

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer course A.A. degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: Dance 111 Modern Dance II

UNIT VALUE: 1 or 1.5 **MINIMUM NUMBER OF SEMESTER HOURS:** 32 or 48

BASIC SKILLS REQUIREMENTS:

Appropriate language skills.

ENTRANCE REQUIREMENTS:

PREREQUISITE: Dance 110

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Intermediate dance techniques with emphasis on increasing movement skills and creative range.

SPECIFIC COURSE OBJECTIVES:

Students will:

1. Execute a difficult series of warm-up exercises that stress deeper warming as well as alignment, balance, and articulation of specific muscle groups;
2. Analyze and execute movement combinations in terms of weight transference, use of energy, and breath control;
3. Solve movement problems and tasks;
4. Synthesize creative explorations with learned movement patterns to create a more complicated level of structured improvisations;
5. Apply principles of stage presence and projection in connection with emotional and dramatic portrayal of movement;
6. Evaluate his or her progress as a dancer.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

Technical skills covered include:

- I. First 3-5 weeks of the semester
 - A. Warm-up exercises and technique
 - B. Basic movement progression for review and articulation
 1. Triplets in 5
 2. Triplets with turns
 3. Triplets with arm combinations
 4. Triplets with change in direction
- II. Second 4-6 weeks of semester

- A. Addition of deeper warm-up techniques
 - B. Attention to injury prevention
 - C. Introduction of more complicated progression and new movement material.
 - 1. Kicks
 - 2. Tilts
 - 3. Off-center turns
 - 4. Complex direction changes
 - D. Introduction of repertoire material or combinations for performances.
- III. Third 3-5 weeks of semester
- A. Development of new warm-up material that condenses material, and accelerates and deepens warm-up in shorter time span.
 - B. Increased difficulty of movement progressions
 - 1. Leaps
 - 2. Less repetition within the combinations with more complicated weight transference.
 - 3. Faster moves integrated with slower, sustained moves.
 - C. On-campus performances of repertoire and class material.
 - D. Addition of energy and breath control as primary elements in movement combinations.
 - E. Problem-solving assignments to be incorporated into class work and performances.
- IV. Last portion of semester
- A. Continued warm-up for proficiency and articulation.
 - B. Emphasis on performance skills and preparation.
 - C. Improvisation introduced as performance element in combination with choreographed progressions.
 - D. Inclusion of drama and emotion to enliven the movement combinations and improvisations.
- V. Performance opportunities on campus and field trips off campus are included toward end of semester. Date and location vary depending on opportunities available at the time.

REQUIRED READING:

None.

SUGGESTED READING:

Current issues of Dance Magazine and other dance-related publications.

REQUIRED WRITINGS:

- 1. Two-page performance review
- 2. Supplemental reports on modern dance performances and/or videos (2-10 pages).
- 3. Supplemental reports on dance articles (1-2 pages).

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short term classes.

- 1. Attendance and written review of a professional dance performance, preferably modern (2 pages - 6-8 hours).
- 2. Text reading assignments - 1 hour per week.

3. Attendance at (or participation in) at least one Palomar College dance production and/or master class. (Attendance at concert requires approximately 2 hours; participation requires 2 hours per week rehearsal.)
4. Daily practice of class material (approximately 15-30 minutes per day).

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
 laboratory
 lecture-laboratory combination
 directed study

This course may be offered as a distance education course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply. (See guidelines for preparation for definitions.)

telecourse (Course is taught by televised lessons not under direct supervision of an instructor. Usually some on campus lecture/discussion sessions are required.)

mediated instruction (Instruction is by audio-visual means in various combinations. Usually conducted in a learning resources center not under immediate supervision of a qualified instructor.)

computer assisted instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods for determining whether the stated objectives have been met by students):

Evaluation is based on quality and consistency of class participation, as follows:

- 20% Participation
- 20% demonstration of appropriate exercises
Use of correct technique, ability to pick up and follow prescribed movement patterns as demonstrated through exams:
- 25% Midterm
- 25% Final exam
- 10% Concert critique

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

YES NO Number of times course may be taken for credit:

3.

If yes, identify specific provision of Division 2 section(s) 55761-55763 and 58161 which qualifies course as repeatable.

Section 58161 (c) (2) (A) (B)

(2) (A) Skills or proficiencies are enhanced by supervised repetition and practice within class periods; and (2) (B) Active participation experience is the basic means by which learning objectives are obtained.

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SIGNATURES ON FILE
