



- C. Contemporary approaches to understanding
  
- II. Assessment and Diagnosis
  - A. Historical approaches
  - B. Contemporary approaches
  
- III. Types of Mental Disorders
  - A. Anxiety disorders
  - B. Psychotic disorders
  - C. Substance disorders
  - D. Personality disorders
  - E. Childhood/adolescent disorders
  
- IV. Therapeutic Interventions
  - A. Somatic Therapies
  - B. Psychological Therapies

**REQUIRED READING:**

Alloy, Jacobsen and Acocella. Abnormal Psychology: Current Perspectives, 8<sup>th</sup> ed. Boston: McGraw-Hill College, 1999.

**SUGGESTED READING:**

Diagnostic and Statistical Manual of Mental Disorders, 4<sup>th</sup> ed. Washington, D.C., 1994. (or latest edition)

**REQUIRED WRITING:**

1. Four exams containing fill-in and essay components
2. One term paper, with a minimum of 8 pages. The paper should conform to APA (American Psychological Association) format. Students are given a handout that explains the term paper requirements and students are provided an opportunity to examine successful papers from a previous semester. (in Library Instructor Reserve)

**OUTSIDE ASSIGNMENTS:**

**Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.**

1. Complete reading assignments
2. Complete writing assignments
3. Study lecture/discussion notes
4. Library research

**INSTRUCTIONAL METHODOLOGY:**

**Check all that apply:**

- lecture
- laboratory
- lecture-laboratory combination

\_\_\_ directed study

**DISTANCE LEARNING:**

**This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.**

Yes  X  No \_\_\_

**If yes, check all that apply.**

- X  Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- X  Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- \_\_\_ Two-Way Video Conferencing (Two-way interactive video and audio)
- \_\_\_ One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- X  Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

**GRADING POLICY AND STANDARDS** (include methods of determining whether the stated objectives have been met by students):

Each test = 15% of course grade (4 x 15% = 60%)

Paper = 30%

Participation = 10%

Test grades based on the following scale:

- A = 90-100%
- B = 80-89%
- C = 70-79%
- D = 60-69%
- F = 0-59%

**IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?**

Yes \_\_\_ No  X  Number of times course may be taken for credit:  1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

**CONTACT PERSON:** Jay Alperson X2627

**SIGNATURES ON FILE**