

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: PSYC/SOC 150
Introduction to Chemical Dependency

UNIT VALUE: 3

MINIMUM NUMBER OF SEMESTER HOURS: 48

BASIC SKILLS REQUIREMENTS:

Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: PSYC 100, PSYC/SOC 140,
and SOC 100 or SOC 110

SCOPE OF COURSE:

This basic course will provide a historical perspective on alcohol and other psychoactive drug abuse and its impact on the community. An interdisciplinary approach will be used. Topics will include definitions, sociocultural factors related to use and/or abuse, identification of issues and models of dependency and recovery, and analysis of the effectiveness of policies and programs.

SPECIFIC COURSE OBJECTIVES:

Successful students will be able to:

1. list and describe major historical factors influencing societal attitudes towards alcohol and drug use and abuse.

2. describe risk factors that increase and decrease the likelihood for an individual, community, or group to be at risk for, or resilient to, psychoactive substance use disorders.
3. describe the importance of family, social networks, and community systems in the treatment and recovery process, including cultural, ethnic, and life style factors.
4. describe warning signs, symptoms, and the course of substance abuse disorders.
5. understand a variety of models and theories of addiction and other substance related problems.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

I. Scope of the Chemical Dependency Concept

- A. definitions
- B. epidemiology of drug categories

II. Theories of Chemical Dependency

- A. biological
- B. psychological
- C. sociocultural
- D. other approaches

III. Physiological and Behavioral Consequences of Psychoactive Drug Use

- A. opiates
- B. sedative-hypnotics
- C. stimulants
- D. psychedelics and hallucinogens

IV. Intervention

- A. diagnosis
- B. assessment
- C. confidentiality
- D. referrals

V. Treatment

- A. detoxification
- B. residential programs
- C. outpatient programs
- D. pharmacotherapy
- E. maintenance
- F. self-help groups
- G. special populations
- H. dual diagnosis

- VI. Family Systems and Chemical Dependency
 - A. family dynamics
 - B. abuse and co-dependency

- VII. Legislative and Regulatory Measures
 - A. public policy issues
 - B. social issues
 - C. analysis of effectiveness

- VII. Prevention
 - A. educational approaches

REQUIRED READING:

Mc Neece, C. A. and DiNitto, D. M. Chemical Dependency: A Systems Approach. Allyn and Bacon, 1998

SUGGESTED READING: None

REQUIRED WRITING: None

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes _____ No X

If yes, check all that apply.

- _____ Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- _____ Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- _____ Two-Way Video Conferencing (Two-way interactive video and audio)
- _____ One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- _____ Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Students will complete four examinations to receive credit for the course. Each examination will include multiple-choice questions and essays. These tests will each compose 25% of the final grade for the course.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes ___ No X Number of times course may be taken for credit: 1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

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SIGNATURES ON FILE
