

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: DANCE 136 Intermediate Ballroom Dance

UNIT VALUE: 1, 1.5 **MINIMUM NUMBER OF SEMESTER HOURS:** 32, 48

BASIC SKILLS REQUIREMENTS:

Appropriate language skills.

ENTRANCE REQUIREMENTS:

PREREQUISITE: Dance 135

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Intermediate level social dance skills, steps, and styling.

SPECIFIC COURSE OBJECTIVES:

Upon successful completion of the course, the student will be able to:

1. Identify, compare, contrast and analyze various dance rhythms, steps and stylizations associated with ballroom dance on an intermediate level;
2. Effectively apply skills to other related fields and activities;
3. Synthesize body mechanics involved to perform intermediate level ballroom dance;
4. Analyze self-performance of ballroom dance skills;
5. Identify dance terminology appropriate to intermediate level;
6. Analyze inter-relationship of all forms of dance and the arts;
7. Apply principles of social and communication skills developed through dancing with various partners in the class.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Introduction (first two weeks of semester)
 - A. Course content
 - B. Class regulations and requirements; grading system
 - C. Review of history of social dance
 - D. Review of beginner level dance steps (dances listed under paragraph III)
- II. Intermediate Level Ballroom Dance Fundamentals (next three to four weeks of the semester--depending on ability of students)
 - A. Posture and efficient movement
 - B. Direction of movement for progressive and spot dances
 - C. Leading and following for more intricate dance patterns
 - D. Transition of beginner patterns into intermediate level (dances listed under paragraph III).
- III. American and Latin American Dances (balance of the semester)
Intermediate patterns in following dances:
 - A. Swing (Jitterbug and Lindy)
 - B. Foxtrot (American style)
 - C. Waltz (American and Viennese styles)
 - D. Cha-Cha (rooted in Cuban dance rhythms)
 - E. Rumba (Cuban style)
 - F. Samba (American and Brazilian styles)
 - G. Tango (Argentine style)
 - H. Hustle (partner disco)
 - I. Bossa-Nova (Brazil)
 - J. Bolero (Cuban ballad dance form)
 - K. Mambo (blending Cuban music and American jazz)
 - L. Polka (European and Country Western)
 - M. West Coast Swing (structured slot dance)

REQUIRED READING:

None

SUGGESTED READING:

None

REQUIRED WRITING:

None

OUTSIDE ASSIGNMENT:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

Social dance activity; practice of steps; reading of text and handouts. Requires minimum of two hours per week.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods for determining whether the stated objectives have been met by students):

Participation	33-1/3%
Ability/skill improvement	33-1/3%
Performing dance patterns	33-1/3%

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

YES NO Number of times course may be taken for credit:

2.

If yes, identify specific provision of Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable.

58161 (c) (2) (A) (B)

CONTACT PERSON: Robert Gilson, ext. 2316

SIGNATURES ON FILE
