

Palomar College
Course Outline of Record for Degree Credit Course

X Transfer course X A.A. degree applicable course (check all that apply)

Course Number and Title: NURS 118, Nursing II

Unit Value: 9 units

Minimum Number of Semester Hours: 304

Basic Skills Requirements: Appropriate language and computational skills

Entrance Requirements

Prerequisite: NURS 117, Nursing I; NURS 103, Nursing Foundation I

Corequisite: None

Recommended Preparation: None

Scope of Course: Builds on the foundation of Nursing 117 with the application of the nursing process and critical thinking in the care of the childbearing family, pediatric client, and medical surgical clients. Concepts are expanded to include the recognition of changes in clients with predictable outcomes and the utilization of appropriate interventions. Emphasis is placed on client teaching, collaboration with family members, and shared decision-making. There is a continuing emphasis on the role of the nurse as a provider of care and member of the discipline.

Specific Course Objectives: The successful student will be able to:

1. Explain the physiological, psychosocial, and environmental factors that influence growth and development through the life span (fetal development through adulthood).
2. Compare and contrast the nursing management of clients with predictable outcomes across the life span with dysfunction in health perception/health management, activity/exercise, elimination, cognitive/perceptual and sexuality/reproductive health patterns.
3. Apply theoretical concepts and the nursing process in the care of clients across the life span including recognition of changes and the utilization of appropriate nursing intervention.
4. Apply principles of critical thinking in-group activities and in clinical decision-making.
5. Perform nursing skills related to the theoretical content.
6. Demonstrate medication/math competency in calculation and drug dosages.
7. Identify factors that enhance coordination and collaboration with clients and family members to facilitate integrated client care.

Content in Terms of Specific Body of Knowledge:

1. Health Perception/Health Management for the family with predictable outcomes.
 - a. Family influence and community based nursing.
 - b. Communication with children and families.
2. Health Perception/Health Management for the client having surgery.
 - a. Perioperative nursing care, common complications of surgery, and acute pain.
3. Health Perception/Health Management for the Childbearing Family.
 - a. Pregnancy and childbirth.
 - b. Cultural and psychosocial considerations related to children, birth, and families.
 - c. Growth and development.
4. Health Perception/Health Management.
 - a. Teaching children and families.
 - b. Impact of chronic illness, disability, or death on the child and family.
 - c. Child Maltreatment.
5. Activity/Exercise Pattern
 - a. Acute respiratory dysfunction-infant to adult.
 - b. Pediatric cardiac dysfunction.
 - c. Musculoskeletal dysfunction-infant to adult.
6. Cognitive/Perception Pattern
 - a. Neurological dysfunction-infant to adult.
 - b. Common visual and hearing dysfunction.
7. Elimination Pattern
 - a. Gastrointestinal dysfunction - infant to adult
 - b. Genitourinary dysfunction - infant to adult
8. Sexuality/Reproductive Pattern
 - a. Female reproductive dysfunction, breast disorders, and sexually transmitted diseases.
 - b. Complications of pregnancy.
 - c. Male reproductive dysfunction.

Required Reading:

- Ball, Jane and Ruth Bindler. Pediatric Nursing. 2nd Edition. Stamford Connecticut: Appleton and Lange, 1999.
- Cox, Helen C., et al. Clinical Application of Nursing Diagnosis. 3rd Edition. Philadelphia: F. A. Davis, 1997.
- Deglin, Judith H. and April H. Vallerand. Davis' Drug Guide for Nurses. 6th Edition. Philadelphia: F. A. Davis, 1999.
- Gordon, Marjorie. Manual of Nursing Diagnosis. 8th Edition. St. Louis: Mosby, 1997.
- Kee, Joyce L. Laboratory and Diagnostic Tests with Nursing Implications. 5th Edition. Los Altos: Appleton and Lange, 1998.
- Ladewig, Patricia W., Marcia L. London, and Sally B. Olds. Essentials of Maternal Newborn Nursing. 5th Edition. Redwood City: Addison-Wesley-Longman, 1998.
- Lewis, Sharon M., Idolia C. Collier, and Margaret M. Heitkemper. Medical Surgical Nursing: Assessment and Management of Clinical Problems. 5th Edition. St. Louis: Mosby, 1999.
- Lilley, Linda and Robert S. Auckman. Pharmacology and the Nursing Process. 2nd Edition. St. Louis: Mosby, 1998.

O'Brien, Patricia. Study Guide for Lewis' Medical Surgical Nursing. St. Louis: Mosby, 1999.
Potter, Patricia A. and Anne G. Perry. Fundamentals of Nursing. 4th Edition. St. Louis: Mosby, 1997.

Computer Assisted Instruction (CAI)

"Nurse Procalc" basic skills math calculation computer program is in the Learning Resource Center for required viewing.

Suggested Reading:

Silverman, Jay, Elaine Hughes, and Diana Wienbroer. Rules of Thumb: A Guide for Writers. 4th Edition. New York: McGraw-Hill, 1999.

Speedy Spanish for Nursing Personnel. Santa Barbara CA: Baja Books, 1988.

Required Writing:

1. Family/Child Teaching Project
2. Client Care Plan.
3. Collaborative Written Project

Outside Assignments:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments.

1. Outside assignments include required readings from course textbooks, writing assignments, library supplemental readings, videos, and computer programs in the LRC.
2. Practice nursing skills in the campus lab.

Instructional Methodology:

Check all that apply:

- lecture
 laboratory
 lecture-laboratory combination
 directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

- telecourse
 mediated instruction
 computer assisted instruction

Grading Policy and Standards (include methods of determining whether the stated objectives have been met by students):

- 57% Course grade = Unit Exams
- 24% Course grade = Final Exam
- 14% Course grade = Written/Group Work
- 5% Course grade = Graded Client Care Plan

A separate exam on math/medication competency will be given. The score from the math/medication exam will not be included in the total points for the class. A score of at least 90% must be received in order to pass N118.

Each student will be required to perform selected campus lab skills each semester with 100% accuracy as outlined in the course syllabus. If a student performs the selected skill with less than 100% accuracy, a failure will be recorded for that test and a retake time will be assigned. If a student fails a Random Selection *Skill, all skills offered in that group of skills will be tested and must be passed with a 100% accuracy. The student has a maximum of three opportunities to pass each skill test. The student must pass all campus lab skills tested or a substandard grade for the course will be assigned.

Is course repeatable for reason(s) other than deficient grade?

Yes No Number of times course may be taken for credit 1

If yes, identify specific provision of Title 5 Division 2 section(s) 55761-55763 and 58161 that qualifies course as repeatable:

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SIGNATURES ON FILE