

**PALOMAR COLLEGE**  
**COURSE OUTLINE OF RECORD FOR**  
**DEGREE CREDIT COURSE**

Transfer course     A.A. degree applicable course  
(check all that apply)

**COURSE NUMBER AND TITLE:** PSYC/SOC 260  
Chemical Dependency Family Counseling

**UNIT VALUE:**            3

**MINIMUM NUMBER OF SEMESTER HOURS:**            48

**BASIC SKILLS REQUIREMENTS:**            Appropriate language skills

**ENTRANCE REQUIREMENTS**

**PREREQUISITE:**    None

**COREQUISITE:**    None

**RECOMMENDED PREPARATION:** PSYC/SOC 150, PSYC/SOC 155,  
and PSYC/SOC 160

**SCOPE OF COURSE:**

**This course is designed to explore methods of assisting significant others (family, employer, etc.) to understand and to cope in dealing with the alcohol and drug abuse of alcoholics and addicts. The approach will be to analyze and examine the ideas and dynamics of those relationships and to develop practice strategies for the worker who counsels these persons. The approach will be experiential in format and students will participate in exercises that lead to the development of these skills.**

## **SPECIFIC COURSE OBJECTIVES:**

Successful students will be able to:

1. describe the characteristics and dynamics of families, couples, and significant others affected by substance use.
2. describe the role of family and friends in reinforcing and in alleviating problems associated with addiction.
3. cite the advantages of assisting individuals into recovery with the use of environmental, peer learning, and social model components.
4. identify and use models of diagnosis and intervention appropriately for clients, their families, and their social context.
5. demonstrate knowledge and skill in assisting families of addicts in their growth and development by using appropriate treatment strategies.
6. design culturally relevant education programs that raise awareness and support substance abuse prevention and the recovery process.

## **CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:**

- I. The Social Systems Approach
  - A. family dynamics
  - B. the social and cultural context of substance abuse
  - C. diagnostic strategies
- II. Therapeutic Use of the Family and Social Context
  - A. co-dependence issues
  - B. peer learning
  - C. intervention strategies
- III. Prevention
  - A. the public health model
  - B. types of prevention: levels of approach

## **REQUIRED READING:**

**Lawson, A. and Lawson, G. Alcoholism and the Family: A Guide to Treatment and Prevention, 2nd edition. Aspen, 1998**

**SUGGESTED READING:** None

**REQUIRED WRITING:** None

**OUTSIDE ASSIGNMENTS:** None

**Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.**

**INSTRUCTIONAL METHODOLOGY:**

**Check all that apply:**

- lecture
- laboratory
- lecture-laboratory combination
- directed study

**DISTANCE LEARNING:**

**This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.**

Yes  No

**If yes, check all that apply.**

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

**GRADING POLICY AND STANDARDS** (include methods of determining whether the stated objectives have been met by students):

Students will complete four examinations to receive credit for the course. Each examination will include multiple-choice questions and essays. These tests will each compose 25% of the final grade for the course.

**IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?**

Yes \_\_\_ No X Number of times course may be taken for credit: 1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

**CONTACT PERSON:** Barbara F. Williams X2342

**SIGNATURES:**

SIGNATURES ON FILE
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