

PALOMAR COLLEGE  
COURSE OUTLINE OF RECORD FOR  
DEGREE CREDIT COURSE

  x Transfer course        x A. A. degree applicable course  
(check all that apply)

**COURSE NUMBER AND TITLE:**    Dance 121: Jazz Technique II

**UNIT VALUE:**    1 or 1.5      **MINIMUM NUMBER OF SEMESTER HOURS:**    32 or 48

**BASIC SKILLS REQUIREMENTS:**

Appropriate language skills.

**ENTRANCE REQUIREMENTS:**

**PREREQUISITE:**    Dance 120

**COREQUISITE:**    None

**RECOMMENDED PREPARATION:**    None

**SCOPE OF COURSE:**

Intermediate jazz movement and floor progressions.

**SPECIFIC COURSE OBJECTIVES:**

Students will:

1. Perform jazz dance with intermediate technical ability in movement skills, strength, muscular control, flexibility, endurance, and articulation;
2. Perform jazz dance with intermediate awareness of body position, style, control and movement details;
3. Apply stylization within the jazz dance medium;
4. Execute steps quickly, retain and perform them with accuracy, with correct stylization, and in rhythm with consistent intermediate ability; and
5. Compare, contrast, analyze and execute an increased variety of jazz dance steps with consistent intermediate ability.

**CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:**

- I. Jazz movement
  - A. First quarter of the term:
    1. Turns: 3-step with various arm positions
    2. Leaps: Straight-leg leaps, changing legs and

- directions, and combined with jazz walks and runs.
- 3. Kicks: Developed, straight, in plie, on releve
- 4. Isolations: traveling pattern
- 5. Routine: 4 or 5 movement patterns combined
- B. Second quarter of the term:
  - 1. Turns: 3-step, syncopated; outside; inside; combined with jazz pas de bouree, chasse
  - 2. Leaps: Straight leg; attitude; in combination with kicks
  - 3. Kicks: Fan; jumped fan; simple layout
  - 4. Routine: 6 to 8 movement patterns combined
- C. Third quarter of the term:
  - 1. Turns: Double outside; double inside; fast chaine
  - 2. Leaps: Longer pattern and combined with turns, kicks and connecting steps.
  - 3. Kicks: Developed on releve, jumped; combined with turns
  - 4. Routine: 8 to 10 movement patterns combined
- D. Fourth quarter of the term:
  - 1. Review and practice of above in various combinations
  - 2. Routine: 12 or more movement patterns combined
- II. Strengthening Exercises
  - A. After warming an area, strength-oriented exercises are interspersed with stretches.
  - B. Increased demands parallel ability as the semester progresses.
    - 1. push-ups
    - 2. sit-ups
    - 3. feet articulation
    - 4. leg extensions
    - 5. descent and recovery.
- III. Isolation and Coordination
  - A. Manipulation of body parts begins stationary.
  - B. proceeds to single articulation while traveling and then progresses through the semester to simultaneous use of different body parts while traveling.
  - C. Included are the head, shoulders, rib cage, hips, and arms in various combinations.
- IV. Jazz Walks: Various rhythms, levels and arms
- V. Miscellaneous
  - A. Parallel and turned out
  - B. flat-round back
  - C. plies and foot positions
  - D. releve-eleve
  - E. foot articulation
  - F. adagio
  - G. push-ups
  - H. abdominal strengthening
  - I. stretching techniques and exercises
  - J. attitude and arabesque
  - K. jazz splits

**REQUIRED READING:**

Kraines, Minda and Esther Pryor. Jump Into Jazz. Mountain View: Mayfield Publishing, 1997.

**SUGGESTED READING:**

None

**REQUIRED WRITING:**

Students will be required to write a two (2) page critiques of live professional dance performances or dance video focusing on jazz dance.

**OUTSIDE ASSIGNMENTS:**

**Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.**

Attend at least two professional dance performances; write a one to two-page report. (6-8 hours)

Homework assignments consist of daily workouts and practice of class material. (Approximately 30 minutes per day.)

Supplemental viewing of dance videos, musicals, films, television specials. One- to two-page critique will be required for extra credit. (Approximately 1 to 3 hours per week.)

**INSTRUCTIONAL METHODOLOGY:**

**Check all that apply:**

- lecture
- laboratory
- lecture-laboratory combination
- directed study

**This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.**

Yes  No

**If yes, check all that apply.** (See guidelines for preparation for definitions.)

**telecourse** (Course is taught by televised lessons not under direct supervision of an instructor. Usually some on campus lecture/discussion sessions are required.)

**mediated instruction** (Instruction is by audio-visual means in various combinations. Usually conducted in a learning resources

center not under immediate supervision of a qualified instructor.)

computer assisted instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

**GRADING POLICY AND STANDARDS** (include methods for determining whether the stated objectives have been met by students):

Since learning in dance can only take place through participation and repetition, evaluation of the student is based primarily on class participation. Absences must be made up by attending (preferably) or observing another dance class in which the student is not enrolled; attending additional dance performances, reviewing dance films or videos; or reading books or magazine articles on dance. The above must all be verified by a written critique or report (1 page per hour missed).

Percentage example:

- 45% participation and demonstration of appropriate exercises
- 30% demonstration of class material
- 25% exams

**IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?**  
YES X NO \_\_\_ Number of times course may be taken for credit:  
4.

If yes, identify specific provision of Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable.

Section 58161 (c) (2) (B)

**CONTACT PERSON:** Peter Gach, ext. 2316

SIGNATURES ON FILE