

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

X Transfer Course X A.A. Degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: IFS 120 Introduction to Child Nutrition

UNIT VALUE: 1.0

MINIMUM NUMBER OF SEMESTER HOURS: 16

BASIC SKILLS REQUIREMENTS:

Appropriate language skills.

ENTRANCE REQUIREMENTS

PREREQUISITE: None.

COREQUISITE: None.

RECOMMENDED PREPARATION: None.

SCOPE OF COURSE:

The scope, organization, and responsibilities of child nutrition food service. Job positions at all levels are discussed including education and experience requirements, personal qualifications, job responsibilities, and future opportunities.

SPECIFIC COURSE OBJECTIVES:

Successful students will:

1. explain the scope and responsibility of management within a child nutrition food service facility;
2. identify job classifications at all levels; and
3. identify job opportunities in the food service field.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. History of child nutrition services
- II. Child nutrition food service professions
 - A. Job descriptions - staff - qualifications
 - B. Labor laws

- C. Career planning/professional organizations
- III. Child nutrition food service programs and requirements
 - A. Meal pattern requirements (reimbursable lunch)
 - B. Free and reduced price lunch applications
- IV. Organization of the food service system
 - A. Conventional single-unit kitchen
 - 1. Elementary
 - 2. Secondary
 - B. Manufacturing kitchen
 - C. Central kitchen and satellite service
 - D. Vending machines
 - E. Contract feeding systems
- V. Kitchen layout and equipment
 - A. Fabricated equipment
 - B. Standard equipment

REQUIRED READING:

Instructor prepared handouts.

SUGGESTED READING:

None.

REQUIRED WRITING:

Students will prepare a 3 – 4 page paper containing a detailed report on the nutrition program at the facility. Tests will consist of at least 2 essay questions, each 2 paragraphs in length.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

Students will interview a Child Nutrition Director and prepare a 3-4 page report on the program at that particular facility.

Students will read and study the instructor prepared handouts.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes ____ No X

If yes, check all that apply:

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Tests (essay and multiple choice)	60%
Interview	20%
Participation	20%

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes ____ No X Number of times course may be taken for credit: ____

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

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SIGNATURES ON FILE: