

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: PSYC/SOC 250
Group Leadership and Group Process

UNIT VALUE: 3

MINIMUM NUMBER OF SEMESTER HOURS: 48

BASIC SKILLS REQUIREMENTS: Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: PSYC/SOC 150, PSYC/SOC 155,
and PSYC/SOC 160

SCOPE OF COURSE:

An introduction to the dynamics of group interaction with emphasis upon the individual's firsthand experience as the group studies itself under supervision. The factors involved in problems of communication, effective emotional responses, and personal growth will be highlighted. The emphasis will be upon group process as a means of changing behavior.

SPECIFIC COURSE OBJECTIVES:

Successful students will be able to:

1. identify culturally appropriate models for group counseling of clients with substance abuse disorders.
2. demonstrate skills as a group leader and member.

3. demonstrate a working knowledge of the dynamics of relapse and relapse prevention and how group members can be assisted to recognize them.
4. perform the actions necessary to start a group.
5. demonstrate skills necessary to facilitate the entry of new group members and the transition of exiting members.
6. document individual client behavior within a group in order to assess a treatment plan and make modifications if needed.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Models for Group Counseling
 - A. skills for group leaders
 - B. skills for group members
 - C. issues to address in a group
 - a. the substance abuse process
 - b. denial
 - c. relapse and its prevention
 - D. the integrative perspective
- II. Analysis of the Group Process
 - A. formation of a group
 - B. creating an effective communication environment
 - C. encouragement of personal growth
 - D. dealing with communication problems

REQUIRED READING:

Corey, G. Theory and Practice of Group Counseling, 5th edition. Brooks/Cole, 2000

SUGGESTED READING: None

REQUIRED WRITING: None

OUTSIDE ASSIGNMENTS: None

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
 laboratory
 lecture-laboratory combination
 directed study

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply.

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
 Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
 Two-Way Video Conferencing (Two-way interactive video and audio)
 One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
 Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Students will complete four examinations to receive credit for the course. Each examination will include multiple-choice questions and essays. These tests will each compose 25% of the final grade for the course.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes ___ No X

Number of times course may be taken for credit: 1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON: Barbara F. Williams X2342

SIGNATURES:

SIGNATURES ON FILE
