

Form version: February 2001

EFFECTIVE TERM: Fall 2002

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A. A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: DNCE 135 - Beginning Ballroom Dance

UNIT VALUE: 1, 1.5 **MINIMUM NUMBER OF SEMESTER HOURS:** 32, 48

BASIC SKILLS REQUIREMENTS:

Appropriate language skills.

ENTRANCE REQUIREMENTS:

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Development of beginning social dance techniques concerning both standard and contemporary social dance steps and styling.

SPECIFIC COURSE OBJECTIVES:

Successful students will:

1. Demonstrate greater freedom of movement, improved coordination and sense of rhythm;
2. Analyze social dance through continued participation;
3. Demonstrate basic dance proficiency in all of the popular social dances covered by the course;
4. Demonstrate ability to lead or follow.
5. Demonstrate good ballroom dance styling.
6. Demonstrate better posture habits and body awareness.
8. Compare and contrast the origins of the various social dances.
9. Synthesize the social dance nomenclature.

10. Identify, compare, contrast and analyze the various dance rhythms, steps and stylizations.
11. Evaluate and explain music terminology in reference to ballroom dance.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Introduction
 - A. Course content
 - B. Class regulations and requirements
 - C. Grading system
 - D. History of ballroom dance
- II. Fundamentals
 - A. Posture, carriage
 - B. Basic directions of movement
 - C. Basic social dance positions
 - D. Leading and following
 - E. Dance rhythms
 - F. Dance origins
 - G. Styling
 - H. Basic steps
- III. American and Latin American Dances
 - A. Cha Cha Cha
 - B. Fox Trot
 - C. Swing (Lindy)
 - D. Waltz
 - E. Samba
 - F. Argentine Tango
 - G. Rumba
 - H. Discoteque (Rock)
 - I. Polka

REQUIRED READING:

None

SUGGESTED READING:

None

REQUIRED WRITING:

Writing required for final exam only: one paragraph per question; approximately ten questions.

OUTSIDE ASSIGNMENT:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

Social dance activity; practice of steps; reading of text and handouts. Requires minimum of two hours per week.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods for determining whether the stated objectives have been met by students):

- Participation - 33-1/3%
- Ability (skills) - 33-1/3%
- Written exams/knowledge - 33-1/3%

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?
YES NO Number of times course may be taken for credit: 2.

If yes, identify specific provision of Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable.

58161 (c) (2) (A) (B)

CONTACT PERSON: Robert Gilson, ext. 2316

SIGNATURES ON FILE
