

Palomar College
Course Outline of Record for Degree Credit Course

X Transfer course X A.A. degree applicable course (check all that apply)

Course Number and Title: NURS 218, Nursing IV

Unit Value: 9 units

Minimum Number of Semester Hours: 320

Basic Skills Requirements: Appropriate Language and Computational Skills

Entrance Requirements

Prerequisite: N217 and N203

Corequisite: None

Recommended Preparation: None

Scope of Course: Builds on the foundation of NURS 217 and NURS 203 expanding nursing practice and critical thinking to incorporate complex decision making. Focus is placed on adapting and managing care for multiple clients with complex and rapidly changing health care needs. During the preceptorship, the student functions as a provider of care, manager of care, and a member of the discipline.

Specific Course Objectives: The successful student will be able to:

1. Compare and contrast the complex nursing management of clients with dysfunctions in health management, activity/exercise, and cognitive/perceptual health patterns.
2. Apply theoretical concepts in the care of multiple clients with complex and rapidly changing health care needs.
3. Utilize complex thinking and complex decision making to demonstrate critical thinking as an integral component in group activities and in the clinical setting.
4. Perform nursing skills related to the theoretical content.
5. Demonstrate math/medication competency in calculations and drug dosages.
6. Identify and analyze the competencies needed for a new graduate nurse in the current health care delivery system.
7. Demonstrate the ability to function as a provider of care, manager of care, and member of the discipline.

Content in Terms of Specific Body of Knowledge:

- I. Alterations In Health Management
 - A. shock
 - B. cancer
 - C. chronic and hospice patient pain
 - D. trauma and multiple system failure (i.e. management of acute cares and chronic care for multiple system failure)
 - E. nursing interventions for acute, unstable clients (i.e. clients in ER)
 - F. burns
 - G. transplants - all types
- II. Activity/Exercise
 - A. acute respiratory dysfunctions (i.e. respiratory failure, adult respiratory distress syndrome, chest trauma, pneumothorax, ...)
 - B. acute cardiac dysfunctions (i.e. myocardial infarction, cardiac failure, arrhythmias, cardiac and vascular surgeries, ...)
 - C. hematological dysfunction
 - D. blood transfusions
- III. Cognitive/Perceptual
 - A. acute neurological dysfunctions (i.e. intracranial trauma, surgery, ...)
- IV. Nursing Leadership
 - A. delegation
 - B. management of multiple complex clients
 - C. member of the interdisciplinary team
- V. Preceptorship - the last four weeks of the semester in various settings.

Required Reading:

- Cox, Helen, et al. Clinical Applications of Nursing Diagnosis: Adult, Child, Women's Psychiatric, Gerontic, and Home Health Considerations. 3rd Edition. Philadelphia: F. A. Davis, 1997.
- Deglin, Judith et al. Davis' Drug Guide for Nurses. 6th Edition. Philadelphia: F. A. Davis, 1999.
- Ellis, Janice and Celia Hartley. Managing and Coordination Nursing Care. 2nd Edition. Philadelphia: Lippincott, Williams, & Wilkens, 1995.
- Ellis, Janice and Celia Hartley. Nursing in Today's World: Challenges, Issues, and Trends. 6th Edition. Philadelphia: Lippincott, Williams, & Wilkens, 1998.
- Kee, Joyce L. Laboratory and Diagnostic Tests with Nursing Implications. 5th Edition. Stamford, CT: Appleton & Lange, 1998.
- Lewis, Sharon, Idolia Collier, and Margaret Heitkemper. Medical Surgical Nursing: Assessment and Management of Clinical Problems. 4th Edition. St. Louis: Mosby, 1996.
- Phillips, Lynn. Manual of IV Therapeutics. 2nd Edition. Philadelphia: F. A. Davis, 1997.
- Potter, Patricia and Anne Griffin Perry. Fundamentals of Nursing: Concepts, Process, and Practice. 4th Edition. St. Louis: Mosby, 1997.
- A pharmacology book of your choice

Suggested Reading:

Care Plan Books (on library reserve):

- Doenges, Marilyn and Mary Frances Moorhouse. Nursing Care Plans. 3rd Edition. Philadelphia: F. A. Davis, 1993.
- Ulrich, Susan, et al. Medical-Surgical Nursing Care Planning Guides. Philadelphia: W. B. Saunders, 1994.
- Dirksen, Shannon. Clinical Companion to Medical-Surgical Nursing. St. Louis: Mosby, 1996.
- Eliopoulos, Charlotte. Gerontological Nursing. 4th Edition. Philadelphia: Lippincott, Williams, & Wilkens, 1997.
- Fortinash, Katherine and Patricia Holoday-Worret. Psychiatric Mental Health Nursing. St. Louis: Mosby, 1996.
- Hunt, Roberta and Eileen Loy Zurek. Introduction to Community Based Nursing. Philadelphia: Lippincott, Williams, & Wilkens, 1997.
- Lilley, Linda and Robert Aucker. Pharmacology and the Nursing Process. 2nd Edition. St. Louis: Mosby, 1998.
- O'Brien, Patricia. Study Guide for Lewis' Medical Surgical Nursing. 4th Edition. St. Louis: Mosby, 1996.
- Pickar, Gloria D. Dosage Calculations. 6th Edition. Albany: International Thompson Publishing, 1999.
- Rice, Robyn. Home Health Nursing Practice: Concepts and Application. 2nd Edition. St. Louis: Mosby, 1996.
- Silverman, Jay, Elaine Hughes, and Diana Wienbroer. Rules of Thumb. 4th Edition. New York: McGraw-Hill, 1999.

Required Writing:

1. A six-page geriatric assessment and discharge plan is completed on a form specifically designed for this project. An older adult client is interviewed and assessments are made on the client's life style, functional ability, and patterns of aging prior to hospitalization. A plan for discharge is then developed requiring the student to research various community agencies that would be appropriate referrals for the client.
2. Weekly assessment sheets are written on a four-page form and then a 2-3 page care plan is developed based upon the assessment and the care provided.
3. A 5-10 page graded nursing care plan is written. It requires the application of theoretical principles to analyze a client's nursing problems and develop an appropriate plan of care.
4. A one page weekly clinical journal is submitted. It includes the student's daily clinical goals and a self-evaluation.

Outside Assignments:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

1. Outside assignments include required readings from course textbooks, writing assignments, library supplemental readings, videos, and computer programs in the LRC.
2. Practice nursing skills in the campus lab.

Instructional Methodology:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

- telecourse
- mediated instruction
- computer assisted instruction

Grading Policy and Standards (include methods of determining whether the stated objectives have been met by students):

- 60% course grade = Unit Exams
- 26% course grade = Final Exam
- 7% course grade = Written/Group Work
- 7% course grade = Graded Care Plan

A separate exam on math/medication competency will be given. The score from the math/medication exam will not be included in the total points for the class. A score of a least 90% must be received in order to pass N218. A score of less than 90% proficiency is needed to pass this course.

The student will be required to perform randomly selected campus lab skills with 100% accuracy. The student has a maximum of three opportunities to pass each skill test. The student must pass the campus lab skills tests or a substandard grade for the course will be assigned.

Is course repeatable for reason(s) other than deficient grade?

Yes No Number of times course may be taken for credit 1

If yes, identify specific provision of Title 5 Division 2 section(s) 55761-55763 and 58161 that qualifies course as repeatable:

Contact Person: Kathleen Clyne, RN, MS, Chairperson, Associate Professor ex. 2587

SIGNATURES ON FILE