

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

__x__ Transfer course __x__ A.A. degree applicable course

COURSE NUMBER AND TITLE: DNCE 133 Contemporary Social Dance

UNIT VALUE: 1

MINIMUM NUMBER OF SEMESTER HOURS: 32

BASIC SKILLS REQUIREMENTS:

Appropriate language skills

ENTRANCE REQUIREMENTS

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Development of beginning through intermediate levels of social dance techniques using West Coast Swing, Hustle, Night Club Two-Step, and Salsa.

SPECIFIC COURSE OBJECTIVES:

Upon completion of this course the successful student will be able to:

1. Dance connected to a partner using effective techniques of leading and following,
2. Identify, compare, contrast, and analyze various dance rhythms, steps and stylizations associated with the most popular social dances currently danced at social dances and competitions,
3. Explain and demonstrate the body mechanics involved in the execution of contemporary social dancing,
4. Explain the basic musical rhythms and terminology associated with contemporary social dancing,
5. Apply social and communication skills developed through dancing with a variety of good posture habits and body awareness developed through social dancing,
6. Dance by leading or following beginning and intermediate patterns of the following groups: West Coast Swing, Salsa (Bolero, Mambo, and ChaCha), Hustle, and Night Club Two Step.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

- I. Introduction
 - A. Course content
 - B. Course requirements, regulations and grading
 - C. Demonstration of dances covered in the course
- II. 90s Dance Etiquette
- III. Body mechanics as related to dancing
- IV. Physically connecting and communicating with a dance partner
- V. Leading and following
- VI. Contemporary music rhythms and their relation to dances
- VII. Styles
 - A. West Coast Swing
 - 1. Ten six-count basic patterns
 - 2. Ten eight-count intermediate patterns
 - 3. Syncopation variations
 - 4. Male and female styling
 - B. Salsa
 - 1. Five four-count basic patterns
 - 2. Five eight-count intermediate patterns
 - 3. Syncopation variations
 - 4. Male and female styling
 - C. Hustle
 - 1. Five three-count basic patterns
 - 2. Five six-count intermediate patterns
 - 3. Syncopation variations
 - 4. Male and female styling
 - D. Night Club Two-Step
 - 1. Primary and secondary rhythms
 - 2. Five basic rhythm patterns
 - 3. Five secondary rhythm patterns
 - 4. Syncopation variations
 - 5. Male and female styling
- VIII. The Current Social Dance Scene: When and Where to Social Dance, expected skill levels and dance competitions.

REQUIRED READING:

None.

SUGGESTED READING:

In the Swing. La Jolla, California. A quarterly journal of social dancing in Southern California and surrounding regions.

REQUIRED WRITING:

Each student will be required to write a five page report and analysis of their observations of a local dance competitions.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

1. Each student will be required to attend at least one instructor approved dance or dance competition.
2. Attendance at an approved dance competition and writing a five page report and critique of event.
3. Each student will be required to spend at least six hours per week outside of class practicing, attending approved dance activities and reading texts and handouts.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Grading will be determined by a point system:

- 70 points for participation at all classes. Classes may be made up by attending approved dance classes according to Performing Arts Department policy.

- 10 points for attendance at an approved dance competition and writing a five page report and critique of event.
- 10 points for viewing video tapes on reserve of dance competitions and writing a five page report and critique on the competition.
- 10 points for performing a demonstration of mastery of leading and following ten dance patterns with a partner.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes No Number of times course may be taken for credit: 4

If yes, identify specific provision of Title 5 Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable:
5861 (C) (2) (A) (B)

CONTACT PERSON: Donald Piche, ext. 2366

SIGNATURES ON FILE
