

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course

(check all that apply)

COURSE NUMBER AND TITLE: Psychology/Sociology 125
Human Sexuality

UNIT VALUE: 3

MINIMUM NUMBER OF SEMESTER HOURS: 48

BASIC SKILLS REQUIREMENTS:

Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Survey of topics pertinent to an understanding of the development of human sexuality. Emphasis on biological, psychological, and cultural determinants of sexual behavior. Current sex norms and various aspects of interpersonal and individual sexual adjustment.

SPECIFIC COURSE OBJECTIVES:

Successful students will be able to apply psychological and sociological research perspectives and use critical thinking skills for the following course objectives:

1. identify sexual anatomy and physiology and recognize their interrelationships
2. understand reproductive physiology and apply these principles to birth control techniques
3. identify the types of sexually transmitted diseases and relate the risks of disease transmission to sexual behaviors
4. understand life span sexual developmental issues and be able to anticipate the impact on adult sexual functioning created by variations in socialization

5. identify the characteristics of sexual arousal and response and apply the principles of nervous system physiology to variations in response
6. analyze the dynamics of love and interpersonal relationships
7. use effective communication skills to understand the perspectives of others, request change, and resolve conflicts
8. understand the characteristics and causes of coercive and exploitive sexual relationships such as rape and molestation

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Overview of sexuality
 - A. Historical and cross-cultural perspectives
 - B. Research methods and problems
- II. Biological Issues
 - A. Male and female anatomy and physiology
 - B. Sexual arousal and response
 - C. Contraception
 - D. Reproduction
- III. Sexual Behavior
 - A. Love and the development of sexual relationships
 - B. Communication in sexual behavior
 - C. Sexual behavior patterns
 - D. Homosexuality
- IV. Sexuality across the life span
 - A. Sexuality during childhood and adolescence
 - B. Sexuality and the adult years
 - C. Sexuality and aging
- V. Sexual Problems
 - A. Sexually transmitted diseases
 - B. Sexual dysfunctions and therapy
 - C. Chronic illness, disability, and sexual adjustment
 - D. Atypical sexual behavior
 - E. Coercive and exploitive sexual relationships

REQUIRED READING:

Instructor option may be exercised in textbook adoption. The following source is considered to be representative of the course scope and objectives:

Crooks, R. and K. Bauer. Our Sexuality. 6th edition. Redwood City, CA: Benjamin Cummings, 1996.

SUGGESTED READING:

Instructor option may be exercised. The following source is considered to be representative:

Bunting, Stephen J., ed. Annual Editions: Human Sexuality. Guilford: Dushkin Publishers Groups, 1996/97.

REQUIRED WRITING:

1-2 essay questions per unit exam; 1-3 typewritten reactions papers, 1-2 pages each.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

Students will engage in activities to fulfil the weekly time requirement by:

- reading the assigned textbook
- studying lecture notes
- preparing for examinations and quizzes
- writing reaction papers and statements

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

- telecourse (not currently available)
- mediated instruction
- computer assisted instruction

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Examination grades may be averaged to determine 100% of the course grade but quizzes or other writing assignments may contribute a significant proportion of the course grade (such as 20%).

A = 90% B = 80% C = 70% D = 60% F = Below 60%

Attendance in class and participation in group exercises are required for continuation in the course.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes No Number of times course may be taken for credit:

If yes, identify specific provision of Title 5 Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable:

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