

Palomar College Catalog 2009-2010

Recreation (REC)

Contact the Physical Education Department for further information.

(760) 744-1150, ext. 2462

Office: O-10

For transfer information, consult a Palomar College Counselor.

Associate in Arts Degrees -

AA Degree requirements are listed in Section 6 (green pages).

- Outdoor Leadership
- Recreation Agency Leader

Certificates of Achievement -

Certificate of Achievement requirements are listed in Section 6 (green pages).

- Outdoor Leadership
- Recreation Agency Leader

PROGRAMS OF STUDY

Outdoor Leadership

Provides the skills necessary for work as a leader in outdoor activities for federal, state, municipal, and private recreational agencies.

A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Program Requirements	Units
AJ 100 Introduction to Criminal Justice	3
GCIP/ R GCIP 170 Screen Printing	3
HE 100 Health Education and Fitness Dynamics	3
PE 104/EME 100 Advanced First Aid	3
REC 110 Community Recreation	3
CE 100 Cooperative Education	3,4
TOTAL UNITS	18 - 19

Recommended Elective: PE 230

Recreation Agency Leader

Provides the skills necessary for work as a leader in a municipal or private recreation program.

A.A. DEGREE MAJOR OR CERTIFICATE OF ACHIEVEMENT

Required Courses	Units
AJ 100 Introduction to Criminal Justice	3
GCIP/ R GCIP 170 Screen Printing	3
HE 100 Health Education and Fitness Dynamics	3
PE 104/EME 100 Advanced First Aid	3
REC 110 Community Recreation	3
REC 120 Recreational Team Sports	2
CE 100 Cooperative Education	1,2,3,4
TOTAL UNITS	18 - 21

Recommended Electives: MUS 197; PE 230I.