

**PALOMAR COLLEGE**  
**COURSE OUTLINE OF RECORD FOR**  
**DEGREE CREDIT COURSE**

  X   Transfer Course     X   A.A. Degree applicable course  
(check all that apply)

**COURSE NUMBER AND TITLE:** FASH 136 Advanced Sewing Construction

**UNIT VALUE:** 3

**MINIMUM NUMBER OF SEMESTER HOURS:** 96

**BASIC SKILLS REQUIREMENTS:**

Appropriate language skills.

**ENTRANCE REQUIREMENTS**

**PREREQUISITE:** None.

**COREQUISITE:** None.

**RECOMMENDED PREPARATION:** FASH 135

**SCOPE OF COURSE:**

Sewing construction techniques beyond basic level, with increased difficulty in pattern assembly.

**SPECIFIC COURSE OBJECTIVES:**

The student will be able to:

1. apply up-to-date sewing techniques as they relate to advanced construction procedures;
2. apply principles of sewing simple linings;
3. identify construction techniques applied in basic garment alteration and evaluate the quality of workmanship;
4. pose problems in textile selection and the manipulation of materials and patterns;
5. apply principles of advanced garment construction.

## **CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:**

- I. Measurements (customizing pattern to, organizing of)
- II. Pattern Selection and Preparation
  - A. Men's/Women's tailored shirt
  - B. Men's/Women's unstructured, waist pants/skirt
  - C. Men's/Women's unstructured jacket
  - D. Women's evening wear/bustier
- III. Fabric
  - A. Sourcing fine fabrics
    - 1. fine cotton
    - 2. silk and blends
    - 3. Light weight wool, linen and blends
    - 4. Interfacing fabrics, linings
    - 5. Sheer organzes and chiffon
    - 6. Ultrasuede and leather
  - B. Preparation (pressing)
  - C. Cutting
- IV. Couture workroom
  - A. Shop equipment
  - B. Supplies
  - C. Specialized machine selection and serger operation
- V. Construction techniques
  - A. Men's/Women's tailored shirt
    - 1. Shirt: collars and cuffs
    - 2. Interfacing of plackets, pockets
    - 3. Set-in sleeves
    - 4. Yokes
    - 5. Tucks and ruffles
    - 6. Using the serger
  - B. Men's/Women's unstructured, waist pants/skirt
    - 1. Waistbands
    - 2. Pleats and darts
    - 3. Pockets (lined)
    - 4. Hems
    - 5. Zippers (fly) side and front and fasteners
    - 6. Use of serger
  - C. Men's/Women's unstructured jacket
    - 1. Lapels
    - 2. Bound buttonholes
    - 3. Lining
    - 4. Cuffs and hems
    - 5. Vents
    - 6. Hand finishing techniques
  - D. Women's evening wear/bustier
    - 1. Understructure

2. Boning
3. Lining and flat-lining (a.k.a.: inter-lining)
4. Serger and hand finishing techniques
5. Closures

**REQUIRED READING:**

Vogue. A Step by Step Guide to Sewing Techniques. New York: Simon and Schuster, 1989.

**SUGGESTED READING:**

Coffin, David Page. Shirtmaking, Developing Skills for Fine Sewing. Scranton: The Taunton Press, 1993.

**REQUIRED WRITING:**

Demonstration of sewing skills (couture techniques) is more appropriate. However, two written assignments will be required. Students will complete two page written evaluations of observations of the fitting of two garments.

**OUTSIDE ASSIGNMENTS:**

**Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.**

Construction of skirt, shorts or pants, tailored shirt, unstructured jacket, bustier.

Students will complete two page written evaluations of observations of the fitting of two garments.

Read textbook as related to assignments and skills studies in class and study for exams.

**INSTRUCTIONAL METHODOLOGY:**

**Check all that apply:**

- lecture
- laboratory
- lecture-laboratory combination (6 hours lect)
- directed study

**DISTANCE LEARNING:**

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380. Yes  No

**If yes, check all that apply:**

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

**GRADING POLICY AND STANDARDS** (include methods of determining whether the stated objectives have been met by students):

- 50% all garments completed
- 10% written assignment
- 30% two exams and final
- 10% classroom participation and effort

**IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?**

Yes  No  Number of times course may be taken for credit: 2

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable: 58161(c) (2) (A)

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**SIGNATURES ON FILE**