

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: Dance 215: Jazz Technique III

UNIT VALUE: 1.5 **MINIMUM NUMBER OF SEMESTER HOURS:** 48

BASIC SKILLS REQUIREMENTS:

Appropriate language skills.

ENTRANCE REQUIREMENTS:

PREREQUISITE: Dance 121

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Advanced jazz movement and floor progressions.

SPECIFIC COURSE OBJECTIVES:

Students will:

1. Demonstrate technical training as a jazz dancer;
2. Synthesize a variety of jazz dance styles;
3. Solve novel problems of dance stylization and choreographic material;
4. Prepare for audition and performance; and
5. Analyze performance quality and approach.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Warm-up and technique work
- II. Jazz styles from acclaimed repertoire or current faculty choreography which may be used in performance at the end of the semester.
- III. Advanced/intermediate rhythmic sequences
 - A. Steps
 1. Technically demanding
 2. Greater strength, coordination, agility, and

flexibility.

B. Motivated to pick up steps more quickly and accurately.

IV. Intermediate-advance level of:

A. Jazz movement

1. Turns: 3-step with various arm positions
2. Leaps: Straight-leg leaps, changing legs and directions, and combined with jazz walks and runs.
3. Kicks: Developed, straight, in plie, on releve
4. Isolations: traveling pattern
5. Routine: 4 or 5 movement patterns combined
6. Turns: 3-step, syncopated; outside; inside; combined with jazz pas de bouree, chasse
7. Leaps: Straight leg; attitude; in combination with kicks
8. Kicks: Fan; jumped fan; simple layout
9. Routine: 6 to 8 movement patterns combined
10. Turns: Double outside; double inside; fast chaine
11. Leaps: Longer pattern and combined with turns, kicks and connecting steps.
12. Kicks: Developed on releve, jumped; combined with turns
13. Routine: 8 to 10 movement patterns combined
14. Routine: 12 or more movement patterns combined

V. Strengthening Exercises

A. After warming an area, strength-oriented exercises are interspersed with stretches.

B. Increased demands parallel ability as the semester progresses.

1. push-ups
2. sit-ups
3. feet articulation
4. leg extensions
5. descent and recovery.

VI. Isolation and Coordination

A. Manipulation of body parts begins stationary.

B. proceeds to single articulation while traveling and then progresses through the semester to simultaneous use of different body parts while traveling.

C. Included are the head, shoulders, rib cage, hips, and arms in various combinations.

VII. Jazz Walks: Various rhythms, levels and arms

IIIX. Miscellaneous

- A. Parallel and turned out
- B. flat-round back
- C. plies and foot positions
- D. releve-eleve
- E. foot articulation
- F. adagio
- G. push-ups
- H. abdominal strengthening
- I. stretching techniques and exercises
- J. attitude and arabesque
- K. jazz splits

REQUIRED READING:

Kraines, Minda and Esther Pryor. Jump Into Jazz. Mountain View: Mayfield Publishing Co., 1997.

SUGGESTED READING:

None

REQUIRED WRITING:

1. Two (2) one-two page critiques of live professional dance performances.
2. Reports on jazz dance material read (number of pages dependent upon number of pages read)

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

1. Attendance of a professional performance of a jazz dance company or a musical using contemporary jazz dance stylization.
2. Participation in jazz dance performances on and/or off campus.
3. Daily practice of class material averaging at least 15 minutes a day after warm-up.
4. Reading and writing reports (2-8 pages) on books and/or magazine articles on jazz dance and dancers as extra credit or makeup for missed classes.
5. Video viewing is highly recommended, including jazz dance videos available in library and/or dance office, stage shows, films, TV specials.

INSTRUCTIONAL MENTODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply.

telecourse (Course is taught by televised lessons not under direct supervision of an instructor. Usually some on campus lecture/discussion sessions are required.)

 mediated instruction (Instruction is by audio-visual means in various combinations. Usually conducted in a learning resources center not under immediate supervision of a qualified instructor.)

 computer assisted instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STARDARDS (include methods for determining whether the stated objectives have been met by students):

Grading example:

45% participation and demonstration of appropriate exercises
30% demonstration of class material and critiques/reports
25% exams

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

YES X NO Number of times course may be taken for credit:
 4 .

If yes, identify specific provision of Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable.

Section 58161 (c) - (2) (A) and (B)

CONTACT PERSON: Robert Gilson, ext. 2316

SIGNATURES ON FILE
