

COUN 115, Career & Life Planning

Choosing a satisfying career can make a world of difference in your life



versus



- ❖ Discover careers that match your interests, personality, values, & skills
- ❖ A 3 unit course that fulfills Area E for CSU

Motivate students to take responsibility for life management;

Recognize values of planning as a means of coping with uncertainty;

Relate work effectively to one's own life.

Choose your format

On-line, TV, or on campus

See the class schedule for details & enroll...

Comments from Students about COUN 115

“This course really helped me solidify a list of careers that fit my talents, personality, and interests by having me answer personal questions and take online tests.”

“This course allowed me the opportunity to identify my goals, skills and to better integrate all of these for desired career opportunities.”

“I was able to take something from every part of this course. . .”