

PALOMAR COLLEGE
COURSE OUTLINE OF RECORD FOR
DEGREE CREDIT COURSE

Transfer Course A.A. Degree applicable course
(check all that apply)

COURSE NUMBER AND TITLE: COUN 165 Career Search

UNIT VALUE: 1.0

MINIMUM NUMBER OF SEMESTER HOURS: 32

BASIC SKILLS REQUIREMENTS: Appropriate language skills

ENTRANCE REQUIREMENTS None

PREREQUISITE: None

COREQUISITE: None

RECOMMENDED PREPARATION: None

SCOPE OF COURSE:

Designed to assist students in selecting a career goal. This will be accomplished by identifying the students' career interests, personality type, work values, and transferable skills as they relate to occupations.

SPECIFIC COURSE OBJECTIVES: Successful students will be able to:

1. Apply critical thinking skills to academic and career choice.
2. Identify and provide examples of their skills, values, occupational interests, motivators, personal styles and personality preferences.
3. Explain the Holland theory of Occupations and their relatedness to career choice.
4. Synthesize assessment results.
5. Conduct career research using the Internet and career databases.
6. Compare and contrast assessment results with occupations.

CONTENT IN TERMS OF SPECIFIC BODY OF KNOWLEDGE:

I. Course Overview: Objectives, assignments, grading system

II. Holland's theory of the six occupational themes: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional

III. Skills

- A. Six Skillscan Skillsets
- B. Skillscan Analysis

IV. Values and Career Choice

- A. Work Values Exercise

V. Strong Interest Inventory Profile and Report

- A. General Occupational Themes
- B. Basic Interest Scales
- C. Personal Style Scales
- D. Career Motivators

VI. Career Center Resources

- A. Computer Databases: Choices, Eureka and Discover
- B. Onet Online
- C. Career Research Assignment #1
- D. MonsterTrak and America's Job Bank

VII. Personality Preferences and Career Choice

- A. Myers-Briggs Type Indicator
- B. Validate Personality Preferences
- C. Personality Type and Career Choice
- D. Effect of preferences on work environment

VIII. Comparing career assessment and research assignment

- A. How the occupation fits exercise
- B. Evaluate career research and assessment results

IX. Career Decision Making Cycle

- A. Next steps in career decision making
- B. Campus Resources: Transfer Center, Counseling Center and Employment Services
- C. How to conduct an informational interview
- D. Mind Map Exercise

REQUIRED READING:

Hammer, Allan and Judith Grutter. *Strong Interest Inventory Interpretive Report*. Palo Alto: Consulting Psychologists Press, 1999.

Myers, Peter B. and Katherine D. Myers. *Myers Briggs Type Indicator Career Report*. Palo Alto: Consulting Psychologists Press, 2000.

SUGGESTED READING:

Bolles, Richard N. *What Color is Your Parachute?* Berkeley: Ten Speed Press, current edition.

REQUIRED WRITING:

Student must complete a two page written research assignment on a specific occupation using three different career database programs (Choices, Discover and Eureka) as well as, the Internet.

OUTSIDE ASSIGNMENTS:

Students are expected to spend a minimum of three hours per unit per week in class and on outside assignments, prorated for short-term classes.

INSTRUCTIONAL METHODOLOGY:

Check all that apply:

- lecture
- laboratory
- lecture-laboratory combination
- directed study

DISTANCE LEARNING:

This course may be offered as a distance learning course and meets Title 5 regulations 55370, 55372, 55374, 55376, 55378, and 55380.

Yes No

If yes, check all that apply:

- Television Course (Video one-way, e.g. ITV, video cassette, etc.)
- Online Course (Text one-way, e.g. newspaper, correspondence, electronic file, etc.)
- Two-Way Video Conferencing (Two-way interactive video and audio)
- One-Way Video Conferencing (One-way interactive video and two-way interactive audio)
- Computer Assisted Instruction (A specialized form of mediated instruction relying primarily on student access to information and prepared lessons or teaching materials through a computer terminal, but not under immediate supervision of a qualified instructor.)

GRADING POLICY AND STANDARDS (include methods of determining whether the stated objectives have been met by students):

Credit/No Credit

A grade of Credit will be awarded to students who complete all of the following: Complete the Strong Interest Inventory, Work Values Exercise, Skillscan Exercise, MBTI, Career Research Assignment, How the Occupation Fit exercise, Mind Map Exercise and Internet Research assignment. Students make record all assignment results on their summary sheet during each session. Students who do not complete the above tasks and assignments will receive a grade of No Credit.

IS COURSE REPEATABLE FOR REASON(S) OTHER THAN DEFICIENT GRADE?

Yes No Number of times course may be taken for credit: _____

If yes, identify specific provision of Title 5 Division 2 section(s), 55761-55763 and 58161 which qualifies course as repeatable:

CONTACT PERSON:

Maria S. Miller

SIGNATURES:

SIGNATURES ON FILE