

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

 X Transfer course X A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: NURS 217 Nursing III

UNIT VALUE: 9 units

MINIMUM NUMBER OF SEMESTER HOURS: 304

BASIC SKILLS REQUIREMENTS: Appropriate Language and Computational skills

ENTRANCE REQUIREMENTS

PREREQUISITE: NURS 118
or
Admission to the Associate Degree Nursing Program (LVN to RN)
or
Admission to the Non-Degree Program LVN-RN (30-Unit Option)

COREQUISITE: NURS 203

RECOMMENDED PREPARATION: None

SCOPE OF COURSE: Builds on the foundation of NURS 118 or NURS 110 as a process for the development of complex thinking. This course has a dual focus. One focus is placed on the care of adult/geriatric clients with multiple and chronic health problems. The other focus is placed on the care of adolescent, adult, and/or geriatric clients with psychiatric mental-health problems. Concepts are expanded to include identification, prioritization, and interventions for clients who have unpredictable outcomes or who demonstrate changes in health status. Collaboration with other health team members when modifying client's care is incorporated. The role of the nurse expands to include being a manager of a group of clients.

SPECIFIC COURSE OBJECTIVES: The successful student will:

1. Compare and contrast the nursing management of adolescent, adult, and geriatric clients with multiple acute and chronic physical or mental health dysfunctions.
2. Identify and prioritize the nursing care for a group of clients with dysfunction in health perception/health management, activity/exercise, cognitive/perceptual, coping/stress tolerance, nutritional/metabolic and elimination health patterns.
3. Apply theoretical concepts in the care of clients with multiple acute and/or chronic health problems with unpredictable outcomes or changes in their health status.
4. Compare and contrast the nursing management of clients with acute and chronic psychiatric/mental health dysfunctions in health management, coping/stress tolerance, self-perception/self-concept and value-belief health patterns.
5. Provide nursing care to clients in a variety of settings, incorporating culture, ethnicity, age, socioeconomic criteria, and clients' varied abilities to function.

6. Collaborate with other health team members when modifying client's care.
7. Manage the nursing care of a group of clients with multiple acute and chronic health problems.
8. Apply principles of complex critical thinking as an integral component in group activities and in the clinical setting.
9. Perform nursing skills related to the theoretical content.
10. Utilize therapeutic communication when caring for clients with multiple acute and chronic psychiatric/mental health problems.
11. Demonstrate medication/math competency in calculation and drug dosages.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

Psychiatric/Mental Health:

1. Introduction to Psychiatric Mental Health Nursing: Foundations of mental health and mental disorders incorporating culture, ethnicity, age, socioeconomic criteria, and clients' varied abilities to function.
2. Therapeutic Communication for clients with multiple acute and chronic psychiatric mental-health problems.
3. Alteration in Health Management:
 - a. Mood Disorders.
 - b. Schizophrenia.
 - c. Personality and Anxiety Disorders.
4. Coping/Stress Tolerance:
 - a. Grief and Loss related to Crisis Intervention.
 - b. Alcohol and chemical dependency.
5. Self Perception/Self Concept: Children/Adolescents/Gero-psychiatrics.
6. Values/Beliefs:
 - a. Social and Sexual Deviance.
 - b. Nursing and the Law related to Psychotherapeutic Intervention.

Gero Med/Surg:

1. Health Perception/Health Management:
 - a. Complex gero assessment.
 - b. Home care.
 - c. Assisted Living.
 - d. Discharge planning.
2. Activity/Exercise:
 - a. Acute Rehabilitation (spinal cord).
 - b. Chronic vents.
3. Cognitive/Perceptual:
 - a. Complex Neurological (Cerebral Vascular Accident and Headache).
 - b. Spinal cord and peripheral nervous system dysfunction.
4. Coping/Stress Tolerance: Elderly drug use and abuse.
5. Manager of care for a group of clients in home care, long-term facilities, and rehabilitation units.

Acute Medical Surgical:

1. Nutritional/Metabolic:
 - a. Acid-base Imbalances.
 - b. Arterial Blood Gases.
 - c. IV Therapy.
 - d. Total Parenteral Nutrition.
2. Elimination:
 - a. Renal Failure.

- b. Nephritis and Calculi.
 - c. Renal Tumors.
3. Activity/Exercise:
- a. Amputations.
 - b. Lumbar Laminectomies.
 - c. Total Knee Replacements.
4. Alterations in Health:
- a. Liver dysfunction (hepatitis and cirrhosis).
 - b. Acute endocrine (except Diabetes Mellitus) and Pancreatic dysfunction (pancreatitis).
 - c. Immune dysfunction's (HIV/AIDS, lupus).

REQUIRED READING:

- Cox, Helen C., et al. Clinical Application of Nursing Diagnosis: Adult, Child, Women's, Psychiatric, Gerontic, and Home Health Considerations. 3rd Edition. Philadelphia: F. A. Davis, 1997.
- Deglin, Judith H. and April H. Vallerand. Davis' Drug Guide for Nurses. 7th Edition. Philadelphia: F.A. Davis, 2001.
- Eliopoulos, Charlotte. Gerontological Nursing. 4th Edition, Philadelphia: Lippincott, Williams, & Wilkens, 1997.
- Fortinash, Katherine and Patricia Holoday-Worret. Psychiatric Mental Health Nursing. 3rd Edition. St. Louis: Mosby, 2000.
- Fortinash, Katherine and Patricia Holoday-Worret. Psychiatric Nursing Care Plans. 3rd Edition. St. Louis: Mosby, 1998.
- Gordon, Marjorie. Manual of Nursing Diagnosis. 9th Edition. St. Louis: Mosby, 2000.
- Kee, Joyce L. Laboratory and Diagnostic Tests with Nursing Implications. 5th Edition. Norwalk, CT: Appleton and Lange, 1998.
- Lewis, Sharon M., Idolia C. Collier, and Margaret M. Heitkemper. Medical Surgical Nursing: Assessment and Management of Clinical Problems. 5th Edition. St. Louis: Mosby, 1999.
- Lilley, Linda and Robert S. Aucker. Pharmacology and the Nursing Process. 2nd Edition. St. Louis: Mosby, 1998.
- Potter, Patricia A. & Anne Griffin Perry. Fundamentals of Nursing: Concepts, Process, and Practice. 5th Edition. St. Louis: Mosby, 2000.

SUGGESTED READING:

- Doenges, Marilyn and Mary Frances Moorhouse. Nursing Care Plans. 3rd Edition. Philadelphia: F. A. Davis, 1993.
- Sparks, Sheila and Cynthia Taylor. Nursing Diagnosis Reference Manual. 3rd Edition. Philadelphia: Springhouse, 1995.
- Ulrich, Susan, et al. Medical-Surgical Nursing Care Planning Guides. Philadelphia: Saunders, 1994.
- Hunt, Roberta and Eileen Loy Zurek. Introduction to Community Based Nursing. Philadelphia: Lippincott, Williams, & Wilkens, 1997.
- Metheny, Norma. Fluid and Electrolyte Balance: Nursing Considerations. 3rd Edition. Philadelphia: Lippincott, Williams, & Wilkens, 1996.
- Rice, Robyn. Home Health Nursing Practice: Concepts and Application. 2nd Edition. St. Louis: Mosby, 1996.
- Silverman, Jay, Elaine Hughes, and Diana Weinbroer. Rules of Thumb: A Guide for Writers. 4th Edition. New York: McGraw-Hill, 1999.
- Appropriate current articles on the content that will be updated each semester to remain current.

REQUIRED WRITING:

1. A three to five page patient care plan is required during the clinical rotation. The writing assignment is completed on a form specifically designed for the task. The rationale for the interventions and the problems are written in paragraph form.
2. Weekly assessment sheets are written on a four-page form that includes a multicultural assessment.
3. Submit a written evaluation of the clinical experience and reports from the community settings. Approximate length is one to three pages.
4. Two to three page written patient-teaching plan.
5. Weekly objectives and journal entries.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

1. Outside assignments include required readings from course textbooks, writing assignments, library supplemental readings, video and computer programs in the LRC.
2. Practice nursing skills in the campus lab.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply.

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

1. A math/medication competency test will be given. A 90% score is required in this test. If a score of less than 90% is achieved, a second test will be given. The second test must be passed with a 90% proficiency to pass this course.
2. The student will be required to perform randomly selected campus lab skills with 100% accuracy. The student has a maximum of three opportunities to pass each skill test. The student must pass the campus lab skills tests or a substandard grade for the course will be assigned.
3. The student must pass the clinical laboratory section of the course or a substandard grade for the course will be assigned.
4. There are three unit examinations. In addition to the unit examinations there is a comprehensive final examinations. Students must attain a total of 202 points from possible 289 points from all examinations (70% of total examination points), irrespective of the total points earned, to pass nursing 217.
5. A total of 370 points may be earned for the course. The points are derived from the following:

| | |
|-------------------------------------|-----|
| 6 Quizzes | 54 |
| 3 Learning Unit Exams | 135 |
| Written and Group Projects | 30 |
| Client Care Plans | |
| Graded Careplan | 20 |
| Weekly Careplans (5 pts. each) | 30 |
| Final Exam | 100 |
| Documentation of Skill Video-Tested | 1 |
| Total Points | 370 |

Letter grades will be assigned according to the following percentages:

| | | |
|-------------|---|-------------|
| 370 – 333 | A | (90 – 100%) |
| 332 – 296 | B | (80 – 89%) |
| 295 – 259 | C | (70 – 79%) |
| 258 – 222 | D | (60 – 69%) |
| 221 or less | F | (<60%) |

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes ___ No X Number of times course may be taken for credit: ___

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON: Kathleen G. Clyne Chairperson/Associate Professor, ext. 2587

SIGNATURES ON FILE