

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: PSYC/SOC 140
Introduction to Psychological and Social Services

UNIT VALUE: 3

MINIMUM NUMBER OF SEMESTER HOURS: 48

BASIC SKILLS REQUIREMENTS: Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: PSYC 100 or SOC 100

SCOPE OF COURSE:

Community resources and techniques in the helping professions. Students will gain familiarity with community agencies and their functions, and learn specific techniques useful for working in such settings. Included will be techniques of interviewing, assessment, intervention, and referral. Volunteer work in agencies is required.

SPECIFIC COURSE OBJECTIVES:

Successful students will be able to:

1. identify community resources and helping techniques in the human services field.
2. identify community agencies and their functions for referrals.
3. identify and analyze the effectiveness of specific techniques useful for working in agency settings.
4. use effective communications skills for assessment and interviews.
5. describe the various academic preparations for human services, counseling, and therapy.
6. know a variety of theoretical perspectives for providing helping services.

7. understand the needs for human services and the differing viewpoints for meeting needs of individuals.
8. perform supervised volunteer work in agencies.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

I. Overview of Human Services Field

- A. history
- B. topical issues (drugs, crime, elderly, terminal illness, poverty, disability, etc.)

II. Communication Skills

- A. assessment
- B. interviewing
- C. diagnosis
- D. active listening
- E. conflict resolution skills

III. Theoretical Perspectives in Human Services, Counseling, and Therapy

- A. psychological therapy approaches
- B. sociology
- C. social work
- D. certificate programs

REQUIRED READING:

Burger, W. R. and Youkeles, M. Human Services in Contemporary America, 5th edition. Brooks/Cole, 2000

SUGGESTED READING:

Anderson, R. E., Carter, I., and Lowe, G. R. Human Behavior in the Social Environment: A Social Systems Approach, 5th edition. Aldine De Gruyer, 1999

REQUIRED WRITING:

Written evaluation and records of field placement experiences are required for course completion.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

Three hours per week of supervised volunteer placement is required to allow students to practice intervention strategies learned in the classroom and to further their exposure to the workings of a social service agency.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
 laboratory
 lecture-laboratory combination
 directed study

A lecture/discussion format is utilized to facilitate student input. Additionally, small groups, audio visual materials, student presentations and role-playing exercises, and speakers from local social service agencies are included.

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply.

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
 Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
 Two-Way Video Conferencing (Two-way interactive video and audio)
 One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
 Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Grades are determined by 3 equally weighted topic papers of 20% each and two oral reports weighted 20% each. Verification of 48 hours of volunteer experience and a satisfactory evaluation by the on-site agency supervisor is also required for course credit.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes ___ No X

Number of times course may be taken for credit: 1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON: Barbara F. Williams X2342

SIGNATURES:

SIGNATURES ON FILE
