

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: PSYC/SOC 255
Chemical Dependency Case Management

UNIT VALUE: 3

MINIMUM NUMBER OF SEMESTER HOURS: 48

BASIC SKILLS REQUIREMENTS: Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: PSYC/SOC 150, PSYC/SOC 155,
and PSYC/SOC 160

SCOPE OF COURSE:

Techniques used for beginning and crisis counseling, intake interviewing, and referral will be studied and practiced. Attention will be given to the appropriate strategies of intervention, the admitting process, and the recording of information as it pertains to alcohol and drug abuse clients/residents. Though experiential in format, participants will learn and practice skills in attentive listening and recognizing and responding to different levels of client communication. Students will demonstrate knowledge of community resources and how to make appropriate referrals.

SPECIFIC COURSE OBJECTIVES:

Successful students will be able to:

1. demonstrate basic observation and listening skills characterized by warmth, respect, genuineness, and empathy.
2. demonstrate a knowledge of effective interviewing, assessment, treatment planning, referral and documentation processes.
3. describe what is necessary to screen for psychoactive substance toxicity, intoxication, and withdrawal symptoms.
4. be able to determine the client's readiness for treatment.
5. adapt counseling strategies to the individual characteristics of the client.
6. demonstrate skills necessary for crisis intervention.
7. demonstrate an understanding of the addiction professional's obligations to adhere to ethical and behavioral standards of conduct in the helping relationship.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Integrative Model of Chemical Dependency
 - A. family dynamics
 - B. decisions involved in planning
- II. Observation and Listening Skills
 - A. therapeutic characteristics
 - B. identification of client needs and readiness for treatment
- III. Case Management Skills
 - A. interviewing
 - B. assessment
 - C. treatment planning
 - D. documentation
 - E. referral
 - F. crisis intervention
 - G. confidentiality and ethical standards

REQUIRED READING:

**Bislow, G. D. and Bislow, S. A., Psychotherapy in Chemical Dependency Treatment.
Brooks/Cole, 1998**

SUGGESTED READING: None

REQUIRED WRITING: None

OUTSIDE ASSIGNMENTS: None

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
 laboratory
 lecture-laboratory combination
 directed study

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply.

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
 Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
 Two-Way Video Conferencing (Two-way interactive video and audio)
 One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
 Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Students will complete four examinations to receive credit for the course. Each examination will include multiple-choice questions and essays. These tests will each compose 25% of the final grade for the course.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes ___ No X Number of times course may be taken for credit: 1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON: Barbara F. Williams X2342

SIGNATURES:

SIGNATURES ON FILE

*I certify that this course meets all the minimum requirements for A.A. degree applicable courses.

Course outlines of record should be reviewed regularly and revised as necessary.

NOTE: Some revisions to course outlines of record require Curriculum Committee approval, others may not. Please consult your dean or the Instruction Office if you need assistance.