetical conflict situations | 20% |
| performance of skills involved in being a small group facilitator        | 20% |

**IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?**

Yes \_\_\_ No \_\_X\_      Number of times course may be taken for credit: \_1\_\_

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

**CONTACT PERSON:** Barbara. Williams X2342

**SIGNATURES:**

<b>SIGNATURES ON FILE</b>
---------------------------