

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer Course A.A. Degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: NURS 140 Adult Health Assessment

UNIT VALUE: 1.5 units

MINIMUM NUMBER OF SEMESTER HOURS: 48 hours

BASIC SKILLS REQUIREMENTS: Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE: Basic concepts of health assessment to include interviewing and assessment techniques used to obtain a comprehensive health history from an adult and relating findings to the nursing process. Transcultural and adult developmental stage considerations are also included.

SPECIFIC COURSE OBJECTIVES: Successful students will:

1. Describe health assessment including both data collection and analysis.
2. Obtain a comprehensive health history that includes transcultural and adult developmental considerations.
3. Develop skills needed to perform a complete adult physical examination.
4. Document assessment findings correctly.
5. Differentiate between normal and abnormal findings detected during a physical assessment and relate this data to the nursing process.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Assessment for Health and Illness.
- II. Adult Developmental Assessment.
- III. Interviewing Techniques.
- IV. Assessment of Health History.
- V. Mental Health Assessment.

- VI. Nutritional Assessment.
- VII. Assessment Techniques.
- VIII. Skin, Hair, and Nail Assessment.
- IX. Eyes and Ears Assessment.
- X. Nose, Mouth, and Throat Assessment.
- XI. Breast Assessment.
- XII. Respiratory Assessment.
- XIII. Cardiovascular Assessment.
- XIV. Abdominal Assessment.
- XV. Musculoskeletal Assessment.
- XVI. Neurological Assessment.

REQUIRED READING:

Jarvis, Carolyn, Robinson, Kris, and Mansen, Thom. Jarvis: Physical Examination and Health Assessment. 4th Edition. Philadelphia: Saunders, 2003.

SUGGESTED READING: None

REQUIRED WRITING:

A minimum of 5-6 pages of writing will be completed for an adult health history and weekly assessment write-ups on various body systems.

OUTSIDE ASSIGNMENTS:

1. Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.
2. Outside assignments include required readings from course textbook, studying lecture/laboratory notes, completing assessments, practicing skills, and viewing videos in the Learning Resource Center.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply:

Television Course (Video one-way, e.g. ITV, video cassette, etc.)

- _____ Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- _____ Two-Way Video Conferencing (Two-way interactive video and audio)
- _____ One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- _____ Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students): The objectives will be tested through several quizzes and a comprehensive final examination. In addition a health history will be written and weekly assessment write-ups.

Health History	10%
Assessment Sheets	40%
Quizzes	30%
Final Examination	20%

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes _____ No X Number of times course may be taken for credit: 1

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON: Kathleen G. Clyne, Chairperson/Associate Professor, ext 2587.

SIGNATURES ON FILE