

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

 X Transfer course X A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: NURS 103 Nursing Foundation I

UNIT VALUE: 2 units

MINIMUM NUMBER OF SEMESTER HOURS: 32 hours

BASIC SKILLS REQUIREMENTS: Appropriate Language Skills

ENTRANCE REQUIREMENTS

PREREQUISITE: Admission to the Associate Degree Nursing Program

COREQUISITE: NURS 117 Nursing I

RECOMMENDED PREPARATION: None

SCOPE OF COURSE: Provides an introduction to critical thinking as a method of exploring issues related to the nursing role as a provider of care and as a member of the discipline. Concepts essential for nursing practice and functional health patterns are examined. The nursing process as a foundation for nursing practice is introduced. Nursing concepts are examined from a historical, educational, ethical, and legal focus. Multicultural considerations including gender, culture, ethnicity, sexuality, and age are applied to the provision of effective nursing care. These concepts are introduced at a beginning level for a provider of care and a member of the discipline.

SPECIFIC COURSE OBJECTIVES: The successful student will be able to:

1. Identify definitions, characteristics, and skills needed to apply critical thinking in the role of the nurse.
2. Explain the nursing process and plan of care using a functional health patterns focus.
3. Identify the role of the nurse as a provider of care and member of a discipline.
4. Identify legal and ethical concepts as provider of care and member of a discipline.
5. Explain communication techniques utilized in nurse-client relationships.
6. Identify concepts for human functioning and its relationship to nursing.
7. Develop a holistic understanding of cultures within various health care settings in order to foster tolerance of diversity and respect for clients with gender, culture, ethnic, sexual, and age differences.
8. Utilize critical thinking to compare and analyze the differences between multicultural groups.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

The content will cover:

1. The nurse's role as provider of care:
 - a. Introduction to critical thinking.
 - b. Introduction to functional health patterns.
 - c. Introduction to nursing process.
 1. Concepts essential for human functioning relating to the nursing role.
 2. Health and wellness.
 3. Lifespan development.
 4. Multicultural issues related to health care.
 5. Individual, family, and community.
 - d. Introduction to communication in nurse-client relationship.
 1. Therapeutic communication.
 2. Client teaching.
 - e. Organization of client care.
2. The nurse's role as a member of a discipline:
 - a. Historical evolution of modern nursing.
 - b. Basic legal and ethical issues.
 1. Introduction to the Nursing Practice Act.
 - c. Cost effective care.
 - d. Communication role of a nurse.
 1. Verbal skills.
 2. Written skills.

REQUIRED READING:

- Potter, Patricia A. & Anne Griffin Perry. Fundamentals of Nursing: Concepts, Process, and Practice. 5th Edition. St. Louis: Mosby, 2000.
- Ochs, GERALYN. Study Guide to Accompany Potter & Perry, Fundamentals of Nursing. 4th Edition. St. Louis: Mosby, 1997.
- Silverman, Jay, Elaine Hughes, and Diana Wienbroer. Rules of Thumb: A Guide for Writers. 4th Edition. New York: McGraw-Hill, 1999.
- Instructor Handouts: Case Studies with a multicultural focus.

SUGGESTED READING:

- Cox, Helen, et al. Clinical Applications of Nursing Diagnosis: Adult, Child, Women's, Psychiatric, Gerontic, and Home Health Considerations. 3rd Edition. Philadelphia: F.A. Davis, 1997.

REQUIRED WRITING:

1. A two to three page multicultural paper is required. The Heritage Assessment Tool is to be completed on someone of the student's own culture and someone of a different culture. The student will analyze the data collected for similarities and differences using a critical thinking approach.
2. A three to five page patient care plan on a simulated client is required. The writing assignment is completed on a form specifically designed for the task. The rationale for the interventions and the problems are written in paragraph form.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

Outside assignments include required readings from course textbooks, writing assignments, library supplemental readings, videos, and computer programs in the LRC.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply.

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Mid-term Exam	50
Final Exam	50
Quizzes	20
Client Care Plan	15
Multicultural Paper	10
Group Process	5
Total Points	150

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes No Number of times course may be taken for credit:

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON : Kathleen Clyne, Chairperson, Department of Nursing Education, ext. 2587

SIGNATURES ON FILE