

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A. A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: Dance 140: Dance Improvisation I
UNIT VALUE: 2.0 **MINIMUM NUMBER OF SEMESTER HOURS:** 64

BASIC SKILLS REQUIREMENTS:

Appropriate language skills

ENTRANCE REQUIREMENTS:

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Study of dance through varied experiences in movement. Exploration of elements of time, space and energy through movement improvisations and group studies.

SPECIFIC COURSE OBJECTIVES:

Upon successful completion of the course, students will have:

1. Strengthened muscles, enhanced coordination, and increased overall articulation of the moving body;
2. Developed the range of kinetic possibilities as they translate abstract ideas into motion;
3. Applied principals of time, space and dynamics as relative to movement;
4. Demonstrated an integration of objectives 1,2 and 3 as an expressive tool for communication;
5. Created and evaluated movement phrases as examples of abstract or emotional ideas;

6. Evaluated by contrast and comparison the creative aspects of the art of dance as it is explored in class and presented in a professional concert.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Discussion: "What is Creativity?", "What is Dance?", "What is Creative Dance?"
- II. Relaxation and Imagination
- III. Space
 - A. Space Exploration
 - B. Spatial Body Design
 - C. Anti-gravity Space - use of pool if possible
 - D. Flat 2D Space--Angular
 - E. Vertical, Horizontal, Intersecting Lines and Shapes
- IV. Shape--Circular, 2-D and 3-D
- V. Breathing, 3-D Space, Connecting Lines and Shapes
- VI. Levels
- VII. Body Parts
- VIII. Partners--Mirroring
 - A. Manipulating
 - B. Symmetry--Asymmetry
- IX. Kinetic Machines, Floor Plans
- X. Focus
- XI. Counting & Notation Music
- XII. Timing and Rhythms
- XIII. Movement Qualities
- XIV. Energy - Manipulation and Qualities
- XV. Abstraction and Adjectives
- XVI. Emotions
- XVII. Mid-term--Structured Improvisation
- XVIII. Perform Structured Improvisation
- XIX. Environments: Natural and Man-made

- XX. Improvisation
 - A. Improvisation with Words--Use of Poetry
 - B. Improvisation with Vocal Sounds

XXI. Organic--Inorganic

XXII. Serial Studies

XXIII. Chance Dance

REQUIRED READING:

One book report to be presented orally at final class meeting (3-5 pages). Book selected with consent of instructor, e.g. autobiographies of dancers.

SUGGESTED READINGS:

None.

REQUIRED WRITING:

- A. Students are required to keep a journal (15-30 pages) and bring it to class.
 - 1. The student will occasionally experiment with dance/art concepts in the 2-dimensional plane before translating concepts into 3-D movements.
 - 2. The student is expected to make creative entries on a daily basis: feelings, observations, poetry, drawings, ideas, etc.
- B. Critical analysis of a dance concert (two pages).

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

Homework assignments involve daily workouts, practice of class material (two hours per week) and journal entries. Attend at least one professional dance concert, (to be critiqued and discussed).

Performance and/or participation in out-of-class presentations, e.g., Arts Day, Dance Festival, tour to local high schools.

Field trips, e.g., gallery improvisations/performances.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

 lecture

laboratory
 lecture-laboratory combination
 directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.
Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

telecourse (Course is taught by televised lessons not under direct supervision of an instructor. Usually some on campus lecture/discussion sessions are required.)

mediated instruction (Instruction is by audio-visual means in various combinations. Usually conducted in a learning resources center not under immediate supervision of a qualified instructor.)

computer assisted instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods for determining whether the stated objectives have been met by students):

Participation	25 points (also includes journal work)
Demonstration of appropriate exercises	10 points
Concert critique	10 points
Book Report	10 points
Sub Total	55 points
Preliminary Work & Various movement studies	25 points
Final movement studies	20 points
Total	100 points

A	=	90-100
B	=	80-90
C	=	70-80
D	=	60-70
F	=	50 or below

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?
YES X NO ___ Number of times course may be taken for credit
2.

If yes, identify specific provision of Division 2 section(s)
55761-55763 and 58161 which qualifies course as repeatable.

Section 58161 (c) - (2) (A) (B)

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SIGNATURES ON FILE